

## What to expect at an interview...

Thanks so much for your interest in taking part in this study! If you decide to take part in an interview you will meet with Hannah, Praveena or Zaira from the Covid Made Long research team at a time that works for you.







Hannah

Praveena

Zaira

We will ask for your consent before we start recording the interview, and there will be time for us to talk anything through or answer any questions you may have about the study. We will record the conversation so we can remember what you say, but outside of the research team what you say will be completely anonymous.

The interview will take up to an hour but we can be flexible and work to your needs (e.g. by splitting it into smaller chunks). We hope to cover the following topics:

Your life experiences over the last few years: Let us know about your life over the last few years.

What covid means for you: Explore how you see covid, and how it has affected things that have been going on in your life, and your health and well-being.

**Experiences of inequality:** Think about if you have any experiences of inequality or injustice and how this has changed over the last few years.

**Support networks:** Describe support systems, relationships, and self-care strategies and how they have changed over time.

The future: Share your feelings and vision for the future. Tell us what you think needs to change.

After the interview, we will send you a **£20 voucher** to thank you for taking part and we will keep in touch with you about the progress and results of the study.

It is totally up to you what you do or don't want to share. It might be helpful to have a think about what you want to share before you take part. We can skip any topics that you don't want to cover. You can ask to end the interview at any time, and to remove your data from the study anytime before December 2024.





National Institute for Health and Care Research