



Topic guide – HEALTHCARE PROVIDER

Objective: to explore services provided in healthcare centres. In particular, to investigate:

- If any people with / without disabilities and their carers go to healthcare centres about menstrual hygiene or incontinence management.
- If healthcare providers distribute or provide advice on menstrual hygiene or incontinence management products
- If healthcare providers receive any training on this and if they have any resources for this

These questions should be used to guide discussion but do not have to be used in the sequence listed below. The interviewer should follow up on any additional issues that may arise and seem important in relation to the issues above.

Inclusion criteria: one person who provides healthcare services in a rural area, and one in an urban area.

Materials needed: information and consent sheet, voice recorder, spare batteries, notebook and pen, camera (charged) refreshments.

Introduction

Good morning and thank you for your time. I am (Interviewer’s name) from.....
Remind them of the issue of confidentiality and anonymity which is fully explained in the information and consent form that they completed. Check if they have any questions from the information and consent form about the research. Remind them that they are free to decline to answer any of the questions or stop the interview at any time.

<i>Code</i>	
<i>Interview Date and time</i>	
<i>Interview venue and location</i>	
<i>Interviewer</i>	
<i>Participant’s name</i>	
<i>Organisation the participant works with</i>	
<i>General observations (anything which might impact how the interview is conducted)</i>	

INSTRUCTIONS: INTERVIEWER TURN ON THE TAPE RECORDER AND SAY CLEARLY THE DATE, TIME, LOCATION, AND THE INTERVIEWER'S NAME

GUIDING QUESTIONS

ROLES AND RESPONSIBILITIES	
1	What is your role?
2	How long have you been in this position?
3	What aspect of healthcare do you work on?
4	What are the main tasks in your job?
5	What do people come to you for?
MENSTRUAL HYGIENE MANAGEMENT	
6	<p>Has anyone asked you about menstruation and how to manage it?</p> <p>YES:</p> <ul style="list-style-type: none"> What do they talk to you about / ask you about? What do you say / what advice did you give? <p>NO: Skip to next question</p>
7	<p>Did any of these people asking about menstrual hygiene have a disability, or cared for someone who has a disability?</p> <p>YES:</p> <ul style="list-style-type: none"> What do they talk to you about / ask you about? What do you say / what advice did you give? Where there any challenges related to this? <p>NO: skip to next question</p>
8	<p>Do you <u>provide</u> any menstrual hygiene products?</p> <p>YES:</p> <ul style="list-style-type: none"> What do you provide (i.e. pads, nappies, cloths)? Does this differ for people with and without disabilities? Do people pay for them at the healthcare centre? How much do they cost? Where do you get them from (organisation made/local made/international import)? How did people learn about their availability (i.e. radio, from friends, newspaper)? Does this differ between people with and without disabilities? <p>NO: skip to next question</p>
9	<p>Do you give any <u>advice</u> on menstrual hygiene products?</p> <p>YES:</p> <ul style="list-style-type: none"> What materials do you provide advice on (i.e. pads, nappies, cloths)? Who do you give advice to: people without disabilities, people with disabilities, carers? What advice do you give to people with disabilities? What advice do you give to people without disabilities?

		NO: skip to next question
10	Have you had any training on menstrual hygiene management (i.e. what it is, how to provide healthcare advice and support on it)?	<p>YES:</p> <ul style="list-style-type: none"> • Who provided this training? • What did the training cover? • Did any of this focus on people with disabilities? • What did it cover? • Did any of the training cover stigma and taboos related to menstrual hygiene and / or disability? Please explain • What did you think of the training (i.e. it was helpful, unhelpful; provided new information)? <p>NO: skip to next question</p>
11	Do you have any resources on menstrual hygiene management that you use (e.g. posters, leaflets)?	<p>YES:</p> <ul style="list-style-type: none"> • Please can you show me them? Where did these come from/ did you develop these? • What did you find useful about these resources? Why? • What did you find less useful about these resources? Why? • <i>Take a photo of any resources. Make sure you crop it tightly so that the photo does not include any objects that could identify the participant.</i> <p>NO: skip to next question</p>
INCONTINENCE		
12	Has anyone asked you about incontinence?	<p>YES:</p> <ul style="list-style-type: none"> • What do they talk to you about / ask you about? • What do you say / what advice did you give? • What support / help did you give them? <p>NO: Skip to next question</p>
13	Did any of these people asking about incontinence have a disability, or cared for someone who has a disability?	<p>YES:</p> <ul style="list-style-type: none"> • What do they talk to you about / ask you about? • What do you say / what advice did you give? • Where there any challenges related to this? <p>NO: skip to next question</p>
14	Do you <u>provide</u> any incontinence products?	<p>YES:</p> <ul style="list-style-type: none"> • What do you provide (i.e. pads, nappies, cloths, catheters)? • Does this differ for people with and without disabilities? Please explain • Do people pay for them at the healthcare centre? How much do they cost?

		<ul style="list-style-type: none"> • Where do you get them from (organisation made/local made/international import)? • How did people learn about their availability (i.e. radio, from friends, newspaper)? • Does this differ between people with and without disabilities? <p>NO: skip to next question</p>
15	Do you give any <u>advice</u> on incontinence products?	<p>YES:</p> <ul style="list-style-type: none"> • What materials do you provide advice on (i.e. pads, nappies, cloths)? • Who do you give advice to: people without disabilities, people with disabilities, carers? • What advice do you give to people with disabilities? • What advice do you give to people without disabilities? <p>NO: skip to next question</p>
16	Have you had any training on incontinence (i.e. what it is, how to provide healthcare advice and support on it)?	<p>YES:</p> <ul style="list-style-type: none"> • Who provided this training? • What did the training cover? • Did any of this focus on people with disabilities? • What did it cover? • Did any of the training cover stigma and taboos related to incontinence and / or disability? Please explain • What did you think of the training (i.e. it was helpful, unhelpful; provided new information)? <p>NO: skip to next question</p>
17	Do you have any resources on incontinence that you use (e.g. posters, leaflets)?	<p>YES:</p> <ul style="list-style-type: none"> • Please can you show me them? Where did these come from/ did you develop these? • What did you find useful about these resources? Why? Take a photo of any resources. Make sure you crop it tightly so that the photo does not include any objects that could identify the participant. • What did you find less useful about these resources? Why? <p>NO: skip to next question</p>
18	Have you received any training on generally how to provide healthcare services for people with disabilities?	<p>YES:</p> <ul style="list-style-type: none"> • Who provided this? • What did the training cover? <p>NO: skip to next question</p>



19	We are going to come up with recommendations for healthcare providers that could help improve menstrual hygiene and incontinence management for people with a disability. What advice do you have for us as we do this?
20	That is all my questions. Is there anything else you would like to say that has not been covered? Or do you have any questions for us?