# APCAPS $4^{\text {th }}$ FOLLOW-UP CLINIC QUESTIONNAIRES (v1) 

LONDON SCHOOL of HYGIENE \&TROPICAL MEDICINE

icm
NDIAN COUNCIL OF
MEDICAL RESEARCH
NIN
nationalustrute
of NuThition


INDIAN
INSTITUTE OF
PUBLIC HEALTH
HYDERABAD


Medical Research Council

Contents of this document

| Questionnaire section name | Topics covered | Version <br> no. | Page <br> no. |
| :--- | :--- | :--- | :--- |
| N/A | Source of study measures/tools | N/A | 2 |
| Identification | Study IDs, age, sex | 1 | 4 |
| Contact Details | Identifiable information; not shared with <br> collaborators | 1 | 4 |
| Main | Socio-demographics, smoking, alcohol, personal <br> and family medical history | 10 | 6 |
| Anthropometry | Circumferences, body composition, grip strength, <br> blood pressure, women's reproductive health | 5 | 60 |
| Disability and dementia | Dementia (45+), disability, health-related quality of <br> life, mental health | 5 | 70 |
| Audio recording log |  | 10 | 76 |
| Physical activity |  | 7 | 77 |
| Food frequency |  | 6 | 94 |
| Household | Household assets, food security | 1 | 100 |
| Blood pressure | Combined variables | 1 | 104 |
| Blood and urine sampling |  | 10 | 105 |
| Hearing threshold test |  | 8 | 106 |
| Visual acuity test |  | 9 | 107 |
| Accelerometer provision \& retrieval |  | 1,4 | 109 |
| Echocardiogram, CIMT, liver scans |  | 7 | 110 |
| ECG and Vicorder |  | 2 | 110 |
| Photographs |  | 8 | 112 |
| Timed walk |  | 8 | 112 |
| Neuropathy |  | 1 | 115 |
| Fundus imaging |  | 115 |  |
| Dementia informant |  | 2 | 13 |

Please note that each questionnaire section was separate and not necessarily completed in the above order.
All questionnaires were administered using a tablet-based interface. Following completion of fieldwork, we transcribed all questions into this Word Document format to make them more easily browsable. Original XLS Forms versions of the questionnaires (as deployed in field) are available upon request. Previous versions are also available on request.
For queries please contact: Judith Lieber (Judith.Lieber1@lshtm.ac.uk) or Santhi Bhogadi
(kammilisanthi.mms@gmail.com).

## SOURCE OF STUDY MEASURES/TOOLS

| MEASURE | SOURCE OF INSTRUMENT AND PROTOCOL |
| :---: | :---: |
| Sociodemographics | APCAPS 2010-12 survey(1) |
| Food Insecurity | Household Food Insecurity Access Scale (9-item)(2) |
| Family health history | APCAPS 2010-12 survey(1) |
| Tobacco use | APCAPS 2010-12 survey(1) |
| Alcohol use | Validated APCAPS food frequency questionnaire(3) |
| Diet | Validated APCAPS food frequency questionnaire(3) |
| Physical activity | Validated APCAPS physical activity questionnaire(4) |
| Sleep | APCAPS 2010-12 survey(1) |
| Medical history | APCAPS 2010-12 survey(1), photo of medicines |
| CHD symptoms | WHO Rose Questionnaire(5) |
| PAD symptoms | WHO Rose Questionnaire(5) |
| Stroke | Gourie-Devy et al survey(6) |
| Cataracts | SAGE survey(7) |
| Chronic obstructive pulmonary disease | Lung Function Questionnaire(8) |
| Asthma | European Community Respiratory Health Survey (short)(9) |
| Arthritis | SAGE survey(7) |
| Depression | Patient Health Questionnaire-9(10) |
| Generalised Anxiety Disorder | Generalised Anxiety Disorder-7(11) |
| Alcohol Use Disorder | Alcohol Use Disorders Identification Test(12) |
| Dementia | Brief Community Screening Instrument for Dementia(13) |
| Tuberculosis | Developed for study (Government of India's case definition of presumptive tuberculosis plus night sweats) $(14,15)$ |
| COVID-19, post-COVID-19 condition | Developed for study (WHO covid case definition and postcovid case definition) $(16,17)$ |


| Hyperthyroidism | Developed for study (Zulewski case definition)(18) |
| :--- | :--- |
| Gastro-oesophageal reflux disease | Indian Society of Gastroenterology survey(19) |
| Oral health | UKSI survey(20) |
| Chronic pain | Perceived Stress Scale (Short Version)(22) |
| Chronic stress | Washington Group Short Set on Functioning(23) |
| Disability | $\underline{\text { EuroQoL 5-Dimension Health Questionnaire, 5-level(24) }}$ |
| Health-related quality of life | $\underline{\text { LASI survey(20) }}$ |
| Healthcare use | Developed for study (Prevention of Falls Network Europe <br> case definition)(25) |
| Medicine costs | 2022 WHO Verbal Autopsy Assessment (26) <br> Falls <br> Cause of death <br> Diabetes neuropathy <br> Sensory assessment of the foot and symptom-based <br> questionnaire (mTCNS)(27) |

Note: More information on tool use and rationale is given here, in the published protocol paper for the APCAPS fourth follow up.(28)

IDENTIFICATION (used at start of each questionnaire section to identify participant)

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS <br> (including any branching logic) | 3FU VAR NAME (if applicable) |
| :---: | :---: | :---: | :---: | :---: |
| participantid | Participant ID | [barcode] |  |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE |  | [Enumerator Note] |  |
| qr | Did ID scan correctly? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  |  |
| participantid_text | Please enter Participant ID | [Text] | Referring to question Did ID scan correctly? <br> qr <br> If answered [2] <br> "No" |  |
| hhid | Household ID | [Text] | Referring to question Did ID scan correctly? <br> qr <br> If answered [2] <br> "No" |  |
| fid | Family ID | [Text] | Referring to question <br> Did ID scan correctly? <br> qr <br> If answered [2] <br> "No" |  |
| dob | Date of birth | $\qquad$ |  | $\begin{aligned} & 5.2 \\ & 5.3 \end{aligned}$ |
| show_age | Participant age (Age last birthday) | [In completed years] |  | 5.1 |
| sex | Participant sex | [1] Male <br> [2] Female <br> [99] No response |  | 5.5 |

## CONTACT DETAILS QUESTIONNAIRE

| $\begin{array}{c}\text { 4FU VARIABLE } \\ \text { NAME }\end{array}$ | QUESTION | $\begin{array}{c}\text { COMMENTS } \\ \text { (including any branching logic) }\end{array}$ | $\begin{array}{c}\text { 3FU VAR } \\ \text { NAME (if } \\ \text { applicable) }\end{array}$ |  |
| :--- | :--- | :--- | :--- | :--- |
| note1 | $\begin{array}{l}\text { Welcome to APCAPS 4th follow-up: Contact details } \\ \text { questionnaire }\end{array}$ |  |  |  |
| contactid | Background info | [Text] |  |  |
| username | Initials of interviewer | $[$ barcode/QR |  |  |
| code] |  |  |  |  |$]$


| aadhar_photo | Take a photo of the participant's aadhar card, take care that the name, address, and ID number are captured. |  | Referring to question <br> Does the participant give permission to have a photo taken of their aadhar card? <br> aadhar_photo_consent <br> If answered [1] "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| aadhar_address | Is your address correct on your aadhar card? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ | Referring to question <br> Has the participant brought their aadhar card? <br> aadhar_yn <br> If answered [1] "Yes" |  |
| address | Current residential address | [Text] | Referring to questions <br> Has the participant brought their aadhar card? <br> aadhar_yn <br> If answered [2] "No" <br> Or <br> Is your address correct on your <br> aadhar card? <br> aadhar_address <br> If answered [2] "No" | 4.3 |
| place | Place name | [Text] | Referring to questions <br> Has the participant brought their aadhar card? <br> aadhar_yn <br> If answered [2] "No" <br> Or <br> Is your address correct on your <br> aadhar card? <br> aadhar_address <br> If answered [2] "No" | 4.4 |
| pincode | Pincode | [Integer] | Referring to questions <br> Has the participant brought their <br> aadhar card? <br> aadhar_yn <br> If answered [2] "No" <br> Or <br> Is your address correct on your <br> aadhar card? <br> aadhar_address <br> If answered [2] "No" | 4.5 |
| contact_grp | Contact details |  |  |  |
| family_name | What is your family name? | [Text] | Referring to question <br> Has the participant brought their aadhar card? <br> aadhar_yn <br> If answered [2] "No" | 4.1 |
| first_name | What is your first name? | [Text] | Referring to question <br> Has the participant brought their aadhar card? <br> aadhar_yn <br> If answered [2] "No" | 4.2 |
| aadhar | Aadhar number | [Text] | Referring to question <br> Has the participant brought their <br> aadhar card? <br> aadhar_yn <br> If answered [2] "No" |  |
| home_landline | Home telephone number | [Text] |  | 4.13 |
| mobile | Mobile number | [Text] |  | 4.14 |
| comment_text | Comment by Field Investigators |  |  |  |

MAIN QUESTIONNAIRE

| 4FU VARIABLE NAME |  | QUESTION | COMMENTS <br> (including any branching logic) | 3FU VAR NAME (if applicable) |
| :---: | :---: | :---: | :---: | :---: |
|  | Now I am going to ask you some questions about your occupation |  |  |  |
| occupation2 | What is your primary occupation? | [1] At home doing housework <br> [2] Student/training <br> [3] Unemployed, not seeking work: retired/disabled <br> [4] Unemployed, seeking work <br> [5] Employed in agriculture/animal rearing <br> [6] Employed in trade sector <br> [7] Employed in office/administrative work <br> [8] Employed in factory/manufacturing work <br> [9] Employed in mixed unskilled manual labour (e.g. 100 days work, mixed daily wage work) <br> [10] Employed in another sector <br> [99] No Response | NB numbers do not exactly match the 3FU: <br> [1] at home doing housework <br> [2] unemployed, not seeking <br> work: retired/disabled <br> [3] unemployed, seeking work: <br> [4] student/training <br> [5] unskilled manual <br> [6] semi-skilled manual <br> [7] skilled manual <br> [8] skilled non-manual <br> [9] semi-professional <br> [10] professional | 5.11 |
| occup_mixed | What type of work have you done in the past year? (Select all that apply) | [1] Agriculture/ forestry/animal rearing <br> [2] Construction (buildings) <br> [3] Construction (civil, e.g. digging canals, Cutting Trees) <br> [4] Community sanitation/cleaning/gardening <br> [5] Other <br> [99] No Response | Referring to question <br> What is your primary <br> occupation? <br> occupation2 <br> If chosen [9] <br> "Employed in mixed unskilled manual labour (e.g. 100 days work, mixed daily wage work" |  |
| occup_mixed_other | Please specify | [Text] | Referring to question <br> What type of work have you done in the past year? (Select all that apply) <br> occup_mixed <br> If chosen [5] <br> "other" |  |
| occup_agri | Which best describes your role? | [1] Landless labourer <br> [2] Own/lease marginal farm <br> [3] Large farm owner/ Landlord TBC <br> [4] Other <br> [99] No Response | Referring to question <br> What is your primary <br> occupation? <br> occupation2 <br> If chosen [5] <br> "Employed in agriculture/animal rearing" |  |
| occup_agri_other | Please specify | [Text] | Referring to question <br> Which best describes your role? <br> occup_agri <br> If chosen [4] <br> "Other" |  |
| occup_pest | Do you directly handle or come into contact with pesticides or fertilizers during your work? | [1] Yes <br> [2] No <br> [99] No response | Referring to questions: <br> [1] What type of work have you done in the past year? (Select all that apply) <br> occup_mixed <br> And <br> [5] What is your primary occupation? <br> occupation2 |  |


|  |  |  | If chosen [1] or [5] respectively "Agriculture/ forestry/animal rearing" <br> "Employed in agriculture/animal rearing |  |
| :---: | :---: | :---: | :---: | :---: |
| occup_office | Which best describes your role? | [1] Peon <br> [2] Clerical <br> [3] Officer <br> [4] Manager (or other senior role) <br> [5] Other <br> [99] No Response | Referring to question <br> What is your primary occupation? <br> Occupation2 <br> If chosen [7] <br> "Employed in office/administrative work" |  |
| occup_office_other | Please specify | [Text] | Referring to question <br> Which best describes your role? <br> occup_office <br> If chosen [5] <br> "Other" |  |
| occup_factory | Which best describes your role? | [1] Manual/unskilled e.g. labelling, packing <br> [2] Clerical <br> [3] Machine operator, Fitter <br> [4] Supervisor <br> [5] Other <br> [99] No Response | Referring to question <br> What is your primary occupation? <br> Occupation2 <br> If chosen [8] <br> "Employed in <br> factory/manufacturing work" |  |
| occup_factory_other | Please specify | [Text] | Referring to question <br> Which best describes your role? <br> occup factory <br> If chosen [5] <br> "Other" |  |
| occup_trade | Which best describes your role? | [1] Skilled tradesperson e.g. Carpenter, electrician, mechanic, plumber, centering work, Mason, Painter, Welding, Milk Trader [2] Artisanal craftsperson e.g. Basket weaver, tailor, cobbler, barber, potmaker, goldsmith, butcher <br> [3] Petty shopkeeper <br> [4] Big storekeeper/shopkeeper <br> [5] Street hawker/vendor <br> [6] Other <br> [99] No Response | Referring to question <br> What is your primary <br> occupation? <br> occupation2 <br> If chosen [6] <br> "Employed in trade sector" |  |
| occup_trade_other | Please specify | [Text] | Referring to question <br> Which best describes your role? <br> occup_trade <br> If chosen [6] <br> "Other" |  |
| occup_other | Which best describes your role? | [1] Real estate agent <br> [2] Construction site worker <br> [3] Cleaner (heavy vehicles) <br> [4] Driver (car or bus) <br> [5] Driver (rickshaw) <br> [6] Servant/maid, sweeper, washer, watchman <br> [7] Server / cook in a hotel, restaurant or big shop <br> [8] Teacher <br> [9] Para-medical staff e.g. ASHAs, <br> ANMs, AAYA, ward boy <br> [10] Medical professional e.g. RMP, | Referring to question <br> What is your primary <br> occupation? <br> occupation2 <br> If chosen [10] <br> "Employed in another sector" |  |


|  |  | doctors, hospital nurse/technician <br> [11] Police- Home Guard, Constable <br> [12] Police- S.I/ C.I <br> [13] Police- DSP, ACP and higher <br> carder |  |
| :--- | :--- | :--- | :--- | :--- |


|  |  |  | "Married Widow/widower Divorced/separated" |  |
| :---: | :---: | :---: | :---: | :---: |
| spouse_relation | What is the relation? | [1] Sibling <br> [2] First cousin <br> [3] Second cousin <br> [4] Uncle <br> [5] Niece <br> [6] Other <br> [99] No response | Referring to question <br> Was your spouse a close relative before marriage? <br> If chosen [1] <br> "yes" | 5.6 |
| highest_education_s <br> pouse | What is the highest education level your spouse attained? | [1] Illiterate <br> [2] Literate, no formal education <br> [3] Up to primary school (class IV) <br> [4] Secondary school (up to class X) <br> [5] Higher secondary (up to class <br> XII, intermediate, ITI course, <br> polytechnic) <br> [6] Graduate (BA, BSc, Bcom, <br> Diploma) - completed <br> [7] Professional degree/postgraduate (MA, MSc, MBBS, MSW, Btech, PhD) <br> [99] No response | Referring to question <br> What is your current marital <br> status? <br> marital_status <br> And <br> Sex <br> sex <br> If chosen [2] or [3] or [4] <br> "Married <br> Widow/widower <br> Divorced/separated" <br> And <br> If chosen [2] <br> "Female" | 5.13 |
| health_ins | Are you covered by health insurance? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| health_ins_type | What type of insurance are you covered by? | [1] Aarogyasri <br> [2] Through an employer <br> [3] Privately purchased <br> [4] Community/cooperative scheme <br> [99] No response | Referring to question <br> Are you covered by health insurance? <br> health_ins <br> If chosen [1] <br> "yes" |  |
| total_sons_living | How many (live) sons do you have? | [Integer] | Referring to question <br> What is your current marital <br> status? <br> marital_status <br> If chosen [2] or [3] or [4] <br> "Married <br> Widow/widower <br> Divorced/separated" | 5.9 |
| total_daughters_livi $n g$ | How many (live) daughters do you have? | [Integer] | Referring to question <br> What is your current marital <br> status? <br> marital_status <br> If chosen [2] or [3] or [4] <br> "Married <br> Widow/widower <br> Divorced/separated" | 5.10 |
| father_still_alive | Is your father still alive? | [1] Yes <br> [2] No <br> [99] No response |  | 22.16 |
| father_age_death | At what age did he die? | [Integer] | Referring to question Is your father still alive? <br> father_still_alive <br> If chosen [2] <br> "No" | 22.16 |
| father_age_death_n ote |  | [Enumerator Note] | Referring to question At what age did he die? |  |


|  | Please confirm the age of the participant's father when he died, as response seems unlikely (under 14) |  | father_age_death <br> If chosen < 14 as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| note_105 | Did/does your father suffer from any of the following conditions: |  |  |  |
| father_db | Diabetes | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  | 22.18 |
| father_bp | High blood pressure (hypertension) | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  | 22.19 |
| father_stroke | Stroke | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  | 22.19a |
| father_cvd | Heart disease | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  | 22.20 |
| father_ob | Overweight/obesity | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  | 22.21 |
| mother_still_alive | Is your mother still alive? | [1] Yes <br> [2] No <br> [99] No response |  | 22.23 |
| mother_age_death | At what age did she die? | [Integer] | Referring to question mother_still_alive <br> If chosen [2] <br> "No" | 22.23 |
| mother_age_death_ note | Please confirm the age of the participant's mother when she died, as response seems unlikely (under 14) | [Enumerator Note] | Referring to question At what age did he die? If chosen < 14 as integer |  |
| note_106 | Did/does your mother suffer from any of the following conditions: |  |  |  |
| mother_db | Diabetes | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  | 22.25 |
| mother_bp | High blood pressure (hypertension) | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  | 22.26 |
| mother_stroke | Stroke | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  | 22.26a |
| mother_cvd | Heart disease | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  | 22.27 |
| mother_ob | Overweight/obesity | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  | 22.28 |


