

# REPRODUCTIVE HEALTH IN ENGLAND

In 2023, almost 60,000 women and people assigned female at birth responded to the Reproductive Health Survey for England. The first set of findings have just been published.

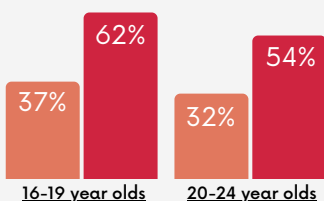
## REPRODUCTIVE CONDITIONS

**More than 1 in 4** participants reported at least one reproductive condition, such as endometriosis, PCOS, fibroids, pelvic organ prolapse.



## MENSTRUAL HEALTH

● Severe period pain ● Heavy bleeding



**Over 30%** of participants aged 16-24 reported severe period pain, and **more than half** experienced heavy menstrual bleeding in the last year.

**2 in 3** participants aged 40-55 experienced hot flushes and/or night sweats in the last year.



## PREGNANCY-RELATED EXPERIENCES



**More than 1 in 10** participants aged 30 to 39 had experienced pregnancy loss or infertility in the last year.

## PUTTING IT ALL TOGETHER

Looking across reproductive conditions, menstrual health, and pregnancy related experience, **almost 3 in 4** participants aged 16-55 had recent experience of at least one of these issues.



We found evidence for **inequalities across all aspects of reproductive health**: those from minority ethnic groups and those who were struggling financially were more likely to experience poor reproductive health, for example, Black women were 50% more likely than White women to report adverse pregnancy-related experiences and those struggling financially were twice as likely report heavy/severely painful periods, compared with those living comfortably.

See the full open access paper, here:

<https://obgyn.onlinelibrary.wiley.com/doi/full/10.1111/1471-0528.18133>