

Improving Health Worldwide

Adolescent Health in Low and Middle Income Countries

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LONDON
SCHOOL of
HYGIENE
& TROPICAL
MEDICINE



World Health
Organization

Short Course
04 - 15 June 2018

The course

Investing in the health and development of adolescents is essential for achieving the sustainable development goals, promoting public health and ensuring economic development. Not only do adolescents suffer significant mortality and morbidity, but most adult health problems, from HIV to lung cancer and heart disease, have their roots in attitudes and behaviours that start during the second decade of life. There is increasing evidence for effective interventions to improve adolescents' health and development, and growing consensus about priorities for action, in terms of what needs to be done and how. However, there is an urgent need to develop the capacity to do what needs to be done, particularly in countries where the needs are greatest and the resources most limited.

This course was created to fill this need and will run from from 4-15 June 2018. It will focus primarily on the health sector, whilst recognising that many other sectors need to contribute to the health and development of adolescents. It will have a special emphasis on low- and middle-income countries. The course will be organised by the London School of Hygiene & Tropical Medicine (LSHTM) and the World Health Organization (WHO), in collaboration with the Obafemi Awolowo University, Ile-Ife, Nigeria, the Public Health Foundation of India, UNFPA and UNICEF.



Who should attend?

The course is designed for mid-career professionals who have experience in adolescent health and current responsibilities for health sector interventions related to adolescents in low- and middle-income countries. This will include health professionals, programme implementers and policy makers, as well as researchers with a specific interest in adolescent health. The course will have a public health rather than a clinical medicine orientation. Applicants should have a good command of English.

Aims and objectives

The course aims to equip participants with the knowledge, conceptual frameworks and tools necessary to strengthen health sector policies and programmes for adolescent health and development in low- and middle-income countries. Specifically, the course will:

- provide grounding in the epidemiology, evidence-based interventions and strategies for responding to adolescents' priority health problems
- guide participants through the steps necessary for the development and integration of adolescent health interventions into national health sector policies, programmes and plans
- outline key challenges and solutions in developing and implementing interventions for adolescent health in the health sector, including issues of quality, coverage and costs
- equip participants to critically analyse and improve policies and strategies for adolescent health in the low- and middle-income countries where they work

Course content

- Theories of risk, vulnerability, resilience and behaviour change
- Adolescence and adolescent development
- Social determinants of adolescent health
- Epidemiological methods and data specific to adolescent health
- Frameworks for understanding and prioritising health sector interventions for adolescent health
- Steps to develop and improve health sector policies and plans for adolescent health: situation analysis, monitoring, programming, planning, policy implementation, evaluation and adolescent participation
- Approaches to reviewing evidence and carrying out research on adolescent health and development
- Challenges in adolescent health: including sexual and reproductive health, drugs and alcohol, mental health, nutrition, injuries, violence, infectious and non-communicable diseases
- Current focus and priorities of international agencies.

Visa

Participants are responsible for obtaining any visa or other permissions to attend the course. To avoid disappointment, we advise that the visa application be made as soon as possible as the process can take many weeks. Registry can provide supporting documentation if requested and can be contacted at shortcourses@lshtm.ac.uk.

Teaching methods and course materials

Faculty include staff who have extensive expertise in health sector programming for adolescent health and development from the LSHTM, WHO, the Obafemi Awolowo University, Ile-Ife, Nigeria, the Public Health Foundation of India, as well as staff from other institutions.

Teaching include lectures, group work, and opportunities for participatory learning. For some sessions, participants will work in groups on a case study related to either India or Nigeria. The course materials, will be provided electronically.

Course fee

The fee for the course is £2,170. This fee covers course materials but does not include travel costs, accommodation or meals. Payment deadline is 4 May 2018.

Key information



Course organisers:

Aoife Doyle, Isolde Birdthistle



Fees for 2018:

£2,170



Contact email:

shortcourses@lshtm.ac.uk



Find out more and apply:

www.lshtm.ac.uk/study/short-courses/adolescent-health

Student Testimonials

“The adolescent health short course was superbly organized and participatory. It was comprehensive and course hours were dynamic I recommend that every professional working with adolescents should consider passing through this amazing experience.”

Chalachew Tiruneh, working for USAID in Ethiopia

“This is a great course, and I highly commend it to all practitioners in the area of adolescent health. I learned a lot from the lectures and from the other participants.”

Wannes Carlier, working for UNFPA in Rwanda

“A very good investment and I will never forget or regret doing this course. I will recommend this course to colleagues as well as to my ministry.”

Hannah Taylor Abdulai, working for the School Health Education Programme, Ghana Education Service

“If you need to understand or confirm why adolescent health should be defined as a priority then this short course will help achieve this.”

Sarah Godfree working for an International NGO based in UK

“This course has allowed me to see adolescent programming from a much broader perspective based on evidence from experts. The course has allowed me to understand how to manage programmes at policy and service delivery levels.”

Margaretha Porman Arianny, working for UNFPA in Indonesia

“This excellent course showed me how adolescent health and development is much more than just their sexual and reproductive health.”

Tirtha Kumar Sinha, working for GIZ in Nepal

“This course was great! The mix of teaching on concepts and frameworks for thinking about adolescent health, and up-to-date information on evidence-based interventions for adolescent health programming will be extremely useful for my future work.”

Liisa Kaarto, working for UNFPA Regional Office for Eastern Europe and Central Asia, Istanbul, Turkey

“The course provided the opportunity to explore theories and concepts related to adolescent health in a very participatory way.”

Elaine King, working for UNICEF, Barbados

“This course offers a complete package of all an adolescent health enthusiast would wish to know. Highly recommended.”

Shailee N. Vyas, Assistant Professor, Government Medical College, Surat, India