|  |  | [3] Don't know <br> [99] No response |  |  |
| :---: | :---: | :---: | :---: | :---: |
| total_brothers_alive | How many (live) brothers do you have? | [Integer] |  |  |
| note_107 | Did/do any of your brothers or sisters suffer from any of the following conditions: |  |  |  |
| $s i b \_d b$ | Diabetes | [1] Yes <br> [2] No <br> [3] Don't know <br> [4] No siblings <br> [99] No response |  | 22.30 |
| sib_bp | High blood pressure (hypertension) | [1] Yes <br> [2] No <br> [3] Don't know <br> [4] No siblings <br> [99] No response |  | 22.31 |
| sib_stroke | Stroke | [1] Yes <br> [2] No <br> [3] Don't know <br> [4] No siblings <br> [99] No response |  | 22.31a |
| sib_cvd | Heart disease | [1] Yes <br> [2] No <br> [3] Don't know <br> [4] No siblings <br> [99] No response |  | 22.32 |
| sib_ob | Overweight/obesity | [1] Yes <br> [2] No <br> [3] Don't know <br> [4] No siblings <br> [99] No response |  | 22.33 |
| note_lifestyle | I'm now going to ask you about some behaviours that might affect your health, starting with tobacco use |  |  |  |
| tobacco_ever | Have you EVER used tobacco on a REGULAR basis (at least weekly)? This includes smoking cigarettes or beedis, and chewing tobacco. | [1] Yes <br> [2] No <br> [99] No response |  |  |
| tobacco_type | Which type? Select all that apply. | [1] Cigarettes <br> [2] Beedies <br> [3] Chewing tobacco <br> [99] No response | Referring to question <br> Have you EVER used tobacco on a REGULAR basis (at least weekly)? This includes smoking cigarettes or beedis, and chewing tobacco. <br> tobacco_ever <br> If chosen [1] <br> "yes" | 8.1 |
| smoke_age_starting | Age when you started smoking cigarettes | [Integer] | Referring to question <br> Which type? Select all that apply. <br> tobacco_type <br> If chosen [1] <br> "yes" | 8.1 |
| smoke_current | Do you still smoke cigarettes? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Which type? Select all that apply. <br> tobacco_type <br> If chosen [1] | 8.1 |


|  |  |  | "yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| smoke_number_use _perday | Number of cigarettes smoked per day | [Integer] | Referring to question <br> Which type? Select all that apply. <br> tobacco_type <br> And <br> Do you still smoke cigarettes? <br> smoke_current <br> If chosen [1] and [1] <br> "Cigarettes" <br> And "Yes" | 8.1 |
| beedi_age_starting | Age when you started smoking beedis | [Integer] | Referring to question Which type? Select all that apply. <br> tobacco_type <br> If chosen [2] <br> "Beedis" | 8.1 |
| beedi_current | Do you still smoke beedis? | [1] Yes <br> [2] No <br> [99] No response | Referring to question Which type? Select all that apply. <br> tobacco_type <br> If chosen [2] <br> "Beedis" | 8.1 |
| beedi_number_use_ perday | Number of beedis smoked per day | [Integer] | Referring to question <br> Which type? Select all that apply. <br> tobacco_type <br> And <br> Do you still smoke beedis? <br> beedi_current <br> If chosen [2] and [1] <br> "Beedis" <br> And [1] "Yes" | 8.1 |
| chew_age_starting | Age when you started chewing tobacco | [Integer] | Referring to question Which type? Select all that apply. <br> tobacco_type <br> If chosen [3] <br> "Chewing tobacco" | 8.1 |
| chew_current | Do you still chew tobacco? | [1] Yes <br> [2] No <br> [99] No response | Referring to question Which type? Select all that apply. <br> tobacco_type <br> If chosen [3] <br> "Chewing tobacco" | 8.1 |
| chew_number_use_ perday | Number of times chewing tobacco per day | [Integer] | Referring to question Which type? Select all that apply. <br> tobacco_type <br> And <br> Do you still chew tobacco? <br> chew_current <br> If chosen [3] and [1] <br> "Chewing tobacco" <br> And [1] "Yes" | 8.1 |


| house_member_sm okes | Is there someone in your household who smokes tobacco at home? | [1] Yes <br> [2] No <br> [99] No response |  | 8.2 |
| :---: | :---: | :---: | :---: | :---: |
| indoor_open_fire | Has an indoor open fire with wood, crop residues or dung been used in your home as a primary means of cooking for more than 6 months in your life? | [1] Yes, still used as primary source for cooking <br> [2] Yes, still used but not as primary source for cooking <br> [3] Yes, but not currently used <br> [4] Never used <br> [99] No response |  | 8.3 |
| ```hours_spent_cookin g``` | On an average for how many hours in a day do you personally spend cooking using wood, crop residues or dung? | [Decimal] | Referring to question <br> Has an indoor open fire with wood, crop residues or dung been used in your home as a primary means of cooking for more than 6 months in your life? indoor_open_fire <br> If chosen [1] <br> "Yes, still used as primary source for cooking" | 8.3 |
| fire_vented_outside | Is your stove or fire vented to the outside? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Has an indoor open fire with wood, crop residues or dung been used in your home as a primary means of cooking for more than 6 months in your life? indoor_open_fire <br> If chosen [1] <br> "Yes, still used as primary source for cooking" | 8.3 |
| alc_intro | Now I am going to ask affect many areas of he whether you have expe as accurate as you can | u some questions about your alcohol th, it is important for us to know ho enced any problems with your drink | use. Because alcohol use can much you usually drink and <br> g. Please try to be as honest and |  |
| alc_any_life | Have you ever consumed at least one alcoholic drink of any kind? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| note3 | Now I am going to ask alcohol use during this | some questions about your st year. | Referring to question <br> Have you ever consumed at least one alcoholic drink of any kind? <br> alc_any_life <br> If chosen [1] <br> "Yes" |  |
| alc_any_freq_audit | How often do you have a drink containing alcohol? | [0] Never <br> [1] Monthly or less <br> [2] 2-4 times per month <br> [3] 2-3 times per week <br> [4] 4 or more times per week <br> [99] No response | Referring to question <br> Have you ever consumed at least one alcoholic drink of any kind? <br> alc_any_life <br> If chosen [1] <br> "Yes" | 8.4 |
| alc_typical_quant_a udit | How many drinks containing alcohol do you have on a typical day when you are drinking? | [0] 1 or 2 <br> [1] 3 or 4 <br> [2] 5 or 6 <br> [3] 7, 8 or 9 <br> [4] 10 or more <br> [99] No response | Referring to question <br> How often do you have a drink containing alcohol? <br> alc_any_freq_audit <br> If chosen [1], [2], [3], [4] <br> "Monthly or less" <br> "2-4 times per month" <br> "2-3 times per week" <br> " 4 or more times per week" | 8.4a |


| alc_binge_freq_audi $t$ | How often do you have six or more drinks on one occasion? | [0] Never <br> [1] Less than monthly <br> [2] Monthly <br> [3] Weekly <br> [4] Daily or almost daily [99] No response | Referring to question <br> How often do you have a drink <br> containing alcohol? <br> alc_any_freq_audit <br> If chosen [1], [2], [3], [4] <br> "Monthly or less" <br> "2-4 times per month" <br> "2-3 times per week" <br> "4 or more times per week" |  |
| :---: | :---: | :---: | :---: | :---: |
| alc_stop_audit | How often during the last year have you found that you were not able to stop drinking once you had started? | [0] Never <br> [1] Less than monthly <br> [2] Monthly <br> [3] Weekly <br> [4] Daily or almost daily [99] No response | Referring to question <br> How many drinks containing alcohol do you have on a typical day when you are drinking? alc_typical_quant_audit And <br> How often do you have six or more drinks on one occasion? alc_binge_freq_audit If chosen [1], [2], [3], or [4] <br> [1] 3 or 4 <br> [2] 5 or 6 <br> [3] 7, 8 or 9 <br> [4] 10 or more <br> And <br> If chosen [1], [2], [3], or [4] <br> [1] Less than monthly <br> [2] Monthly <br> [3] Weekly <br> [4] Daily or almost daily |  |
| alc_fail_audit | How often during the last year have you failed to do what was normally expected from you because of drinking? | [0] Never <br> [1] Less than monthly <br> [2] Monthly <br> [3] Weekly <br> [4] Daily or almost daily [99] No response | Referring to question <br> How many drinks containing alcohol do you have on a typical day when you are drinking? alc_typical_quant_audit And <br> How often do you have six or more drinks on one occasion? alc_binge_freq_audit If chosen [1], [2], [3], or [4] <br> [1] 3 or 4 <br> [2] 5 or 6 <br> [3] 7, 8 or 9 <br> [4] 10 or more <br> And <br> If chosen [1], [2], [3], or [4] <br> [1] Less than monthly <br> [2] Monthly <br> [3] Weekly <br> [4] Daily or almost daily |  |
| alc_morning_audit | How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session? | [0] Never <br> [1] Less than monthly <br> [2] Monthly <br> [3] Weekly <br> [4] Daily or almost daily <br> [99] No response | Referring to question <br> How many drinks containing alcohol do you have on a typical day when you are drinking? alc_typical_quant_audit And <br> How often do you have six or more drinks on one occasion? alc_binge_freq_audit If chosen [1], [2], [3], or [4] <br> [1] 3 or 4 <br> [2] 5 or 6 |  |


|  |  |  | [3] 7, 8 or 9 <br> [4] 10 or more <br> And <br> If chosen [1], [2], [3], or [4] <br> [1] Less than monthly <br> [2] Monthly <br> [3] Weekly <br> [4] Daily or almost daily |  |
| :---: | :---: | :---: | :---: | :---: |
| alc_guilt_audit | How often during the last year have you had a feeling of guilt or remorse after drinking? | [0] Never <br> [1] Less than monthly <br> [2] Monthly <br> [3] Weekly <br> [4] Daily or almost daily [99] No response | Referring to question How many drinks containing alcohol do you have on a typical day when you are drinking? alc_typical_quant_audit And <br> How often do you have six or more drinks on one occasion? alc_binge_freq_audit If chosen [1], [2], [3], or [4] <br> [1] 3 or 4 <br> [2] 5 or 6 <br> [3] 7, 8 or 9 <br> [4] 10 or more <br> And <br> If chosen [1], [2], [3], or [4] <br> [1] Less than monthly <br> [2] Monthly <br> [3] Weekly <br> [4] Daily or almost daily |  |
| alc_memory_audit | How often during the last year have you been unable to remember what happened the night before because you had been drinking? | [0] Never <br> [1] Less than monthly <br> [2] Monthly <br> [3] Weekly <br> [4] Daily or almost daily <br> [99] No response | Referring to question <br> How many drinks containing alcohol do you have on a typical day when you are drinking? alc_typical_quant_audit And <br> How often do you have six or more drinks on one occasion? alc_binge_freq_audit If chosen [1], [2], [3], or [4] <br> [1] 3 or 4 <br> [2] 5 or 6 <br> [3] 7, 8 or 9 <br> [4] 10 or more <br> And <br> If chosen [1], [2], [3], or [4] <br> [1] Less than monthly <br> [2] Monthly <br> [3] Weekly <br> [4] Daily or almost daily |  |
| alc_injure_audit | Have you or someone else been injured as a result of your drinking? | [0] No <br> [2] Yes, but not in the last year <br> [4] Yes, during the last year <br> [99] No response | Referring to question <br> How often do you have a drink containing alcohol? <br> And <br> How many drinks containing alcohol do you have on a typical day when you are drinking? alc_typical_quant_audit And <br> How often do you have six or more drinks on one occasion? alc_binge_freq_audit If chosen |  |


|  |  |  | [0] "Never" <br> And <br> [0] "1 or 2", <br> [1] "3 or 4" <br> [2] "5 or 6" <br> [3] "7,8 or 9" <br> or [4] "10 or more" <br> And <br> [0] "never" <br> [1] "less than monthly" <br> [2] "monthly" <br> [3] "weekly" <br> [4] "daily or almost daily" |  |
| :---: | :---: | :---: | :---: | :---: |
| alc_concern_audit | Has a relative or friend or a doctor or another health worker been concerned about your drinking or suggested you cut down? | [0] No <br> [2] Yes, but not in the last year <br> [4] Yes, during the last year [99] No response | Referring to question <br> How often do you have a drink containing alcohol? alc_any_freq_audit <br> And <br> How many drinks containing alcohol do you have on a typical day when you are drinking? alc_typical_quant_audit And <br> How often do you have six or more drinks on one occasion? alc_binge_freq_audit If chosen <br> [0] "Never" <br> And <br> [0] "1 or 2", <br> [1] "3 or 4" <br> [2] "5 or 6" <br> [3] "7,8 or 9" <br> or [4] "10 or more" <br> And <br> [0] "never" <br> [1] "less than monthly" <br> [2] "monthly" <br> [3] "weekly" <br> [4] "daily or almost daily" |  |
| alc_audit_calc_total | Total AUDIT score (relevant for hazardous and harmful drinking, and alcohol dependence) | [Hidden] |  |  |
| alc_audit_calc_har m | Score on AUDIT Qs 4-6 (relevant for harmful drinking) | [Hidden] |  |  |
| alc_audit_calc_dep | Score on AUDIT Qs 7- <br> 10 (relevant for <br> alcohol dependence) | [Hidden] |  |  |
| alcohol_haz_advice | Your alcohol intake is for your health if you lead to cancers, liver disease, stroke, injuri Potential ways of red your drinks and keepi small bottles of beer) stomach, never drink stopping drinking ent your impulse to drink | a risky level and it would be good luced your drinking. Alcohol can nage, hypertension, diabetes, heart and other health issues. <br> ng your intake include: counting it to less than 2 drinks (e.g., pegs, day, drinking slowly and on a full many drinks at one sitting, or $y$ by avoiding places that trigger and getting support from family or | Referring to question Total AUDIT score alc_audit_calc_total And <br> Total AUDIT score alc_audit_calc_total And Score on AUDIT Qs 4-6 alc_audit_calc_harm And |  |


|  | friends. I can provide you a free phone number for a government helpline if you want more advice on this? It is... 1800-11-0031 |  | Score on AUDIT Qs 7-10 <br> alc_audit_calc_dep <br> If chosen <br> >7 as integer <br> And < 14 as integer <br> And 0 as integer <br> And 0 as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| alcohol_harm_advic $e$ | Your alcohol intake is a would be very good for drinking. Alcohol can le hypertension, diabetes, other health issues. Potential ways of redu your drinks and keepin small bottles of beer) stomach, never drinkin stopping drinking entir your impulse to drink, friends. I can provide y government helpline if 1800-11-0031 | potentially harmful level and it our health if you reduced your to cancers, liver damage, eart disease, stroke, injuries, and <br> g your intake include: counting t to less than 2 drinks (e.g., pegs, day, drinking slowly and on a full many drinks at one sitting, or by avoiding places that trigger d getting support from family or a free phone number for a u want more advice on this? It is... | Referring to question <br> Score on AUDIT Qs 7-10 <br> alc_audit_calc_dep <br> And <br> Total AUDIT score <br> alc_audit_calc_total <br> Or <br> Total AUDIT score <br> alc_audit_calc_total <br> And <br> Total AUDIT score <br> alc_audit_calc_total <br> And <br> Score on AUDIT Qs 4-6 <br> alc_audit_calc_harm <br> If chosen. <br> 0 as integer <br> And <br> $>13$ as integer <br> <20 as integer <br> Or <br> >7 as integer <br> And <br> <20 as integer <br> And <br> >0 as integer |  |
| alcohol_dep_advice | Your alcohol intake is a health. Alcohol can lea hypertension, diabetes, other health issues. <br> I strongly recommend with your alcohol intak phone number for a go advice on this. It is... 18 | likely harmful level for your to cancers, liver damage, eart disease, stroke, injuries, and <br> you visit your local PHC for help I can also provide you a free rnment helpline if you want more 0-11-0031 | Referring to question <br> Total AUDIT score <br> alc_audit_calc_total Or <br> Total AUDIT score <br> alc_audit_calc_total <br> And <br> Score on AUDIT Qs 7-10 <br> alc_audit_calc_dep <br> If chosen. <br> >19 as integer <br> Or <br> >7 as integer <br> And <br> $>0$ as integer |  |
| sleep_hrs_work | How many hours do you usually sleep per day on a typical day when you have school or work the next day? | [Decimal] |  | 10.1 |
| sleep_falling_freq | In the past month, how often have you experienced difficulties in getting to sleep? | [1] Daily <br> [2] 5-6 times a week <br> [3] 2-4 times a week <br> [4] Once a week <br> [5] 2-3 times a month <br> [6] Once a month <br> [7] Never <br> [99] No response |  | 10.4 |


| sleep_falling_time | In the past month, how long did it usually take you to fall asleep (minutes)? | [Integer] |  |  |
| :---: | :---: | :---: | :---: | :---: |
| sleep_falling_time_c heck | The stated time to fall asleep (in minutes) seems low, please ask the participant to confirm their answer. | [Enumerator Note] | Referring to question <br> In the past month, how long did it usually take you to fall asleep (minutes)? <br> sleep_falling_time If chosen <2 as integer |  |
| sleep_awake_freq | In the past month, how often have you been bothered by awakening during night? | [1] Daily <br> [2] 5-6 times a week <br> [3] 2-4 times a week <br> [4] Once a week <br> [5] 2-3 times a month <br> [6] Once a month <br> [7] Never <br> [99] No response |  | 10.5 |
| internet | We would now like to ask you some questions about your use of the internet. In the past 12 months, how often have you used the internet on average? | [1] Every hour/Almost every hour <br> [3] At least daily <br> [4] At least weekly <br> [6] At least monthly <br> [7] Less than once a month <br> [8] Never <br> [99] No response |  |  |
| phone | Do you personally have a phone? | [1] Yes, basic phone <br> [2] Yes, touch phone (smart phone) <br> [3] No <br> [99] No response |  |  |
| note_13 | Now I am going to ask y | few questions about your medica | tory (e.g., previous diagnoses). |  |
| hypertension | Hypertension |  |  |  |
| diagnosed_high_bp | Have you EVER been diagnosed with high blood pressure (hypertension)? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| diagnosed_bp_age | What age were you diagnosed? | [Integer] | Referring to question <br> Have you EVER been diagnosed <br> with high blood pressure <br> (hypertension)? <br> diagnosed_high_bp <br> If chosen [1] <br> "yes" |  |
| note_140 | Please double-check the age | [Enumerator Note] | Referring to question <br> What age were you diagnosed? <br> diagnosed_bp_age <br> If chosen $\mathbf{\leq 2 5}$ as integer |  |
| bp_meds_any | Are you on regular medication for your high blood pressure? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed with high blood pressure (hypertension)? <br> diagnosed_high_bp <br> If chosen [1] <br> "yes" |  |
| bp_meds_total | In total, how many medicines are you currently taking for this condition? | [Integer] | Referring to question <br> Are you on regular medication for your high blood pressure? <br> bp_meds_any <br> If chosen [1] <br> "yes" |  |


| bp_meds_name | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> bp_meds_total <br> If chosen >0 as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| bp_meds_name2 | Medicine name | [Text] | Referring to question <br> In total, how many medicines <br> are you currently taking for this condition? <br> bp_meds_total <br> If chosen $>1$ as integer |  |
| bp_meds_name3 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> bp_meds_total <br> If chosen >2 as integer |  |
| diabetes | Diabetes |  |  |  |
| diagnosed_diabetes | Have you EVER been diagnosed with diabetes? | [1] Yes [2] No [99] No response |  |  |
| diagnosed_diabetes _check | As the participant has been previously diagnosed with diabetes, they are eligible to participate in the diabetic neuropathy examination. Please check the relevant box on the sheet. | [Enumerator Note] | Referring to question <br> Have you EVER been diagnosed <br> with diabetes? <br> diagnosed_diabetes <br> If chosen [1] <br> "yes" |  |
| diagnosed_diabetes _check_done | Checklist ticked? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ | Referring to question <br> Have you EVER been diagnosed with diabetes? <br> diagnosed_diabetes <br> If chosen [1] <br> "yes" |  |
| diagnosed_diabetes _age | What age were you diagnosed? | [Integer] | Referring to question <br> Have you EVER been diagnosed with diabetes? <br> diagnosed_diabetes <br> If chosen [1] <br> "yes" |  |
| note_141 | Please double-check the age | [Enumerator Note] | Referring to question <br> What age were you diagnosed? <br> diagnosed_diabetes_age <br> If chosen $\leq 25$ as integer |  |
| diagnosed_comp | Have you been diagnosed with any of these side-effects of diabetes? | [1] Nerve damage (nerve problems due to diabetes) <br> [2] Kidney damage (kidneys not working properly due to diabetes) <br> [3] Vision loss (eye problems due to diabetes) <br> [4] Peripheral arterial disease (sores or pain in legs due to diabetes) <br> [5] None of the above <br> [6] Other <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with diabetes? <br> diagnosed_diabetes <br> If chosen [1] <br> "yes" |  |


| diabetes_meds_any | Are you on regular medication for your diabetes, including insulin injections? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with diabetes? <br> diagnosed_diabetes <br> If chosen [1] <br> "yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| diabetes_meds_tota I | In total, how many medicines are you currently taking for this condition? | [Integer] | Referring to question <br> Are you on regular medication for your diabetes, including insulin injections? <br> diabetes_meds_any <br> If chosen 1 |  |
| diabetes_meds_na me | Medicine name | [Text] | Referring to question <br> Are you on regular medication for your diabetes, including insulin injections? <br> diabetes_meds_any <br> If chosen >0 |  |
| diabetes_meds_na me2 | Medicine name | [Text] | Referring to question <br> Are you on regular medication for your diabetes, including insulin injections? <br> diabetes_meds_any If chosen >1 |  |
| diabetes_meds_na me3 | Medicine name | [Text] | Referring to question <br> Are you on regular medication for your diabetes, including insulin injections? <br> diabetes_meds_any If chosen 2 |  |
| diagnosed_comp_ot her | Please specify | [Text] | Referring to question diagnosed_comp If chosen [6] "Other" |  |
| diagnosed_heart | Have you EVER been diagnosed with heart disease? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| ```diagnosed_heart_ag e``` | Age when diagnosed | [Integer] | Referring to question <br> Have you EVER been diagnosed <br> with heart disease? <br> diagnosed_heart <br> If chosen [1] <br> "yes" |  |
| note_142 | Please double-check the age | [Enumerator Note] | Referring to question <br> Age when diagnosed diagnosed_heart_age If chosen $\mathbf{\leq 2 5}$ as integer |  |
| heart_meds_any | Are you on regular medication for your heart condition? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with heart disease? <br> diagnosed_heart <br> If chosen [1] <br> "yes" |  |
| heart_meds_total | In total, how many medicines are you currently taking for this condition? | [Integer] | Referring to question <br> Are you on regular medication <br> for your heart condition? <br> heart_meds_any <br> If chosen [1] <br> "Yes" |  |
| heart_meds_name | Medicine name | [Text] | Referring to question |  |


|  |  |  | In total, how many medicines are you currently taking for this condition? <br> heart_meds_total <br> If chosen $>0$ as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| heart_meds_name2 | Medicine name | [Text] | Referring to question <br> In total, how many medicines <br> are you currently taking for this condition? <br> heart_meds_total <br> If chosen $>1$ as integer |  |
| heart_meds_name3 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> heart_meds_total <br> If chosen >2 as integer |  |
| heart_meds_name4 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> heart_meds_total <br> If chosen >3 as integer |  |
| heart_meds_name5 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> heart_meds_total <br> If chosen >4 as integer |  |
| heart_meds_name6 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> heart_meds_total <br> If chosen $>5$ as integer |  |
| heart_meds_name7 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> heart_meds_total <br> If chosen $>6$ as integer |  |
| heart_meds_name8 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> heart_meds_total <br> If chosen >7 as integer |  |
| stroke | Stroke |  |  |  |
| diagnosed_stroke | Have you EVER been diagnosed with stroke (paralytic attack)? | [1] Yes <br> [2] No <br> [99] No response | Referring to question Participant age <br> (Age last birthday) <br> show_age <br> If chosen $\geq 45$ as integer |  |
| diagnosed_age_stro ke | Age when diagnosed | [Integer] | Referring to question <br> Have you EVER been diagnosed with stroke (paralytic attack)? <br> If chosen [1] "yes" |  |
| note_131 | Please double-check the age | [Enumerator Note] | Referring to question Age when diagnosed |  |


|  |  |  | diagnosed_age_stroke <br> If chosen $\leq 25$ as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| stroke_meds_any | Are you on regular medication for your stroke? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with stroke (paralytic attack)? <br> If chosen [1] <br> "yes" |  |
| stroke_meds_total | In total, how many medicines are you currently taking for this condition? | [Integer] | Referring to question <br> Are you on regular medication <br> for your stroke? <br> stroke_meds_any <br> If chosen [1] <br> "yes" |  |
| stroke_meds_name | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> stroke_meds_total <br> If chosen >0 as integer |  |
| stroke_meds_name $2$ | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> stroke_meds_total <br> If chosen $>1$ as integer |  |
| stroke_meds_name 3 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> stroke_meds_total If chosen >2 as integer |  |
| asthma | Asthma |  |  |  |
| diagnosed_asthma | Have you EVER been diagnosed with asthma, asthmatic bronchitis or allergic bronchitis? Including as a child or young adult | [1] Yes <br> [2] No <br> [99] No response |  |  |
| diagnosed_age_ast hma | Age when diagnosed | [Integer] | Referring to question <br> Have you EVER been diagnosed <br> with asthma, asthmatic <br> bronchitis or allergic bronchitis? <br> Including as a child or young <br> adult <br> diagnosed_asthma <br> If chosen [1] <br> "yes" |  |
| asthma_still | Do you still have asthma? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed with asthma, asthmatic bronchitis or allergic bronchitis? Including as a child or young adult diagnosed_asthma If chosen [1] "yes" |  |
| asthma_hosp | Have you been hospitalised because of asthma? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ | Referring to question Have you EVER been diagnosed with asthma, asthmatic |  |


|  |  | [3] Don't know [99] No response | bronchitis or allergic bronchitis? <br> Including as a child or young <br> adult <br> diagnosed_asthma <br> If chosen [1] <br> "yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| asthma_attack_last year | Have you had an attack of asthma in the last year? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with asthma, asthmatic <br> bronchitis or allergic bronchitis? <br> Including as a child or young <br> adult <br> diagnosed_asthma <br> If chosen [1] <br> "yes" |  |
| asthma_meds_any | Are you on regular medication for your asthma, including inhalers, aerosols, or tablets? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with asthma, asthmatic <br> bronchitis or allergic bronchitis? <br> Including as a child or young <br> adult <br> diagnosed_asthma <br> If chosen [1] <br> "yes" |  |
| asthma_meds_total | In total, how many medicines are you currently taking for this condition? Including inhalers and aerosols | [Integer] | Referring to question <br> Are you on regular medication <br> for your asthma, including <br> inhalers, aerosols, or tablets? <br> asthma_meds_any <br> If chosen [1] <br> "yes" |  |
| asthma_meds_nam $e$ | Medicine name | [Text] | Referring to question In total, how many medicines are you currently taking for this condition? Including inhalers and aerosols asthma_meds_total If chosen >0 |  |
| asthma_meds_nam e2 | Medicine name | [Text] | Referring to question In total, how many medicines are you currently taking for this condition? Including inhalers and aerosols asthma_meds_total If chosen >1 |  |
| asthma_meds_nam e3 | Medicine name | [Text] | Referring to question In total, how many medicines are you currently taking for this condition? Including inhalers and aerosols asthma_meds_total If chosen >2 |  |
| tuberculosis_tb | Tuberculosis |  |  |  |
| diagnosed_tb | Have you EVER been diagnosed with tuberculosis? Including as a child or young adult | [1] Yes <br> [2] No <br> [99] No response |  |  |
| diagnosed_age_tb | Age when diagnosed | [Integer] | Referring to question |  |


|  |  |  | Have you EVER been diagnosed with tuberculosis? Including as a child or young adult <br> diagnosed_tb <br> If chosen [1] <br> "yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| tb_meds_any | Are you on regular medication for your tuberculosis? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \text { [99] No response } \end{aligned}$ | Referring to question <br> Have you EVER been diagnosed <br> with tuberculosis? Including as a <br> child or young adult <br> diagnosed_tb <br> If chosen [1] <br> "yes" |  |
| tb_meds_total | In total, how many medicines are you currently taking for this condition? | [Integer] | Referring to question <br> Are you on regular medication <br> for your tuberculosis? <br> tb_meds_any <br> If chosen [1] <br> "yes" |  |
| tb_meds_name | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> tb_meds_total <br> If chosen >0 as integer |  |
| tb_meds_name2 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> tb_meds_total <br> If chosen $>1$ as integer |  |
| tb_meds_name3 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> tb_meds_total <br> If chosen >2 as integer |  |
| chronic_liver_diseas $e$ | Chronic Liver Disease |  |  |  |
| diagnosed_liver | Have you EVER been diagnosed with liver disease? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \text { [99] No response } \\ & \hline \end{aligned}$ |  |  |
| diagnosed_age_live $r$ | Age when diagnosed | [Integer] | Referring to question <br> Have you EVER been diagnosed <br> with liver disease? <br> diagnosed_liver <br> If chosen [1] <br> "yes" |  |
| note_133 | Please double-check the age | [Enumerator Note] | Referring to question Age when diagnosed diagnosed_age_liver If chosen $\leq 25$ as integer |  |
| liver_meds_any | Are you on regular medication for your liver condition? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with liver disease? <br> diagnosed_liver <br> If chosen [1] <br> "yes" |  |
| liver_meds_total | In total, how many medicines are you | [Integer] | Referring to question |  |


|  | currently taking for this condition? |  | Have you EVER been diagnosed with liver disease? <br> diagnosed_liver <br> If chosen [1] <br> "yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| liver_meds_name | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> liver_meds_total <br> If chosen >0 as integer |  |
| liver_meds_name2 | Medicine name | [Text] | Referring to question <br> In total, how many medicines <br> are you currently taking for this condition? <br> liver_meds_total <br> If chosen >1 as integer |  |
| liver_meds_name3 | Medicine name | [Text] | Referring to question <br> In total, how many medicines <br> are you currently taking for this <br> condition? <br> liver_meds_total <br> If chosen >2 as integer |  |
| chronic_kidney_dise ase | Chronic Kidney Diseas |  |  |  |
| diagnosed_kidney | Have you EVER been diagnosed with kidney disease? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| diagnosed_age_kid ney | Age when diagnosed | [Integer] | Referring to question <br> Have you EVER been diagnosed <br> with kidney disease? <br> diagnosed_kidney <br> If chosen [1] <br> "yes" |  |
| note_134 | Please double-check the age | [Enumerator Note] | Referring to question Age when diagnosed diagnosed_age_kidney If chosen $\leq 25$ as integer |  |
| kidney_meds_any | Are you on regular medication for your kidney condition? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with kidney disease? <br> diagnosed_kidney <br> If chosen [1] <br> "yes" |  |
| kidney_meds_total | In total, how many medicines are you currently taking for this condition? | [Integer] | Referring to question <br> Are you on regular medication <br> for your kidney condition? <br> kidney_meds_any <br> If chosen [1] <br> "yes" |  |
| kidney_meds_name | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> kidney_meds_total <br> If chosen >0 as integer |  |
| kidney_meds_name $2$ | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? |  |


|  |  |  | kidney_meds_total <br> If chosen >1 as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| kidney_meds_name $3$ | Medicine name | [Text] | Referring to question In total, how many medicines are you currently taking for this condition? <br> kidney_meds_total <br> If chosen >2 as integer |  |
| thyroid_problem | Thyroid Problem |  |  |  |
| diagnosed_thyroid | Have you EVER been diagnosed with a thyroid problem? | [1] Yes <br> [2] No <br> [99] No response |  | 30.7 |
| diagnosed_age_thyr oid | Age when diagnosed | [Integer] | Referring to question <br> Have you EVER been diagnosed <br> with a thyroid problem? <br> diagnosed_thyroid <br> If chosen [1] <br> "yes" | 30.7 |
| thyroid_meds_any | Are you on regular medication for your thyroid condition? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with a thyroid problem? <br> diagnosed_thyroid <br> If chosen [1] <br> "yes" |  |
| thyroid_meds_total | In total, how many medicines are you currently taking for this condition? | [Integer] | Referring to question <br> Are you on regular medication <br> for your thyroid condition? <br> thyroid_meds_any <br> If chosen [1] <br> "yes" |  |
| thyroid_meds_name | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> thyroid_meds_total <br> If chosen >0 as integer |  |
| thyroid_meds_name $2$ | Medicine name | [Text] | Referring to question In total, how many medicines are you currently taking for this condition? <br> thyroid_meds_total If chosen $>1$ as integer |  |
| thyroid_meds_name $3$ | Medicine name | [Text] | Referring to question In total, how many medicines are you currently taking for this condition? <br> thyroid_meds_total If chosen $>2$ as integer |  |
| peptic_ulcer | Peptic Ulcer |  |  |  |
| diagnosed_pepticulc er | Have you EVER been diagnosed with a peptic ulcer? |  |  |  |
| diagnosed_age_pep ticulcer | Age when diagnosed | [Integer] | Referring to question <br> Have you EVER been diagnosed <br> with a peptic ulcer? <br> diagnosed_pepticulcer <br> If chosen [1] <br> "yes" |  |


| ```pepticulcer_meds_a``` ny | Are you on regular medication for your peptic ulcer? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with a peptic ulcer? <br> diagnosed_pepticulcer <br> If chosen [1] <br> "yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| pepticulcer_meds_t <br> otal | In total, how many medicines are you currently taking for this condition? | [Integer] | Referring to question <br> Are you on regular medication for your peptic ulcer? pepticulcer_meds_any If chosen [1] "yes" |  |
| pepticulcer_meds_n ame | Medicine name | [Text] | Referring to question In total, how many medicines are you currently taking for this condition? <br> pepticulcer_meds_total <br> If chosen >0 as integer |  |
| pepticulcer_meds_n <br> ame2 | Medicine name | [Text] | Referring to question In total, how many medicines are you currently taking for this condition? <br> pepticulcer_meds_total <br> If chosen $>1$ as integer |  |
| pepticulcer_meds_n <br> ame3 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> pepticulcer_meds_total <br> If chosen >2 as integer |  |
| gastro_oesophageal _reflux | Gastro Oesophageal | ux Disease |  |  |
| diagnosed_gastrore flux | Have you EVER been diagnosed with gastro-oesophageal reflux disease? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| diagnosed_age_gas troreflux | Age when diagnosed | [Integer] | Referring to question <br> Have you EVER been diagnosed with gastro-oesophageal reflux disease? <br> diagnosed_gastroreflux <br> If chosen [1] <br> "yes" |  |
| gastroreflux_meds_ any | Are you on regular medication for your condition? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed with gastro-oesophageal reflux disease? <br> diagnosed_gastroreflux <br> If chosen [1] <br> "yes" |  |
| gastroreflux_meds_ total | In total, how many medicines are you currently taking for this condition? | [Integer] | Referring to question <br> Are you on regular medication for your condition gastroreflux_meds_any If chosen [1] "yes" |  |
| gastroreflux_meds_ name | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? |  |


|  |  |  | gastroreflux_meds_total If chosen $>0$ as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| gastroreflux_meds_ name2 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> gastroreflux_meds_total If chosen $>1$ as integer |  |
| gastroreflux_meds_ name3 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> gastroreflux_meds_total If chosen >2 as integer |  |
| cancer | Cancer |  |  |  |
| diagnosed_cancer | Have you EVER been diagnosed with cancer? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| diagnosed_type_can cer | Type of cancer | [Text] | Referring to question <br> Have you EVER been diagnosed <br> with cancer? <br> diagnosed_cancer <br> If chosen [1] <br> "yes" |  |
| diagnosed_age_can cer | Age when diagnosed | [Integer] | Referring to question <br> Have you EVER been diagnosed with cancer? <br> diagnosed_cancer <br> If chosen [1] <br> "yes" |  |
| cancer_meds_any | Are you on regular medication for your condition? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with cancer? <br> diagnosed_cancer <br> If chosen [1] <br> "yes" |  |
| cancer_meds_total | In total, how many medicines are you currently taking for this condition? | [Integer] | Referring to question <br> Are you on regular medication <br> for your condition? <br> cancer_meds_any <br> If chosen [1] <br> "yes" |  |
| cancer_meds_name | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> cancer_meds_total <br> If chosen >0 as integer |  |
| cancer_meds_name $2$ | Medicine name | [Text] | Referring to question <br> In total, how many medicines <br> are you currently taking for this condition? <br> cancer_meds_total <br> If chosen >1 as integer |  |
| cancer_meds_name 3 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> cancer_meds_total <br> If chosen $>2$ as integer |  |


| arthritis | Arthritis |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| diagnosed_arthritis | Have you EVER been diagnosed with arthritis (a disease of the joints, also known as rheumatism or osteoarthritis)? | [1] Yes <br> [2] No <br> [99] No response | Referring to question Participant age <br> (Age last birthday) <br> show_age <br> If chosen $\geq 45$ as interger |  |
| diagnosed_age_arth ritis | Age when diagnosed | [Integer] | Referring to question <br> Have you EVER been diagnosed with arthritis (a disease of the joints, also known as rheumatism or osteoarthritis)? diagnosed_arthritis If chosen [1] "yes" |  |
| note_136 | Please double-check the age | [Enumerator Note] | Referring to question Age when diagnosed If chosen $\leq 25$ as integer |  |
| arthritis_meds_any | Are you on regular medication for your arthritis? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed with arthritis (a disease of the joints, also known as rheumatism or osteoarthritis)? diagnosed_arthritis If chosen [1] "yes" |  |
| arthritis_meds_total | In total, how many medicines are you currently taking for this condition? | [Integer] | Referring to question <br> Are you on regular medication for your arthritis? <br> arthritis_meds_any <br> If chosen [1] "yes" |  |
| arthritis_meds_nam $e$ | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> arthritis_meds_total <br> If chosen $>0$ as integer |  |
| arthritis_meds_nam e2 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> arthritis_meds_total <br> If chosen $>1$ as integer |  |
| arthritis_meds_nam e3 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> arthritis_meds_total <br> If chosen $>2$ as integer |  |
| arthritis_meds_nam e4 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> arthritis_meds_total <br> If chosen $>3$ as integer |  |
| arthritis_meds_nam e5 | Medicine name | [Text] | Referring to question |  |


|  |  |  | In total, how many medicines are you currently taking for this condition? <br> arthritis_meds_total <br> If chosen >4 as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| arthritis_meds_nam e6 | Medicine name | [Text] | Referring to question <br> In total, how many medicines are you currently taking for this condition? <br> arthritis_meds_total <br> If chosen $>5$ as integer |  |
| otherconditions | Other conditions |  |  |  |
| Itc_other | Have you ever been diagnosed with any other long-term conditions that we haven't mentioned? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| Itc_other_list | Please list the conditions | [Text] | Referring to question <br> Have you ever been diagnosed <br> with any other long-term <br> conditions that we haven't <br> mentioned? <br> Itc_other <br> If chosen [1] <br> "Yes" |  |
| medicines | Medicines |  |  |  |
| meds_more | So you have told me you take \$\{meds_calc $\}$ medicines in total. Do you take any more medicines on a regular basis (at least once a week)? Please include inhalers, aerosols, injections, and AYUSH medicine | [1] Yes <br> [2] No <br> [99] No response |  |  |
| meds_number | How many additional medicines (not mentioned before) do you take on a regular basis? | [Integer] | Referring to question <br> So you have told me you take \$\{meds_calc\} medicines in total. <br> Do you take any more medicines on a regular basis (at least once a week)? Please include inhalers, aerosols, injections, and AYUSH medicine meds_more <br> If chosen [1] "Yes" |  |
| meds_name_pic | Please list the names of these | [Text] | Referring to question <br> So you have told me you take \$\{meds_calc\} medicines in total. <br> Do you take any more medicines on a regular basis (at least once a week)? Please include inhalers, aerosols, injections, and AYUSH medicine meds_more <br> If chosen [1] "Yes" |  |


| vit_consume | Do you take any vitamin or mineral supplements on a regular basis (at least once a week)? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| :---: | :---: | :---: | :---: | :---: |
| supp_number | How many supplements do you take? | [Integer] | Referring to question Do you take any vitamin or mineral supplements on a regular basis (at least once a week)? <br> vit_consume <br> If chosen 1 as integer |  |
| supp_name | Name | [Image] | Referring to question <br> How many supplements do you take? <br> supp_number <br> If chosen >0 as integer |  |
| supp_name_text | Enter medicine name if unable to take photo of label | [Text] | Referring to question <br> How many supplements do you take? <br> supp_number <br> If chosen >0 as integer |  |
| supp_name2 | Name | [Image] | Referring to question <br> How many supplements do you take? <br> supp_number <br> If chosen >1 as integer |  |
| supp_name2_text | Enter medicine name if unable to take photo of label | [Text] | Referring to question <br> How many supplements do you take? <br> supp_number <br> If chosen >1 as integer |  |
| supp_name3 | Name | [Image] | Referring to question <br> How many supplements do you take? <br> supp_number <br> If chosen >2 as integer |  |
| supp_name3_text | Enter medicine name if unable to take photo of label | [Text] | Referring to question <br> How many supplements do you take? <br> supp_number <br> If chosen >2 as integer |  |
| meds_calc_note | You told me you take \$\{meds_calc2\} medicines and supplements in total. |  | If total number of medications reported is 1 or more. |  |
| meds_cost | In total, how much did you pay for these medicines and health supplements out-ofpocket in the last 12 months? Please include any costs that were later reimbursed. | [Integer] | If meds_calc_note $>=0$ |  |
| meds_cost_reimb | How much of these costs were later reimbursed? E.g., from insurance or your employer | [Integer] | Referring to question <br> In total, how much did you pay for these medicines and health supplements out-of-pocket in the last 12 months? Please |  |


|  |  |  | include any costs that were later reimbursed. <br> meds_cost <br> If chosen $>0$ as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| meds_cost_reimb_s ource | Who reimbursed the costs? | [1] Health insurance <br> [2] Employer <br> [3] Other | Referring to question <br> How much of these costs were later reimbursed? E.g., from insurance or your employer meds_cost_reimb If chosen >0 as integer |  |
| meds_cost_source_i <br> nsur_oth | Please specify health insurance used. | [Text] | Referring to question Who reimbursed the costs? meds_cost_reimb_source If chosen [1] "Yes" |  |
| chronic_conditions | Chronic conditions |  |  |  |
| angina_note | Please note the following questions refer to symptoms in the past ONE YEAR | [Enumerator Note] |  |  |
| chest_discomfort_p <br> ain | Do you ever have any pain or discomfort in your chest? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| chest_uphill | Do you get it when you walk uphill or hurry? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Do you ever have any pain or discomfort in your chest? <br> chest_discomfort_pain <br> If chosen [1] <br> "Yes" |  |
| chest_ordinary | Do you get it when you walk at an ordinary pace on the level? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Do you ever have any pain or discomfort in your chest? <br> chest_discomfort_pain <br> If chosen [1] <br> "Yes" |  |
| chest_remedy_walki $n g$ | What do you do if you get it while you are walking? | [1] Stop/ slow down <br> [2] Carry on <br> [99] No response | Referring to question <br> Do you ever have any pain or discomfort in your chest? <br> chest_discomfort_pain <br> If chosen [1] <br> "Yes" |  |
| chest_standing_still | If you are standing still, what happens to it? | [1] Relieved <br> [2] Not relieved <br> [99] No response | Referring to question Do you ever have any pain or discomfort in your chest? chest_discomfort_pain If chosen [1] "Yes" |  |
| chest_standing_still _time | How soon? | [1] 10 minutes or less <br> [2] Over 10 minutes <br> [99] No response | Referring to question <br> If you are standing still, what happens to it? <br> chest_standing_still <br> If chosen [1] "Yes" |  |
| location_discomfort _pain | Will you show me where it is (record all places)? | [1] 1 <br> [2] 2 <br> [3] 3 <br> [4] 4 <br> [5] 5 <br> [6] 6 <br> [7] 7 | Referring to question <br> Do you ever have any pain or discomfort in your chest? <br> chest_discomfort_pain <br> If chosen [1] <br> "Yes" |  |


|  |  | $\begin{aligned} & \hline[8] 8 \\ & {[9] 9} \\ & {[10] 10} \\ & \text { [11] } 11 \\ & {[12] 12} \\ & {[13] 13} \\ & {[14] 14} \\ & {[15] 15} \\ & {[16] 16} \\ & {[17] 17} \\ & {[18] 18} \end{aligned}$ |  |  |
| :---: | :---: | :---: | :---: | :---: |
| tb_note | Please note the follow | questions refer to |  |  |
| $t b \_c o u g h$ | Do you have a persistent cough that has lasted for 2 weeks or more? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| tb_fever | Do you currently have a fever that has lasted for 2 weeks or more? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| nightsweats | Do you currently have drenching night sweats (so that you have to change your bedclothes)? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| tb_blood | Do you currently cough up blood? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| tb_weightloss | Have you experienced considerable weight loss (10lb/4.5kg or more of bodyweight) over a period of 6 months to 1 year? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| tb_noterefer | The respondent has screened positive for potential TB. | [Enumerator Note] | Referring to question <br> Do you have a persistent cough that has lasted for 2 weeks or more? <br> tb_cough <br> or <br> Do you currently have a fever that has lasted for 2 weeks or more? <br> tb_fever <br> or <br> Have you experienced <br> considerable weight loss <br> (10lb/4.5kg or more of <br> bodyweight) over a period of 6 <br> months to 1 year? <br> tb_weightloss <br> or <br> Do you currently have drenching night sweats (so that you have to change your bedclothes)? <br> Nightsweats <br> Or <br> Do you currently cough up <br> blood? <br> tb_blood <br> If chosen [1] |  |


|  |  |  | "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| copd_note | Please note the following questions refer to symptoms in the past ONE YEAR |  | Referring to question Participant age <br> (Age last birthday) <br> show_age <br> If chosen $\geq 45$ as integer |  |
| copd_cough_phleg m_mucus | How often do you cough up mucus or phlegm? | [1] Never <br> [2] Rarely <br> [3] Sometimes <br> [4] Often <br> [5] Very often <br> [99] No response | Referring to question Participant age <br> (Age last birthday) <br> show_age <br> If chosen $\geq 45$ as integer |  |
| copd_chest_noisy_b reathe | How often does your chest sound noisy (wheezy, whistling, rattling) when you breathe? | [1] Never <br> [2] Rarely <br> [3] Sometimes <br> [4] Often <br> [5] Very often <br> [99] No response | Referring to question Participant age <br> (Age last birthday) <br> show_age <br> If chosen $\geq 45$ as integer |  |
| copd_sob | How often do you experience shortness of breath during physical activity (walking up a flight of stairs or walking up an incline without stopping to rest)? | [1] Never <br> [2] Rarely <br> [3] Sometimes <br> [4] Often <br> [5] Very often [99] No response | Referring to question Participant age <br> (Age last birthday) <br> show_age <br> If chosen $\geq 45$ as integer |  |
| stroke_note | Please note the follow have EVER occurred | questions refer to symptoms that | Referring to question <br> Have you EVER been diagnosed with stroke (paralytic attack)? diagnosed_stroke <br> and <br> Participant age <br> (Age last birthday) <br> show_age <br> If chosen [2] or [99] <br> "No" or "No response" <br> And <br> If chosen $\geq 45$ as integer |  |
| stroke_paralysis | Have you ever suffered from sudden onset of paralysis or weakness in your arms or legs on one side of your body for more than $\mathbf{2 4}$ hours? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with stroke (paralytic attack)? <br> diagnosed_stroke <br> and <br> Participant age <br> (Age last birthday) <br> show_age <br> If chosen [2] or [99] <br> "No" or "No response" <br> And <br> If chosen $\geq 45$ as integer |  |
| stroke_numbness | Have you ever suffered from sudden onset of numbness in your arms or legs on one side of your body for more than 24 hours? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed with stroke (paralytic attack)? diagnosed_stroke and <br> Participant age <br> (Age last birthday) <br> show_age <br> If chosen [2] or [99] |  |

$\left.\begin{array}{|l|l|l|l|l|}\hline & & & \begin{array}{l}\text { "No" or "No response" } \\ \text { And }\end{array} \\ \text { If chosen } 245 \text { as integer }\end{array}\right]$

|  | breath after exercise in the last 12 months? | [3] Don't know [99] No response | or <br> Have you EVER been diagnosed with asthma, asthmatic bronchitis or allergic bronchitis? Including as a child or young adult diagnosed_asthma If chosen [2] or [99] <br> "No" or "No response" <br> Or <br> [2] or [99] <br> "No" or "No response" |  |
| :---: | :---: | :---: | :---: | :---: |
| asthma_rest_sob | Have you had an attack of shortness of breath that came on during the day when you were at rest at any time in the last 12 months? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Do you still have asthma? <br> asthma_still <br> or <br> Have you EVER been diagnosed <br> with asthma, asthmatic <br> bronchitis or allergic bronchitis? <br> Including as a child or young <br> adult <br> diagnosed_asthma <br> If chosen [2] or [99] <br> "No" or "No response" <br> Or <br> [2] or [99] <br> "No" or "No response" |  |
| asthma_wake_tight | Have you woken up with the feeling of tightness in your chest at any time in the last 12 months? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Do you still have asthma? <br> asthma_still <br> or <br> Have you EVER been diagnosed <br> with asthma, asthmatic <br> bronchitis or allergic bronchitis? <br> Including as a child or young <br> adult <br> diagnosed_asthma <br> If chosen [2] or [99] <br> "No" or "No response" <br> Or <br> [2] or [99] <br> "No" or "No response" |  |
| asthma_wake_sob | Have you woken up by an attack of shortness of breath at any time in the last 12 months? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Do you still have asthma? <br> asthma_still <br> or <br> Have you EVER been diagnosed <br> with asthma, asthmatic <br> bronchitis or allergic bronchitis? <br> Including as a child or young <br> adult <br> diagnosed_asthma <br> If chosen [2] or [99] <br> "No" or "No response" <br> Or <br> [2] or [99] <br> "No" or "No response" |  |
| asthma_wake_coug h | Have you been woken up by an attack of coughing at any time in the last 12 months? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question Do you still have asthma? asthma_still or |  |


|  |  |  | Have you EVER been diagnosed with asthma, asthmatic bronchitis or allergic bronchitis? Including as a child or young adult diagnosed_asthma If chosen [2] or [99] <br> "No" or "No response" <br> Or <br> [2] or [99] <br> "No" or "No response" |  |
| :---: | :---: | :---: | :---: | :---: |
| asthma_dry_cough | In the last 12 months, have you had a dry cough during the night, apart from a cough associated with a cold or a chest infection? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Do you still have asthma? <br> asthma_still <br> or <br> Have you EVER been diagnosed <br> with asthma, asthmatic <br> bronchitis or allergic bronchitis? <br> Including as a child or young <br> adult <br> diagnosed_asthma <br> If chosen [2] or [99] <br> "No" or "No response" <br> Or <br> [2] or [99] <br> "No" or "No response" |  |
| asthma_phlegm | Did you have phlegm when coughing for at least 3 months in the last year? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Do you still have asthma? <br> asthma_still <br> or <br> Have you EVER been diagnosed <br> with asthma, asthmatic <br> bronchitis or allergic bronchitis? <br> Including as a child or young <br> adult <br> diagnosed_asthma <br> If chosen [2] or [99] <br> "No" or "No response" <br> Or <br> [2] or [99] <br> "No" or "No response" |  |
| arthritis_note | Please note the follow the past ONE YEAR | questions refer to symptoms in | Referring to question <br> Have you EVER been diagnosed with arthritis (a disease of the joints, also known as rheumatism or osteoarthritis)? diagnosed_arthritis <br> And <br> Participant age <br> (Age last birthday) <br> show_age <br> If chosen [2] or [99] <br> "No" or "No response" <br> And <br> If chosen $\geq 45$ as integer |  |
| arthritis_swell | During the last 12 months, have you experienced, pain, aching, stiffness or swelling in or around the joints (like arms, | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed with arthritis (a disease of the joints, also known as rheumatism or osteoarthritis)? diagnosed_arthritis |  |


|  | hands, legs or feet) which were not related to an injury and lasted for more than a month? |  | And <br> Participant age <br> (Age last birthday) <br> show_age <br> If chosen [2] or [99] <br> "No" or "No response" <br> And <br> If chosen $\geq 45$ as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| arthritis_morning | During the last 12 months, have you experienced stiffness in the joint in the morning after getting up from bed, or after a long rest of the joint without movement? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed with arthritis (a disease of the joints, also known as rheumatism or osteoarthritis)? diagnosed_arthritis <br> And <br> Participant age <br> (Age last birthday) <br> show_age <br> If chosen [2] or [99] <br> "No" or "No response" <br> And <br> If chosen $\geq 45$ as integer |  |
| arthritis_stiff_time | How long did this stiffness last? | [1] About 30 minutes or less [2] More than 30 minutes [99] No response | Referring to question <br> During the last 12 months, have you experienced stiffness in the joint in the morning after getting up from bed, or after a long rest of the joint without movement? arthritis_morning <br> If chosen [1] "Yes" |  |
| arthritis_stiff_exerci se | Did this stiffness go away after exercise or movement in the joint? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> During the last 12 months, have you experienced stiffness in the joint in the morning after getting up from bed, or after a long rest of the joint without movement? arthritis_morning <br> If chosen [1] "Yes" |  |
| dental_note | Please note the follow | uestions refer to symptoms in the | t ONE YEAR |  |
| note_44 | Now, I have some qu | s about your oral (dental) heal |  |  |
| dental_problems | In the last 12 months, have you ever been diagnosed with or suffered from any of the following oral problem(s)? | [1] Painful teeth <br> [2] Ulcers lasting more than 2 weeks <br> [3] Bleeding gums <br> [4] Swelling gums <br> [5] Loose teeth <br> [6] Dental cavity/caries <br> [7] Soreness or cracks in corner of mouth <br> [8] Other <br> [9] None <br> [99] No response |  |  |
| dental_problems_ot her | Please specify | [Text] | Referring to question <br> In the last $\mathbf{1 2}$ months, have you ever been diagnosed with or suffered from any of the following oral problem(s)? dental_problems |  |


|  |  |  | If chosen [8] "Other" |  |
| :---: | :---: | :---: | :---: | :---: |
| gord_note | Please note the follow the past ONE YEAR | questions refer to symptoms in | Referring to question <br> Have you EVER been diagnosed with gastro-oesophageal reflux disease? <br> diagnosed_gastroreflux <br> If chosen [2] or [99] <br> "No" or "No response" |  |
| gord_burn | Do you ever feel a sensation of burning in the chest? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you EVER been diagnosed <br> with gastro-oesophageal reflux <br> disease? <br> diagnosed_gastroreflux <br> If chosen [2] or [99] <br> "No" or "No response" |  |
| gord_burn_long | For how long have you experienced this feeling? | [1] Less than one month <br> [2] One month or more <br> [99] No response | Referring to question <br> Do you ever feel a sensation of burning in the chest? <br> gord_burn <br> If chosen [1] <br> "Yes" |  |
| gord_burn_freq | How often do you experience this feeling? | [1] Daily <br> [2] Weekly <br> [3] Less than weekly <br> [99] No response | Referring to question <br> Do you ever feel a sensation of burning in the chest? <br> gord_burn <br> If chosen [1] <br> "Yes" |  |
| gord_regurg | Do you ever have a feeling of sour food/liquid coming into your throat? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Have you EVER been diagnosed with gastro-oesophageal reflux disease? <br> diagnosed_gastroreflux <br> If chosen [2] or [99] <br> "No" or "No response" |  |
| gord_regurg_long | For how long have you experienced this feeling? | [1] Less than one month <br> [2] One month or more [99] No response | Referring to question <br> Do you ever have a feeling of sour food/liquid coming into your throat? <br> gord_regurg <br> If chosen [1] <br> "Yes" |  |
| gord_regurg_freq | How often do you experience this feeling? | [1] Daily <br> [2] Weekly <br> [3] Less than weekly [99] No response | Referring to question <br> Do you ever have a feeling of sour food/liquid coming into your throat? <br> gord_regurg <br> If chosen [1] <br> "Yes" |  |
| painq2 | Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| pain_response | In the last 3 months have you experienced pain or discomfort in any of the following areas? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? |  |


|  |  |  | painq2 <br> If chosen [1] <br> "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| pain_all | Pain all over the body | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] <br> "Yes" |  |
| head | Head (e.g., headaches, migraines) | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] <br> "Yes" |  |
| pain_face | Face | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] <br> "Yes" |  |
| pain_neck | Neck or shoulders | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] <br> "Yes" |  |
| pain_back | Back | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] <br> "Yes" |  |
| pain_back_type | Site of back pain (select all) | [1] Lower <br> [2] Upper | Required; coding error; correction of data in process. |  |
| pain_stomach | Stomach or abdomen | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] <br> "Yes" |  |
| pain_hips | Hips | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 If chosen [1] |  |


|  |  |  | "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| pain_knees | Knees | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] "Yes" |  |
| pain_arms | Arms | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] "Yes" |  |
| pain_hands | Hands | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] "Yes" |  |
| pain_feet | Feet | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] "Yes" |  |
| pain_feet_both | Is the pain present in both your feet? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Feet <br> pain_feet <br> If chosen [1] <br> "Yes" |  |
| pain_legs | Legs | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] "Yes" |  |
| pain_chest | Chest | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 <br> If chosen [1] "Yes" |  |
| pain_other | Do you experience pain in any other sites? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Are you troubled by pain or discomfort, either all the time or on and off, that has been present for more than 3 months? painq2 |  |


|  |  |  | $\begin{aligned} & \text { If chosen [1] } \\ & \text { "Yes" } \end{aligned}$ |  |
| :---: | :---: | :---: | :---: | :---: |
| pain_other_specify | Please specify the site | [Text] | Referring to question <br> Do you experience pain in any other sites? <br> pain_other <br> If chosen [1] <br> "Yes" |  |
| pain_bothered | Which one of the pains you have experienced in the last 3 months has bothered you most? | [1] All over the body <br> [2] Head <br> [3] Face <br> [4] Neck or shoulders <br> [5] Upper back <br> [6] Lower back <br> [7] Back <br> [8] Stomach or abdomen <br> [9] Hips <br> [10] Knees <br> [11] Arms <br> [12] Hands <br> [13] Feet <br> [14] Legs <br> [15] Chest <br> [16] Other <br> [99] No response | Only asked if total number of pains reported is greater than 0 |  |
| hypo_note | Please note the following questions refer to symptoms in the past ONE YEAR |  |  |  |
| hypo_sympt | Have you noticed any of the following symptoms? | [1] Reduced sweating (e.g. even on a hot day) <br> [2] Hoarse voice (e.g. when speaking or singing) <br> [3] Tingling or prickling sensations (pins and needles) <br> [4] Dry skin (without another clear cause) <br> [5] Constipation (e.g., need for laxatives) <br> [6] Hearing getting worse <br> [7] Increase in weight (e.g. clothes became too tight) <br> [8] No Symptoms <br> [99] No response |  |  |
| goitre_visible | Participant has a swelling in the neck that is clearly visible when the neck is in a normal position. | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  |  |
| goitre_visible_move | Participant's swelling moves when they swallow. | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Participant has a swelling in the neck that is clearly visible when the neck is in a normal position. <br> goitre_visible <br> If chosen [1] <br> "Yes" |  |
| goitre_extend | Participant has a swelling in the neck that is visible when neck is extended | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Participant has a swelling in the neck that is clearly visible when the neck is in a normal position. <br> goitre_visible <br> If chosen [2] <br> "No" |  |


| goitre_extend_mov e | Participant's swelling moves when they swallow. | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Participant has a swelling in the neck that is visible when neck is extended goitre_extend <br> If chosen [1] "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| goitre_note | I have observed a potential swelling in your neck, I recommend that you visit your PHC to have this checked. |  | Referring to question <br> Participant has a swelling in the neck that is clearly visible when the neck is in a normal position. goitre_visible Or <br> Participant has a swelling in the neck that is visible when neck is extended <br> goitre_extend <br> If chosen [1] or [1] <br> "Yes" or "Yes" |  |
| covid_pos | Have you ever tested positive or been diagnosed with COVID-19? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| covid_pos_no | How many times have you had COVID-19 (tested positive or diagnosed)? | [Integer] | Referring to question <br> Have you ever tested positive or been diagnosed with COVID-19? <br> covid_pos <br> If chosen [1] or [1] <br> "Yes" |  |
| covid_pos1_intro | I'm now going to ask about your first COVID-19 illness. | [Enumerator Note] | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen $>1$ as integer |  |
| covid_pos1_date | When did you first test positive/get diagnosed? | [Date] | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen >0 as integer |  |
| covid_pos1_test | Did you have a positive test? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen $>0$ as integer |  |
| covid_pos1_any_sy mpt | Did you experience any symptoms during this illness? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen $>0$ as integer |  |
| covid_pos1_list_sym pt | Did you experience any of the following symptoms? | [1] Fever <br> [2] Headache <br> [3] Muscle ache <br> [4] Weakness/tiredness <br> [5] Nausea/vomiting <br> [6] Abdominal pain <br> [7] Diarrhoea | Referring to question <br> Did you experience any symptoms during this illness? covid_pos1_any_sympt <br> If chosen [1] <br> "Yes" |  |


|  |  | [8] Constipation <br> [9] Loss of appetite <br> [10] Loss of taste <br> [11] Loss of smell <br> [12] Sore throat <br> [13] Cough <br> [14] Shortness of breath <br> [15] Chest pain <br> [16] Palpitations <br> [17] Vertigo/dizziness <br> [18] Worry/anxiety <br> [19] Low mood/not enjoying anything <br> [20] Trouble sleeping <br> [21] Memory loss of confusion <br> [22] Difficulty concentrating <br> [23] None of the above <br> [99] No response |  |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_pos1_list_fev er | From the start of your symptoms/positive test, for many weeks did you experience fever? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [1] <br> "Fever" |  |
| covid_pos1_list_hea dache | From the start of your symptoms/positive test, for many weeks did you experience headache? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [2] <br> "Headache" |  |
| covid_pos1_list_mus cle | From the start of your symptoms/positive test, for many weeks did you experience muscle ache? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [3] <br> "Muscle ache" |  |
| covid_pos1_list_tire dness | From the start of your symptoms/positive test, for many weeks did you experience weakness/tiredness? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [4] <br> "Weakness/tiredness" |  |
| covid_pos1_list_vo miting | From the start of your symptoms/positive test, for many weeks did you experience nausea/vomiting? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [5] <br> "Nausea/vomiting" |  |
| ```covid_pos1_list_abp ain``` | From the start of your symptoms/positive test, for many weeks did you experience abdominal pain? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [6] <br> "Abdominal pain" |  |
| covid_pos1_list_diar rhoea | From the start of your symptoms/positive test, for many weeks did you experience diarrhoea? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [7] <br> "Diarrhoea" |  |


| covid_pos1_list_con stipation | From the start of your symptoms/positive test, for many weeks did you experience constipation? | [Integer] | Referring to question Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [8] <br> "Constipation" |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_pos1_list_app etite | From the start of your symptoms/positive test, for many weeks did you experience loss of appetite? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [9] <br> "Loss of appetite" |  |
| covid_pos1_list_tast <br> e | From the start of your symptoms/positive test, for many weeks did you experience loss of taste? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [10] <br> "Loss of taste" |  |
| covid_pos1_list_sme II | From the start of your symptoms/positive test, for many weeks did you experience loss of smell? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [11] <br> "Loss of smell" |  |
| covid_pos1_list_thr oat | From the start of your symptoms/positive test, for many weeks did you experience sore throat? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [12] <br> "Sore throat" |  |
| ```covid_pos1_list_cou gh``` | From the start of your symptoms/positive test, for many weeks did you experience cough? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [13] <br> "Cough" |  |
| covid_pos1_list_bre ath | From the start of your symptoms/positive test, for many weeks did you experience shortness of breath? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [14] <br> "Shortness of breath" |  |
| covid_pos1_list_che stpain | From the start of your symptoms/positive test, for many weeks did you experience chest pain? | [Integer] | Referring to question Did you experience any of the following symptoms? covid_pos1_list_sympt If chosen [15] "Chest pain" |  |
| covid_pos1_list_pal pitations | From the start of your symptoms/positive test, for many weeks did you experience palpitations? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [16] <br> "Palpitations" |  |
| covid_pos1_list_dizz iness | From the start of your symptoms/positive test, for many weeks did you experience vertigo/dizziness? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [17] <br> "Vertigo/dizziness" |  |


| covid_pos1_list_anx iety | From the start of your symptoms/positive test, for many weeks did you experience worry/anxiety? | [Integer] | Referring to question Did you experience any of the following symptoms? covid_pos1_list_sympt If chosen [18] "Worry/anxiety" |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_pos1_list_any <br> thing | From the start of your symptoms/positive test, for many weeks did you experience low mood/not enjoying anything? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [19] <br> "Low mood/not enjoying anything" |  |
| covid_pos1_list_slee ping | From the start of your symptoms/positive test, for many weeks did you experience trouble sleeping? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [20] <br> "Trouble sleeping" |  |
| covid_pos1_list_con fusion | From the start of your symptoms/positive test, for many weeks did you experience memory loss or confusion? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [21] <br> "Memory loss of confusion" |  |
| covid_pos1_list_con centrating | From the start of your symptoms/positive test, for many weeks did you experience difficulty concentrating? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos1_list_sympt <br> If chosen [22] <br> "Difficulty concentration" |  |
| covid_pos1_hosp | Were you hospitalised when you had COVID19 (spent one or more nights in hospital?) | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen $>0$ as integer |  |
| covid_pos1_hosp_ox ygen | Did you receive noninvasive oxygen therapy (oxygen delivered through a mask) while in hospital? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Were you hospitalised when you <br> had COVID-19 (spent one or <br> more nights in hospital?) <br> covid_pos1_hosp <br> If chosen [1] <br> "Yes" |  |
| $\begin{aligned} & \text { covid_pos1_hosp_ve } \\ & \text { nt } \end{aligned}$ | Did you receive ventilation (machine that breathes for you) while in hospital? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Were you hospitalised when you <br> had COVID-19 (spent one or <br> more nights in hospital?) <br> covid_pos1_hosp <br> If chosen [1] <br> "Yes" |  |
| covid_pos2_intro | I'm now going to ask a | ut your second COVID-19 illness. | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen $>1$ as integer |  |
| covid_pos2_date | When did you first test positive/get diagnosed? | [Date] | Referring to question |  |


|  |  |  | How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen >1 as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_pos2_test | Did you have a positive test? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen >1 as integer |  |
| covid_pos2_any_sy mpt | Did you experience any symptoms during this illness? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen >1 as integer |  |
| covid_pos2_list_sym pt | Did you experience any of the following symptoms? | [1] Fever <br> [2] Headache <br> [3] Muscle ache <br> [4] Weakness/tiredness <br> [5] Nausea/vomiting <br> [6] Abdominal pain <br> [7] Diarrhoea <br> [8] Constipation <br> [9] Loss of appetite <br> [10] Loss of taste <br> [11] Loss of smell <br> [12] Sore throat <br> [13] Cough <br> [14] Shortness of breath <br> [15] Chest pain <br> [16] Palpitations <br> [17] Vertigo/dizziness <br> [18] Worry/anxiety <br> [19] Low mood/not enjoying <br> anything <br> [20] Trouble sleeping <br> [21] Memory loss of confusion <br> [22] Difficulty concentrating <br> [23] None of the above <br> [99] No response | Referring to question <br> Did you experience any symptoms during this illness? <br> covid_pos2_any_sympt <br> If chosen [1] <br> "Yes" |  |
| covid_pos2_list_fev er | From the start of your symptoms/positive test, for many weeks did you experience fever? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [1] <br> "Fever" |  |
| covid_pos2_list_hea dache | From the start of your symptoms/positive test, for many weeks did you experience headache? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [2] <br> "Headache" |  |
| covid_pos2_list_mus cle | From the start of your symptoms/positive test, for many weeks did you experience muscle ache? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [3] <br> "Muscle ache" |  |


| covid_pos2_list_tire dness | From the start of your symptoms/positive test, for many weeks did you experience weakness/tiredness? | [Integer] | Referring to question Did you experience any of the following symptoms? covid_pos2_list_sympt if chosen [4] "Weakness/tiredness" |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_pos2_list_vo miting | From the start of your symptoms/positive test, for many weeks did you experience nausea/vomiting? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [5] <br> "Nausea/vomiting" |  |
| ```covid_pos2_list_abp ain``` | From the start of your symptoms/positive test, for many weeks did you experience abdominal pain? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [6] <br> "Abdominal pain" |  |
| covid_pos2_list_diar rhoea | From the start of your symptoms/positive test, for many weeks did you experience diarrhoea? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [7] <br> "Diarrhoea" |  |
| covid_pos2_list_con stipation | From the start of your symptoms/positive test, for many weeks did you experience constipation? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [8] <br> "Constipation" |  |
| covid_pos2_list_app etite | From the start of your symptoms/positive test, for many weeks did you experience loss of appetite? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [9] <br> "Loss of appetite" |  |
| covid_pos2_list_tast <br> $e$ | From the start of your symptoms/positive test, for many weeks did you experience loss of taste? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [10] <br> "Loss of taste" |  |
| covid_pos2_list_sme II | From the start of your symptoms/positive test, for many weeks did you experience loss of smell? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [11] <br> "Loss of smell" |  |
| covid_pos2_list_thr oat | From the start of your symptoms/positive test, for many weeks did you experience sore throat? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [12] <br> "Sore throat" |  |
| ```covid_pos2_list_cou gh``` | From the start of your symptoms/positive test, for many weeks did you experience cough? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [13] <br> "Cough" |  |


| covid_pos2_list_bre ath | From the start of your symptoms/positive test, for many weeks did you experience shortness of breath? | [Integer] | Referring to question Did you experience any of the following symptoms? <br> covid_pos2_list_sympt if chosen [14] <br> "Shortness of breath" |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_pos2_list_che stpain | From the start of your symptoms/positive test, for many weeks did you experience chest pain? | [Integer] | Referring to question Did you experience any of the following symptoms? covid_pos2_list_sympt if chosen [15] "Chest pain" |  |
| covid_pos2_list_pal pitations | From the start of your symptoms/positive test, for many weeks did you experience palpitations? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [16] <br> "Palpitations" |  |
| covid_pos2_list_dizz iness | From the start of your symptoms/positive test, for many weeks did you experience vertigo/dizziness? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [17] <br> "Vertigo/dizziness" |  |
| covid_pos2_list_anx iety | From the start of your symptoms/positive test, for many weeks did you experience worry/anxiety? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [18] <br> "Worry/anxiety" |  |
| covid_pos2_list_any thing | From the start of your symptoms/positive test, for many weeks did you experience low mood/not enjoying anything? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [19] <br> "Low mood/not enjoying anything" |  |
| covid_pos2_list_slee ping | From the start of your symptoms/positive test, for many weeks did you experience trouble sleeping? | [Integer] | Referring to question <br> Did you experience any of the <br> following symptoms? <br> covid_pos2_list_sympt <br> if chosen [20] <br> "Trouble sleeping" |  |
| covid_pos2_list_con fusion | From the start of your symptoms/positive test, for many weeks did you experience memory loss or confusion? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [21] <br> "Memory loss of confusion" |  |
| covid_pos2_list_con centrating | From the start of your symptoms/positive test, for many weeks did you experience difficulty concentrating? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos2_list_sympt <br> if chosen [22] <br> "Difficulty concentrating" |  |
| covid_pos2_hosp | Were you hospitalised when you had COVID19 (spent one or more nights in hospital?) | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no |  |


|  |  |  | If chosen >1 as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_pos2_hosp_ox ygen | Did you receive noninvasive oxygen therapy (oxygen delivered through a mask) while in hospital? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Were you hospitalised when you had COVID-19 (spent one or more nights in hospital?) <br> covid_pos2_hosp <br> if chosen [1] <br> "Yes" |  |
| ```covid_pos2_hosp_ve nt``` | Did you receive ventilation (machine that breathes for you) while in hospital? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Were you hospitalised when you had COVID-19 (spent one or more nights in hospital?) covid_pos2_hosp if chosen [1] "Yes" |  |
| covid_pos3_intro | I'm now going to ask about your third COVID-19 illness. | [Enumerator Note] | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen >2 as integer |  |
| covid_pos3_date | When did you first test positive/get diagnosed? | [Date] | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen >2 as integer |  |
| covid_pos3_test | Did you have a positive test? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen $>2$ as integer |  |
| covid_pos3_any_sy mpt | Did you experience any symptoms during this illness? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen $>2$ as integer |  |
| covid_pos3_list_sym pt | Did you experience any of the following symptoms? | [1] Fever <br> [2] Headache <br> [3] Muscle ache <br> [4] Weakness/tiredness <br> [5] Nausea/vomiting <br> [6] Abdominal pain <br> [7] Diarrhoea <br> [8] Constipation <br> [9] Loss of appetite <br> [10] Loss of taste <br> [11] Loss of smell <br> [12] Sore throat <br> [13] Cough <br> [14] Shortness of breath <br> [15] Chest pain <br> [16] Palpitations <br> [17] Vertigo/dizziness <br> [18] Worry/anxiety <br> [19] Low mood/not enjoying anything <br> [20] Trouble sleeping | Referring to question <br> Did you experience any symptoms during this illness? <br> covid_pos3_any_sympt <br> If chosen [1] <br> "Yes" |  |


|  |  | [21] Memory loss of confusion <br> [22] Difficulty concentrating <br> [23] None of the above <br> [99] No response |  |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_pos3_list_fev er | From the start of your symptoms/positive test, for many weeks did you experience fever? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> if chosen [1] <br> "Fever" |  |
| covid_pos3_list_hea dache | From the start of your symptoms/positive test, for many weeks did you experience headache? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [2] <br> "Headache" |  |
| covid_pos3_list_mus cle | From the start of your symptoms/positive test, for many weeks did you experience muscle ache? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [3] <br> "Muscle aches" |  |
| covid_pos3_list_tire dness | From the start of your symptoms/positive test, for many weeks did you experience weakness/tiredness? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [4] <br> "Weakness/tiredness" |  |
| covid_pos3_list_vo miting | From the start of your symptoms/positive test, for many weeks did you experience nausea/vomiting? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [5] <br> "Nausea/vomiting" |  |
| covid_pos3_list_abp ain | From the start of your symptoms/positive test, for many weeks did you experience abdominal pain? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [6] <br> "Abdominal pain" |  |
| covid_pos3_list_diar rhoea | From the start of your symptoms/positive test, for many weeks did you experience diarrhoea? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? covid_pos3_list_sympt <br> If chosen [7] <br> "Diarrhoea" |  |
| covid_pos3_list_con stipation | From the start of your symptoms/positive test, for many weeks did you experience constipation? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [8] <br> "Constipation" |  |
| covid_pos3_list_app etite | From the start of your symptoms/positive test, for many weeks did you experience loss of appetite? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [9] <br> "Loss of appetite" |  |


| covid_pos3_list_tast e | From the start of your symptoms/positive test, for many weeks did you experience loss of taste? | [Integer] | Referring to question Did you experience any of the following symptoms? covid_pos3_list_sympt If chosen [10] "Loss of taste" |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_pos3_list_sme II | From the start of your symptoms/positive test, for many weeks did you experience loss of smell? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [11] <br> "Loss of smell" |  |
| covid_pos3_list_thr oat | From the start of your symptoms/positive test, for many weeks did you experience sore throat? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [12] <br> "Sore throat" |  |
| covid_pos3_list_cou gh | From the start of your symptoms/positive test, for many weeks did you experience cough? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [13] <br> "Cough" |  |
| covid_pos3_list_bre ath | From the start of your symptoms/positive test, for many weeks did you experience shortness of breath? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [14] <br> "Shortness of breath" |  |
| covid_pos3_list_che stpain | From the start of your symptoms/positive test, for many weeks did you experience chest pain? | [Integer] | Referring to question Did you experience any of the following symptoms? covid_pos3_list_sympt If chosen [15] "Chest pain" |  |
| covid_pos3_list_pal pitations | From the start of your symptoms/positive test, for many weeks did you experience palpitations? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [16] <br> "Palpitations" |  |
| covid_pos3_list_dizz iness | From the start of your symptoms/positive test, for many weeks did you experience vertigo/dizziness? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [17] <br> "Vertigo/dizziness" |  |
| covid_pos3_list_anx iety | From the start of your symptoms/positive test, for many weeks did you experience worry/anxiety? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [18] <br> "Worry/anxiety" |  |
| covid_pos3_list_any thing | From the start of your symptoms/positive test, for many weeks did you experience low mood/not enjoying anything? | [Integer] | Referring to question Did you experience any of the following symptoms? covid_pos3_list_sympt If chosen [19] |  |


|  |  |  | "Low mood/not enjoying anything" |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_pos3_list_slee ping | From the start of your symptoms/positive test, for many weeks did you experience trouble sleeping? | [Integer] | Referring to question Did you experience any of the following symptoms? covid_pos3_list_sympt If chosen [20] "Trouble sleeping" |  |
| covid_pos3_list_con fusion | From the start of your symptoms/positive test, for many weeks did you experience memory loss or confusion? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [21] <br> "Memory loss of confusion" |  |
| covid_pos3_list_con centrating | From the start of your symptoms/positive test, for many weeks did you experience difficulty concentrating? | [Integer] | Referring to question <br> Did you experience any of the following symptoms? <br> covid_pos3_list_sympt <br> If chosen [22] <br> "Difficulty concentrating" |  |
| covid_pos3_hosp | Were you hospitalised when you had COVID19 (spent one or more nights in hospital?) | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen >2 as integer |  |
| covid_pos3_hosp_ox ygen | Did you receive noninvasive oxygen therapy (oxygen delivered through a mask) while in hospital? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Were you hospitalised when you <br> had COVID-19 (spent one or <br> more nights in hospital?) <br> covid_pos3_hosp <br> If chosen [1] <br> "Yes" |  |
| covid_pos3_hosp_ve nt | Did you receive ventilation (machine that breathes for you) while in hospital? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Were you hospitalised when you <br> had COVID-19 (spent one or <br> more nights in hospital?) <br> covid_pos3_hosp <br> If chosen [1] <br> "Yes" |  |
| covid_fever | (Apart from any symptoms related to COVID-19 illness that you have already described), have you had any illness in which you had new onset of fever AND cough in the past 6 months? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| covid_fever_no | How many times have you had an illness with a new onset of fever AND cough in the past 6 months? | [Integer] | Referring to question <br> (Apart from any symptoms related to COVID-19 illness that you have already described), have you had any illness in which you had new onset of fever AND cough in the past 6 months? <br> covid_fever <br> If chosen [1] |  |


|  |  |  | "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_fever_intro | I'm now going to ask a | the first illness. | Referring to question <br> How many times have you had COVID-19 (tested positive or diagnosed)? <br> covid_pos_no <br> If chosen >1 as integer |  |
| covid_fever_date | When did these symptoms first start? | [Date] | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >0 as integer |  |
| covid_fever_smell | During this illness, did you experience any loss of sense of taste or smell? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >0 as integer |  |
| covid_fever_breathi ng | During this illness, did you experience any abnormal shortness of breath, difficulty breathing, or rapid breathing? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >0 as integer |  |
| covid_fever_contact | In the two weeks prior to this illness, did you come into contact someone who had been diagnosed with COVID-19? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >0 as integer |  |
| covid_fever_hosp | Were you hospitalised with this illness (spent one or more nights in hospital?) | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >0 as integer |  |
| covid_fever2_intro | I'm now going to ask ab | t your second illness | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >1 as integer |  |
| covid_fever2_date | When did these symptoms first start? | [Date] | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >1 as integer |  |
| covid_fever2_smell | During this illness, did you experience any loss of sense of taste or smell? | [1] Yes <br> [2] No <br> [99] No response | Referring to question How many times have you had an illness with a new onset of |  |


|  |  |  | fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen $>1$ as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_fever2_breath ing | During this illness, did you experience any abnormal shortness of breath, difficulty breathing, or rapid breathing? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >1 as integer |  |
| covid_fever2_contac <br> t | In the two weeks prior to this illness, did you come into contact someone who had been diagnosed with COVID-19? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen $>1$ as integer |  |
| covid_fever2_hosp | Were you hospitalised with this illness (spent one or more nights in hospital?) | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen $>1$ as integer |  |
| covid_fever3_intro | I'm now going to ask ab | ut your third illness | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >2 as integer |  |
| covid_fever3_date | When did these symptoms first start? | [Date] | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen $>2$ as integer |  |
| covid_fever3_smell | During this illness, did you experience any loss of sense of taste or smell? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >2 as integer |  |
| covid_fever3_breath ing | During this illness, did you experience any abnormal shortness of breath, difficulty breathing, or rapid breathing? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >2 as integer |  |
| covid_fever3_contac <br> t | In the two weeks prior to this illness, did you come into contact someone who had been diagnosed with COVID-19? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen $>2$ as integer |  |


| covid_fever3_h | Were you hospitalised with this illness (spent one or more nights in hospital?) | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many times have you had an illness with a new onset of fever AND cough in the past 6 months? <br> covid_fever_no <br> If chosen >2 as integer |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_senses | (Not including any illnesses you've already mentioned) in the past 6 months, have you experienced any loss of sense of taste or smell? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| covid_senses_date | When did these symptoms first start? | [Date] | Referring to question <br> (Not including any illnesses you've already mentioned) in the past 6 months, have you experienced any loss of sense of taste or smell? <br> covid_senses <br> If chosen [1] <br> "Yes" |  |
| ```covid_senses_conta ct``` | In the two weeks prior to this illness, did you come into contact someone who had been diagnosed with COVID-19? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> (Not including any illnesses <br> you've already mentioned) in the <br> past 6 months, have you <br> experienced any loss of sense of <br> taste or smell? <br> covid_senses <br> If chosen [1] <br> "Yes" |  |
| covid_symptoms_lo ngcovid | In the past 6 months, have you been experiencing any of the following beyond what you are normally used to? | [1] Headache <br> [2] Muscle ache <br> [3] Weakness/tiredness <br> [4] Memory loss of confusion <br> [5] Difficulty concentrating <br> [6] Cough <br> [7] Shortness of breath <br> [8] Chest pain <br> [9] Palpitations <br> [10] Vertigo/dizziness <br> [11] Worry/anxiety <br> [12] Low mood/not enjoying <br> anything <br> [13] Trouble sleeping <br> [14] Constipation <br> [15] Loss of appetite <br> [16] Sore throat <br> [17] Fever <br> [18] Nausea/vomiting <br> [19] Abdominal pain <br> [20] Diarrhoea |  |  |
| covid_hh_diag | Has anyone in your household ever been diagnosed with COVID-19? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| covid_hh_diag_date | If yes, when were they diagnosed? (first occurrence) | [Date] | Referring to question Has anyone in your household ever been diagnosed with COVID-19? |  |


|  |  |  | covid_hh_diag <br> If chosen [1] <br> "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_hh2_diag | Has anyone in your household ever been diagnosed another time? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Has anyone in your household ever been diagnosed with COVID-19? <br> covid_hh_diag <br> If chosen [1] <br> "Yes" |  |
| covid_hh2_diag_dat e | If yes, when were they diagnosed? (second occurrence) | [Date] | Referring to question <br> Has anyone in your household ever been diagnosed another time? <br> covid_hh2_diag <br> If chosen [1] <br> "Yes" |  |
| covid_hh3_diag | Has anyone in your household ever been diagnosed another time? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Has anyone in your household ever been diagnosed another time? <br> covid_hh2_diag <br> If chosen [1] <br> "Yes" |  |
| covid_hh3_diag_dat <br> e | If yes, when were they diagnosed? (third occurrence) | [Date] | Referring to question <br> Has anyone in your household ever been diagnosed another time? <br> covid_hh3_diag <br> If chosen [1] <br> "Yes" |  |
| covid_vaccine | Have you had a COVID-19 vaccination? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| covid_vaccine_doses | How many doses have you had? | [Integer] | Referring to question <br> Have you had a COVID-19 <br> vaccination? <br> covid_vaccine <br> If chosen [1] <br> "Yes" |  |
| covid_vaccine_firstd ose | When was the first dose? | [Date] | Referring to question <br> Have you had a COVID-19 <br> vaccination? <br> covid_vaccine <br> If chosen [1] <br> "Yes" |  |
| covid_vaccine_seco nddose | When was the second dose? | [Date] | Referring to question <br> Have you had a COVID-19 <br> vaccination? <br> covid_vaccine <br> and <br> How many doses have you had? <br> covid_vaccine_doses <br> If chosen [1] <br> "Yes" <br> And <br> 2 as integer |  |
| covid_vaccine_third dose | When was the third dose? | [Date] | Referring to question Have you had a COVID-19 vaccination? |  |


|  |  |  | ```covid_vaccine and How many doses have you had? covid_vaccine_doses If chosen [1] "Yes" And 3 as integer``` |  |
| :---: | :---: | :---: | :---: | :---: |
| covid_vaccine_nam e | What was the name of the vaccine? | [1] Covisheid <br> [2] Covaxin <br> [3] Don't know <br> [4] Other <br> [99] No response | Referring to question Have you had a COVID-19 vaccination? <br> covid_vaccine <br> If chosen [1] "Yes" |  |
| covid_vaccine_nam e_oth | If other, specify | [Text] | Referring to question What was the name of the vaccine? <br> covid_vaccine_name <br> If chosen [4] "Other" |  |
| healthcare_use | Healthcare use |  |  |  |
| note_62 | I would now like to as ask about hospitalizat | about your healthcare use this npatient care). |  |  |
| $h c \_i n p$ _any | Over the last 12 months, how many times were you admitted as patient to a hospital for at least one night? | [Integer] |  |  |
| hc_inp_nights | In total, how many nights have you spent in hospital in the past year? | [Integer] | Referring to question <br> Over the last 12 months, how many times were you admitted as patient to a hospital for at least one night? <br> hc_inp_any <br> If chosen $\geq 1$ as integer |  |
| hc_inp_recent | The following question stay. | late to your most recent inpatient | Referring to question <br> Over the last 12 months, how many times were you admitted as patient to a hospital for at least one night? <br> hc_inp_any <br> If chosen $\geq 1$ as integer |  |
| hc_inp_recent_loc | Where is the facility? <br> (Name of town/city) | [33] Aakulamylaram <br> [15] Dandumylaram <br> [11] Engalguda <br> [27] Gudur <br> [29] Gummadivalli <br> [0] Hyderabad <br> [1] Ibrahimpatnam <br> [28] Kandurkur <br> [22] Lemur <br> [10] Lingampalli <br> [25] Maheshwaram <br> [4] Mangalpalli <br> [23] Mankhal <br> [26] Mansanpalli <br> [31] Meerkhanpet <br> [13] Nainampalli <br> [34] Nedunur | Referring to question <br> Over the last 12 months, how many times were you admitted as patient to a hospital for at least one night? <br> hc_inp_any <br> If chosen $\geq 1$ as integer |  |


|  |  | [9] Nomula <br> [3] Patelguda <br> [6] Pocharam <br> [12] Polkampalli <br> [21] Rachaloor <br> [14] Raipole <br> [7] Ramireddyguda <br> [32] Sardarnagar <br> [8] Seetharampet <br> [2] Sheriguda <br> [30] Thimmapur <br> [24] Thummalur <br> [5] Uppariguda <br> [35] Other <br> [99] No response |  |  |
| :---: | :---: | :---: | :---: | :---: |
| hc_inp_recent_loc_o ther | Please specify | [Text] | Referring to question <br> Where is the facility? (Name of town/city) <br> hc_inp_recent_loc <br> If chosen [35] <br> "Other" |  |
| hc_inp_recent_nam <br> e | What is the name of the facility? | [Text] | Referring to question <br> Over the last 12 months, how many times were you admitted as patient to a hospital for at least one night? <br> hc_inp_any <br> If chosen $\geq 1$ as integer |  |
| hc_inp_recent_type | What type of facility is it? | [1] Health post/sub center <br> [2] PHC <br> [3] CHC <br> [4] District hospital/ Sub-district hospital <br> [5] Government/tertiary hospital <br> [6] Govt. AYUSH hospital <br> [7] Private hospital/Nursing home <br> [8] Private clinic (OPD based service) <br> [9] NGO/Charity/Trust/Church-run hospital <br> [10] Private AYUSH hospital <br> [11] Health camp <br> [12] Mobile healthcare unit <br> [13] Pharmacy/drugstore <br> [14] Home visit <br> [15] Other <br> [16] RMP <br> [99] No response | Referring to question <br> Over the last 12 months, how many times were you admitted as patient to a hospital for at least one night? <br> hc_inp_any <br> If chosen $\geq 1$ as integer |  |
| hc_inp_recent_oth | Please specify | [Text] | Referring to question What type of facility is it? hc_inp_recent_type If chosen [15] "Other" |  |

## ANTHROPOMETRY QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS <br> (including any branching logic) | 3FU VAR <br> NAME (if |
| :---: | :---: | :---: | :---: | :---: |
| ht_comp | Did the participant undergo height measurements? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |  |
| standingheight1 | Standing Height (mm) | [Integer] | Referring to question <br> Did the participant undergo height measurements? <br> ht_comp <br> If answered [1] "Yes" | 25.3a |
| htno1 | This height seems extreme, please double check the stadiometer and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question <br> Standing Height (mm) <br> standingheight1 <br> If answered $\leq 1400$ or $\geq$ $1800$ |  |
| standingheight2 | Standing Height (mm) | [Integer] | Referring to question <br> Did the participant undergo height measurements? <br> ht_comp <br> If answered [1] "Yes" | 25.3b |
| htno2 | This height seems extreme, please double check the stadiometer and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question Standing Height (mm) standingheight1 If answered $\leq 1400$ or $\geq$ 1800 |  |
| stdnumb | Stadiometer Number | [Integer] | Referring to question <br> Did the participant undergo height measurements? <br> ht_comp <br> If answered [1] "Yes" | 25.6 |
| circum_comp | Did the participant complete the circumference measurements? | [1] Yes <br> [2] No |  |  |
| circum_comp_specify | Please specify the reason for not completing it | [Text] | Referring to question <br> Did the participant complete the circumference measurements? <br> circum_comp <br> If answered [2] "No" |  |
| waistcircumference1 | Waist Circumference (mm) | [Integer] | Referring to question <br> Did the participant complete the circumference measurements? <br> circum_comp <br> If answered [1] "Yes" | 25.7a |
| waistcircumno1 | This circumference seems extreme, please double check the stadiometer and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question Waist Circumference (mm) waistcircumference1 If answered $\leq 540$ or $\geq$ 1000 |  |
| waistcircumference2 | Waist Circumference (mm) | [Integer] | Referring to question <br> Did the participant complete the circumference measurements? <br> circum_comp <br> If answered [1] "Yes" | 25.7b |
| waistcircumno2 | This circumference seems extreme, please double check the stadiometer and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question Waist Circumference (mm) waistcircumference2 If answered $\leq 540$ or $\geq$ 1000 |  |


| hipcircumference1 | Hip Circumference (mm) | [Integer] | Referring to question <br> Did the participant complete the circumference measurements? circum_comp If answered [1] "Yes" | 25.8a |
| :---: | :---: | :---: | :---: | :---: |
| hipcircumno1 | This circumference seems extreme, please double check the stadiometer and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question Hip Circumference (mm) <br> hipcircumference1 <br> If answered $\leq 700$ or $\geq$ <br> 1100 |  |
| hipcircumference2 | Hip Circumference (mm) | [Integer] | Referring to question <br> Did the participant complete the circumference measurements? circum_comp If answered [1] "Yes" | 25.8b |
| hipcircumno2 | This circumference seems extreme, please double check the stadiometer and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question Hip Circumference (mm) hipcircumference2 If answered $\leq 700$ or $\geq$ 1100 |  |
| tanita_comp | Did the participant complete the body composition assessment? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  |  |
| tanita_comp_specify | Please specify the reason for not completing it | [Text] | Referring to question <br> Did the participant complete the body composition assessment? <br> tanita_comp <br> If answered [2] "No" |  |
| tanita_comp_wt | Please use the seca scales to weigh the participant if they have not completed the Tanita measurement | [Enumerator Note] | Referring to question <br> Did the participant complete the body composition assessment? <br> tanita_comp <br> If answered [2] "No" |  |
| wt_comp | Did the participant undergo weight measurement with seca scales? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ | Referring to question <br> Did the participant complete the body composition assessment? <br> tanita_comp <br> If answered [2] "No" |  |
| wt_comp_specify | Please specify the reason for not completing it | [Text] | Referring to question <br> Did the participant undergo weight measurement with seca scales? <br> wt_comp <br> If answered [2] "No" |  |
| wt1 | Weight (kg) | [Decimal] | Referring to question <br> Did the participant undergo weight measurement with seca scales? <br> wt_comp <br> If answered [1] "Yes" | 25.1a |
| wtno1 | This weight seems extreme, please double check the scales and confirm the result has been entered correctly. | [Enumerator Note] | Referring to question <br> Weight (kg) <br> wt1 <br> If answered $\leq 30$ or $\geq 85$ |  |
| wt2 | Weight (kg) | [Decimal] | Referring to question <br> Did the participant undergo weight measurement with seca scales? <br> wt_comp <br> If answered [1] "Yes" | 25.1b |


| wtno2 | This weight seems extreme, please double check the scales and confirm the result has been entered correctly. | [Enumerator Note] | Referring to question Weight (kg) <br> wt2 <br> If answered $\leq 30$ or $\geq 85$ |  |
| :---: | :---: | :---: | :---: | :---: |
| scale_number | Scale Number | [Integer] | Referring to question <br> Did the participant undergo weight measurement with seca scales? <br> wt_comp <br> If answered [1] "Yes" | 25.2 |
| tanita_model | Please select the machine number | $\begin{aligned} & {[1] 1} \\ & {[2] 2} \end{aligned}$ | Referring to question <br> Did the participant complete the body composition assessment? tanita_comp <br> If answered [1] "Yes" |  |
| tanita_photo | Take a photograph of the participant's Tanita report while the participant rests for their BP reading | [Image] | Referring to question <br> Did the participant complete the body composition assessment? tanita_comp <br> If answered [1] "Yes" |  |
| tanita_photo2 | Take a photograph of the participant's second Tanita report while the participant rests for their BP reading | [Image] | Referring to question <br> Did the participant complete the body composition assessment? tanita_comp <br> If answered [1] "Yes" |  |
| bp_comp | Did the participant complete the blood pressure measurements? | [1] Yes <br> [2] No |  |  |
| bp_specify | Please specify the reason for not completing it | [Text] | Referring to question <br> Did the participant complete the blood pressure measurements? bp_comp <br> If answered [2] "No" |  |
| room_temp | Room Temperature | [Decimal] | Referring to question <br> Did the participant complete the blood pressure measurements? bp_comp <br> If answered [1] "Yes" | 26.1 |
| uscom1 | Test number on Uscom monitor | [Integer] | Referring to question <br> Did the participant complete the blood pressure measurements? bp_comp <br> If answered [1] "Yes" |  |
| systolic_bp | Systolic Blood Pressure ( mmHg ) | [Decimal] | Referring to question <br> Did the participant complete the blood pressure measurements? <br> bp_comp <br> If answered [1] "Yes" | 26.2a |
| sysnote1 | This blood pressure reading seems extreme, please double check the measure and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question <br> Systolic Blood Pressure (mmHg) <br> systolic_bp <br> If answered $\leq 95$ or $\geq 180$ |  |
| diastolic_bp | Diastolic Blood Pressure ( mmHg ) | [Decimal] | Referring to question <br> Did the participant complete the blood pressure measurements? bp_comp <br> If answered [1] "Yes" | 26.3a |
| dianote1 | This blood pressure reading seems extreme, please double | [Enumerator Note] | Referring to question <br> Diastolic Blood Pressure (mmHg) |  |


|  | check the measure and confirm that the result has been entered correctly. |  | diastolic_bp <br> If answered $\leq 50$ or $\geq 120$ |  |
| :---: | :---: | :---: | :---: | :---: |
| uscom2 | Test number on Uscom monitor | [Integer] | Referring to question <br> Did the participant complete the blood pressure measurements? <br> bp_comp <br> If answered [1] "Yes" |  |
| systolic_bp2 | Systolic Blood Pressure (mmHg) | [Decimal] | Referring to question <br> Did the participant complete the blood pressure measurements? <br> bp_comp <br> If answered [1] "Yes" | 26.2b |
| sysnote2 | This blood pressure reading seems extreme, please double check the measure and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question <br> Systolic Blood Pressure (mmHg) <br> systolic_bp2 <br> If answered $\leq 95$ or $\geq$ <br> 180 |  |
| diastolic_bp2 | Diastolic Blood Pressure ( mmHg ) | [Decimal] | Referring to question <br> Did the participant complete the blood pressure measurements? <br> bp_comp <br> If answered [1] "Yes" | 26.3b |
| dianote2 | This blood pressure reading seems extreme, please double check the measure and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question <br> Diastolic Blood Pressure ( $\mathbf{m m H g}$ ) <br> diastolic_bp2 <br> If answered $\leq 50$ or $\geq$ <br> 120 |  |
| uscom3 | Test number on Uscom monitor | [Integer] | Referring to question <br> Did the participant complete the blood pressure measurements? <br> bp_comp <br> If answered [1] "Yes" |  |
| systolic_bp3 | Systolic Blood Pressure ( mmHg ) | [Decimal] | Referring to question <br> Did the participant complete the blood pressure measurements? <br> bp_comp <br> If answered [1] "Yes" | 26.2c |
| sysnote3 | This blood pressure reading seems extreme, please double check the measure and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question <br> Systolic Blood Pressure ( $\mathbf{m m H g}$ ) <br> systolic_bp3 <br> If answered $\leq 95$ or $\geq 180$ |  |
| diastolic_bp3 | Diastolic Blood Pressure ( mmHg ) | [Decimal] | Referring to question <br> Did the participant complete the blood pressure measurements? <br> bp_comp <br> If answered [1] "Yes" | 26.3c |
| dianote3 | This blood pressure reading seems extreme, please double check the measure and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question <br> Diastolic Blood Pressure ( mmHg ) <br> diastolic_bp3 <br> If answered $\leq 50$ or $\geq 120$ |  |
| cuff_size | Select the cuff size used | [1] Small <br> [2] Medium <br> [3] large | Referring to question <br> Did the participant complete the blood pressure measurements? <br> bp_comp <br> If answered [1] "Yes" | 26.5 |


| bp_app | BP apparatus number | [1] First <br> [2] Second <br> [3] Third | Referring to question <br> Did the participant complete the blood pressure measurements? <br> bp_comp <br> If answered [1] "Yes" | 26.6 |
| :---: | :---: | :---: | :---: | :---: |
| rarm_measure | Right arm measurement | [1] Yes <br> [2] No | Referring to question <br> Did the participant complete the blood pressure measurements? bp_comp <br> If answered [1] "Yes" | 26.7 |
| measure_adeq | Measurements adequate | [1] Yes <br> [2] No | Referring to question <br> Did the participant complete the blood pressure measurements? bp_comp <br> If answered [1] "Yes" | 26.8 |
| measure_adeq_spec | If not, specify | [Text] | Referring to question Measurements adequate measure_adeq If answered [2] "No" | 26.9 |
| mus_stre_comp | Did the participant complete the grip strength measurements? | [1] Yes <br> [2] No |  |  |
| ```mus_stre_comp_spec ify``` | Please specify the reason for not completing it | [Text] | Referring to question <br> Did the participant complete the grip strength measurements? <br> mus_stre_comp <br> If answered [2] <br> "No" |  |
| righthand1 | Right Hand (Kg) | [Decimal] | Referring to question <br> Did the participant complete the grip strength measurements? <br> mus_stre_comp <br> If answered [1] "Yes" | 25.18 |
| rh1note | This result seems extreme, please double check the dynamometer and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question <br> Right Hand (Kg) <br> righthand1 <br> If answered $\leq 5$ or $\geq 50$ |  |
| righthand2 | Right Hand (Kg) | [Decimal] | Referring to question <br> Did the participant complete the grip strength measurements? <br> mus_stre_comp <br> If answered [1] "Yes" | 25.18 |
| rh2note | This result seems extreme, please double check the dynamometer and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question <br> Right Hand (Kg) <br> righthand2 <br> If answered $\leq 5$ or $\geq 50$ |  |
| lefthand1 | Left Hand (Kg) | [Decimal] | Referring to question <br> Did the participant complete the grip strength measurements? <br> mus_stre_comp <br> If answered [1] "Yes" | 25.19 |
| Ih1note | This result seems extreme, please double check the dynamometer and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question <br> Left Hand (Kg) <br> lefthand1 <br> If answered $\leq 5$ or $\geq 50$ |  |
| lefthand2 | Left Hand (Kg) | [Decimal] | Referring to question | 25.19 |


|  |  |  | Did the participant complete the grip strength measurements? <br> mus_stre_comp <br> If answered [1] "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| Ih2note | This result seems extreme, please double check the dynamometer and confirm that the result has been entered correctly. | [Enumerator Note] | Referring to question <br> Left Hand (Kg) <br> lefthand2 <br> If answered $\leq 5$ or $\geq 50$ |  |
| dominanthand | Dominant Hand | [1] Left <br> [2] Right <br> [3] Both | Referring to question <br> Did the participant complete the grip strength measurements? <br> mus_stre_comp <br> If answered [1] "Yes" | 25.20 |
| gripmach | Grip Strength Machine | [Integer] | Referring to question <br> Did the participant complete the grip strength measurements? <br> mus_stre_comp <br> If answered [1] "Yes" | 25.21 |
| repro_intro | I'm now going to ask a few questions about your history of menstruation, pregnancies and contraceptive use. If you are uncomfortable and prefer to skip a question, please say and we can skip. | [Enumerator Note] |  |  |
| still_menstruate | Do you still menstruate? | [1] Yes <br> [2] No <br> [99] No response |  | 28.2a |
| period_pain | In last 3 months, have you had pelvic pain (e.g., pain or cramps in your stomach, back or thighs) with or around your period? | [1] No <br> [2] Occassionally (in 1 of 3 periods) <br> [3] Often (in 2 of 3 periods) <br> [4] Always (every period) <br> [99] No response | Referring to question <br> Do you still menstruate? <br> still_menstruate <br> If answered [1] "Yes" |  |
| periodpain_activities | In the last 3 months, has your period pain prevented you from going to work or carrying out your daily activities? | [1] No <br> [2] Occassionally (in 1 of 3 periods) <br> [3] Often (in 2 of 3 periods) <br> [4] Always (every period) <br> [99] No response | Referring to question <br> In last 3 months, have you had pelvic pain (e.g., pain or cramps in your stomach, back or thighs) with or around your period? period_pain <br> If answered [2] or [3] or [4] <br> "Often (in 2 of $\mathbf{3}$ periods)" <br> "Always (every period)" <br> "No response" |  |
| period_stop | Have you had a period in the last 12 months? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Do you still menstruate? <br> still_menstruate <br> If answered [2] "No" |  |
| period_stop_age | At what age did your periods stop? | [1] Participant responded with age <br> [2] Participant responded with years since event [99] No response | Referring to question <br> Do you still menstruate? <br> still_menstruate <br> If answered [2] "No" | 28.2b |
| period_stop_age_iny ears | Age periods stopped (in years) | [Integer] | Referring to question <br> At what age did your periods stop? <br> period_stop_age <br> If answered [1] | 28.2b |


|  |  |  | "Participant responded with age" |  |
| :---: | :---: | :---: | :---: | :---: |
| period_stop_age_ye arsago | Number of years since periods stopped | [Decimal] | Referring to question <br> At what age did your periods stop? <br> period_stop_age <br> If answered [2] <br> "Participant responded with years since event" |  |
| period_age_calc | So around age <br> \$\{period_age_calc\}, is that correct? | [Enumerator Note] | Referring to question <br> At what age did your periods stop? <br> period_stop_age <br> If answered [2] <br> "Participant responded with years since event" |  |
| hysterectomy | Have you ever had an operation to remove your uterus/womb (hysterectomy)? <br> This is usually done for uncontrolled bleeding from hormonal imbalances, cancers \& fibroids, irregular periods | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response | Referring to question <br> Do you still menstruate? <br> still_menstruate <br> If answered [2] "No" |  |
| hysterectomy_age | At what age did you have this? | [1] Participant responded with age <br> [2] Participant responded with years since event [99] No response | Referring to question <br> Have you ever had an operation to remove your uterus/womb (hysterectomy)? This is usually done for uncontrolled bleeding from hormonal imbalances, cancers \& fibroids, irregular periods hysterectomy If answered [1] "Yes" |  |
| hysterectomy_age_in years | Age at hysterectomy (in years) | [Integer] | Referring to question <br> At what age did you have this? <br> hysterectomy_age <br> If answered [1] <br> "Participant responded with age" |  |
| hysterectomy_age_y earsago | Number of years since hysterectomy | [Decimal] | Referring to question <br> At what age did you have this? <br> hysterectomy_age <br> If answered [2] <br> "Participant responded with years since event" |  |
| hysterectomy_age_c alc | So around age <br> \$\{hysterectomy_age_calc\}, is that correct? | [Enumerator Note] | Referring to question <br> At what age did you have this? <br> hysterectomy_age <br> If answered [2] <br> "Participant responded with years since event" |  |
| note_102 | PLEASE DOUBLE CHECK THE AGE AND CONFIRM THAT THE RESULT HAS BEEN ENTERED CORRECTLY | [Enumerator Note] | Referring to questions <br> Age at hysterectomy (in years) <br> hysterectomy_age_inyears <br> If answered $\leq$ " $\mathbf{1 8}$ " <br> Or <br> So around age <br> \$\{hysterectomy_age_calc\}, is <br> that correct? <br> hysterectomy age calc |  |


|  |  |  | If answered $\leq$ " 18 " |  |
| :---: | :---: | :---: | :---: | :---: |
| oral_pill_coil | Have you ever taken the following: | [1] Oral contraceptive pill <br> [2] Coil <br> [3] None of the above <br> [99] No response |  |  |
| oral_pill_type | Which type of pill did you take? | [1] Combined pill <br> [2] Progesterone only (mini pill) <br> [3] Don't know <br> [99] No response | Referring to question <br> Have you ever taken the <br> following: <br> oral_pill_coil <br> If answered [1] <br> "Oral contraceptive pill" | 28.4b |
| oral_pill_yearsuse | How many years in total did you use the pill? | [Integer] | Referring to question <br> Have you ever taken the <br> following: <br> oral_pill_coil <br> If answered [1] <br> "Oral contraceptive pill" | 28.4c |
| oral_pill_currentuse | Are you taking oral contraceptive pill currently? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you ever taken the <br> following: <br> oral_pill_coil <br> If answered [1] <br> "Oral contraceptive pill" |  |
| oral_contra_implant _type | Which type of coil? | [1] Hormonal coil <br> [2] Copper coil <br> [4] Don't know <br> [99] No response | Referring to question Have you ever taken the following: <br> oral_pill_coil <br> If answered [2] <br> "Coil" |  |
| oral_contra_implant _years | How many years in total did you use the coil? | [Integer] | Referring to question <br> Have you ever taken the <br> following: <br> oral_pill_coil <br> If answered [2] <br> "Coil" |  |
| oral_contra_implant _have | Do you have the coil currently? | [1] Yes <br> [2] No <br> [99] No response | Referring to question Have you ever taken the following: <br> oral_pill_coil <br> If answered [2] <br> "Coil" |  |
| permanent_steril | Have you had a permanent sterilisation (tubectomy)? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  |  |
| $\begin{aligned} & \text { permanent_steril_ag } \\ & e \end{aligned}$ | If yes, at what age did you have this? | [1] Participant responded with age <br> [2] Participant responded with years since event [99] No response | Referring to question <br> Have you had a permanent <br> sterilisation (tubectomy)? <br> permanent_steril <br> If answered [1] <br> "Yes" |  |
| $\begin{aligned} & \text { permanent_steril_ag } \\ & \text { e_inyears } \end{aligned}$ | Age at sterilisations (in years) | [Integer] | Referring to question <br> If yes, at what age did you have this? <br> permanent_steril_age <br> If answered [1] <br> "Participant responded with age" |  |
| $\begin{array}{\|l} \hline \text { permanent_steril_ag } \\ \text { e_yearsago } \\ \hline \end{array}$ | Number of years since sterilisation | [Decimal] | Referring to question |  |


|  |  |  | If yes, at what age did you have this? <br> permanent_steril_age <br> If answered [2] <br> "Participant responded with years since event" |  |
| :---: | :---: | :---: | :---: | :---: |
| ```permanent_steril_ag e_calc``` | So around age <br> \$\{permanent_steril_age_calc\}, is that correct? | [Enumerator Note] | Referring to question <br> If yes, at what age did you have this? <br> permanent_steril_age <br> If answered [2] <br> "Participant responded with years since event" |  |
| note_104 | PLEASE DOUBLE CHECK THE AGE AND CONFIRM THAT THE RESULT HAS BEEN ENTERED CORRECTLY | [Enumerator Note] | Referring to questions <br> Age at sterilisations (in years) <br> permanent_steril_age_inyears <br> If answered $\leq$ " $\mathbf{1 8}$ " <br> Or <br> So around age <br> \$\{permanent_steril_age_calc\}, is <br> that correct? <br> permanent_steril_age_calc <br> If answered $\leq$ " 18 " |  |
| pregnant_2009 | Have you been pregnant since 2009? Please also consider pregnancies that did not result in a live birth. | [1] Yes <br> [2] No <br> [99] No response |  | 28.5a |
| age_first_pregnancy | What age was your first pregnancy? | [Integer] | Referring to question <br> Have you been pregnant since <br> 2009? Please also consider <br> pregnancies that did not result in <br> a live birth. <br> pregnant_2009 <br> If answered [1] <br> "Yes" | 28.5b |
| number_of_pregnanc ies | How many pregnancies have you had? | [Integer] | Referring to question <br> Have you been pregnant since <br> 2009? Please also consider <br> pregnancies that did not result in <br> a live birth. <br> pregnant_2009 <br> If answered [1] <br> "Yes" | 28.5c |
| number_live_births | How many live births have you had? | [Integer] | Referring to question <br> How many pregnancies have you had? <br> number_of_pregnancies <br> If answered >0 | 28.5d |
| number_miscarriage <br> s_stillbirth | How many miscarriages/stillbirths have you had? | [Integer] | Referring to question <br> How many pregnancies have you had? <br> number_of_pregnancies <br> If answered >0 | 28.5e |
| pregnant_wo_succes <br> $s$ | Have you ever tried to become pregnant during a period of one year or more without success? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Have you been pregnant since <br> 2009? Please also consider <br> pregnancies that did not result in <br> a live birth. <br> pregnant_2009 <br> If answered [1] | 28.6 |


|  |  |  | "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| pregnant_now | Are you currently pregnant? | [1] Yes <br> [2] No <br> [99] No response | Referring to questions <br> Have you been pregnant since <br> 2009? Please also consider <br> pregnancies that did not result in <br> a live birth. <br> pregnant_2009 <br> If answered [1] <br> "Yes" <br> and <br> Do you still menstruate? <br> still_menstruate <br> If answered [1] "Yes" <br> OR <br> Have you been pregnant since <br> 2009? Please also consider <br> pregnancies that did not result in <br> a live birth. <br> pregnant_2009 <br> If answered [1] <br> "Yes" <br> and <br> Do you still menstruate? <br> still_menstruate <br> If answered [2] "No" <br> and <br> Have you ever had an operation <br> to remove your uterus/womb <br> (hysterectomy)? This is usually <br> done for uncontrolled bleeding <br> from hormonal imbalances, <br> cancers \& fibroids, irregular <br> periods <br> hysterectomy <br> If answered [2] or [3] or [4] <br> "No", "Don't know", "No <br> response" <br> and <br> Have you had a permanent <br> sterilisation (tubectomy)? <br> permanent_steril <br> If answered [2] or [3] or [4] <br> "No", "Don't know", "No <br> response" | 28.7a |
| pregnancy_months | How many months pregnant are you? | [Integer] | Referring to question <br> Are you currently pregnant? <br> pregnant_now <br> If answered [1] <br> "Yes" | 28.7b |
| breastfeeding_now | Are you currently breastfeeding? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> How many live births have you had? <br> number_live_births <br> If answered >0 |  |
| survey_complete | Thank you very much for participating, do you have any questions for us? |  | [Enumerator Note] |  |
| comment_text | Comments by Field Investigators |  | [Text] |  |

## DISABILITY AND DEMENTIA QUESTIONNAIRE

The shaded questions were only asked to participants aged 45 years and older.

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS <br> (including any branching logic) | 3FU VAR NAME (if applicable) |
| :---: | :---: | :---: | :---: | :---: |
| dem_csiintro | We would now like to ask you some questions and ask you to follow a few instructions. These might need some concentration. Don't worry if you think you have got the answers wrong, nobody gets them all right. Don't be concerned if some of the questions seem weird to you, please respond if you can. Some questions will be repeated. This is on purpose. |  | [Enumerator Note] |  |
| dem_note_words | I am going to tell you three words and I would like you to repeat them after me: boat, house, fish. |  | [Enumerator Note] |  |
| dem_note_words2 | Very good, now try to remember these words because I will be asking you later |  | [Enumerator Note] |  |
| dem_csi_elbow | What do we call this? | [1] Correct <br> [0] Incorrect | [Point to elbow] |  |
| dem_csi_hammer | What do you do with a hammer? | [1] Correct <br> [0] Incorrect |  |  |
| dem_csi_market | Where is the local market/local store? | [1] Correct <br> [0] Incorrect |  |  |
| dem_csi_weekday | What day of the week is it? | [1] Correct <br> [0] Incorrect |  |  |
| dem_csi_season | What is the season? | [1] Correct <br> [0] Incorrect |  |  |
| dem_csi_doorwind ow | Please point first to a window and then to a door | [1] Correct <br> [0] Incorrect |  |  |
| dem_notewords3 | Do you remember the three words I told you a few minutes ago? |  | [Enumerator Note] |  |
| dem_csi_boat | Boat | [1] Correct <br> [0] Incorrect |  |  |
| dem_csi_house | House | [1] Correct <br> [0] Incorrect |  |  |
| dem_csi_fish | Fish | [1] Correct <br> [0] Incorrect |  |  |
| dem_tbi | Have you ever had a serious head injury in which you were knocked out? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| dem_tbi_time | How long were you unconscious? | [Integer] | Referring to question Have you ever had a serious head injury in which you were knocked out? <br> dem_tbi <br> If answered [1] <br> "Yes" |  |
| dem_tbi_units | Units of time | [1] Minute <br> [2] Hour | Referring to question Have you ever had a serious head injury in which you were knocked out? <br> dem_tbi <br> If answered [1] <br> "Yes" |  |
| dem_tbi_age | How old were you at the time? | [Integer] | Referring to question Have you ever had a serious head injury in which you were knocked out? |  |


|  |  |  | dem_tbi <br> If answered [1] "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| dem_tbi_famhistor $y$ | Have any of your close relatives such as parents, brothers or sisters had the problem of serious loss of memory, leading to problems with looking after themselves? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| dem_tbi_famhistor y_rel | Which relatives had this problem? | [1] Father <br> [2] Mother <br> [3] Brother or sister | Referring to question Have any of your close relatives such as parents, brothers or sisters had the problem of serious loss of memory, leading to problems with looking after themselves? <br> dem_tbi_famhistory If answered [1] "Yes" |  |
| note_8 | Over the last two weeks, how ofte following problems? | ve you been bothered by the | [Enumerator Note] |  |
| depression_little_in terest | Little interest or pleasure in doing things | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  | 9.7 |
| depression_feeling _depressed | Feeling down, depressed, or hopeless | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  | 9.8 |
| depression_ trouble_sleeping | Trouble falling or staying asleep, or sleeping too much | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  | 9.9 |
| depression_ feeling_tired | Feeling tired or having little energy | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  | 9.10 |
| depression_ <br> poor_apetite_overe <br> ating | Poor appetite or overeating | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  | 9.11 |
| depression_ failure_yourself | Feeling bad about yourself, or that you are a failure, or have let yourself or your family down | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  | 9.12 |
| depression_ trouble_concentrati $n g$ | Trouble concentrating on things, such as reading the newspaper or watching television | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  | 9.13 |
| depression_ moving_slowly_fid gety | Moving or speaking so slowly that other people could have noticed. Or the opposite - being so fidgety or restless that you have been | [1] Not at all <br> [2] Several days <br> [3] More than half the days |  | 9.14 |


|  | moving around a lot more than usual | [4] Nearly every day [99] No response |  |  |
| :---: | :---: | :---: | :---: | :---: |
| depression_ better_dead_hurtin gself | Thoughts that you would be better off dead, or of hurting yourself in some way | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  | 9.15 |
| note_9 | Over the last two weeks, how often following problems? | have you been bothered by the | [Enumerator Note] |  |
| gad_anx | Feeling nervous, anxious, or on edge | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  |  |
| gad_worrycontrol | Not being able to stop or control worrying | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  |  |
| gad_worrydifferent | Worrying too much about different things | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  |  |
| gad_relax | Trouble relaxing | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  |  |
| gad_restless | Being so restless that it is hard to sit still | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  |  |
| gad_irrit | Becoming easily annoyed or irritable | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  |  |
| gad_afraid | Feeling afraid, as if something awful might happen | [1] Not at all <br> [2] Several days <br> [3] More than half the days <br> [4] Nearly every day <br> [99] No response |  |  |
| sensory_impairmen <br> $t$ | Sensory impairments |  | [Hidden] |  |
| diagnosed_vision | Have you been diagnosed with any eye or vision problem or condition? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| vision_type | Type of vision problem/condition | [1] Cataracts <br> [2] Glaucoma <br> [3] Diabetic retinopathy <br> [4] Refractive error <br> [5] Other <br> [6] Don't know | Referring to question Have you been diagnosed with any eye or vision problem or condition? diagnosed_vision If answered [1] "Yes" |  |
| vision_type_other | Please specify | [Text] | Referring to question <br> Type of vision problem/condition vision_type |  |


|  |  |  | If answered [5] "Other" |  |
| :---: | :---: | :---: | :---: | :---: |
| vision_cataract_re move | Have you had eye surgery to remove this cataract(s)? | [1] Yes <br> [2] No <br> [99] No response | Referring to question <br> Type of vision <br> problem/condition <br> vision_type <br> If answered [1] <br> "Cataracts" |  |
| diagnosed_hearing | Have you been diagnosed with hearing or ear related problem or condition? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| note_50 | In the last 12 months have you exp | nced: |  |  |
| cataracts_cloud | Cloudy or blurry vision | [1] Yes <br> [2] No <br> [99] No response | Referring to questions <br> Have you been diagnosed <br> with any eye or vision <br> problem or condition? <br> diagnosed_vision <br> If answered [2], [99] <br> "No", "No response" <br> OR <br> If answered [1] "Yes" <br> AND <br> Have you had eye surgery <br> to remove this cataract(s)? <br> vision_cataract_remove <br> If left blank |  |
| cataracts_light | Vision problems with light, such as glare from bright lights, or halos around lights? | [1] Yes <br> [2] No <br> [99] No response | Referring to questions <br> Have you been diagnosed with any eye or vision problem or condition? <br> diagnosed_vision If answered [2], [99] <br> "No", "No response" <br> OR <br> If answered [1] "Yes" <br> AND <br> Have you had eye surgery to remove this cataract(s)? vision_cataract_remove If left blank |  |
| note_51 | Falls |  | [Hidden] |  |
| fall_year | In the past year, have you had any fall including a slip or trip in which you lost your balance and landed on the floor or ground or lower level? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| note_48 | The next questions ask about diffic activities because of a health probl | s you may have doing certain | [Enumerator Note] |  |
| sens_glasses | Do you wear glasses? | [1] Yes <br> [2] No <br> [3] Don't know <br> [99] No response |  |  |
| dis_vision | Do you have difficulty seeing (even when wearing your glasses)? Would you say... | [1] No difficulty <br> [2] Some difficulty <br> [3] A lot of difficulty <br> [4] Cannot do at all <br> [5] Don't know <br> [99] No response |  |  |
| sens_hearingaid | Do you wear a hearing aid? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |  |

$\left.\begin{array}{|l|l|l|l|l|}\hline & & \text { [3] Don't know } \\ \text { [99] No response }\end{array}\right]$

|  |  | doing my usual activities <br> [5] I am unable to do my usual <br> activities <br> [99] No response |  |  |
| :--- | :--- | :--- | :--- | :--- |


|  |  | "Several days", "More than half the <br> days", <br> "Nearly every day" |  |
| :--- | :--- | :--- | :--- |
| survey_complete | Thank you very much for participating, do you have any <br> questions for us? | [Enumerator Note] |  |
| comment_text | Comments by Field Investigators | [Text] |  |

## AUDIO RECORDING LOG

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS <br> (including any branching logic) |
| :---: | :---: | :---: | :---: |
| count_permiss | We will now like to record your voice. Do you give permission for us to record you making different sounds like 'aaa'? | [1] Yes <br> [2] No |  |
| vowel_audio_a | Please repeat the following sound for 5 seconds three times - 'aaa' | [Enumerator Note] | Referring to question <br> We will now like to record your voice. Do you give permission for us to record you making different sounds like 'aaa'? <br> count_permiss <br> If answered [1] "Yes" |
| freetext_audio | We would like to record you speaking normally for a short time (20-30 seconds). Please describe your day yesterday for me, e.g., what you did from morning to evening, who did you see and speak to. | [Enumerator Note] | Referring to question <br> We will now like to record your voice. Do you give permission for us to record you making different sounds like 'aaa'? <br> count_permiss <br> If answered [1] "Yes" |
| animals_begin |  |  | Referring to questions <br> We will now like to record your voice. Do you give permission for us to record you making different sounds like 'aaa'? <br> count_permiss <br> If answered [1] "Yes" <br> and <br> Participant's age <br> age <br> If answered $\geq 45$ |
| note_animals | Now we are going to ask you to think of animals and name as many as you can. If you wish you may also include birds along with | [Enumerator Note] |  |
| audio_animals | Start the stopwatch and time for one minute. Record the participant's response | [Enumerator Note] |  |
| animals_total | Total number of animals and/or birds named in one minute | [Integer] |  |
| animals_no | Did the participant name anything that is not an animal/bird? | [1] Yes <br> [2] No |  |
| animals_repeat | Did the participant repeat the same animal/bird name? | [1] Yes <br> [2] No |  |
| noisecanc_removed | The noise-cancellation adaptor should not be used for the breath recording. Please tick yes once this has been removed. | [Enumerator Note] | Referring to question <br> We will now like to record your voice. Do you give permission for us to record you making different sounds like 'aaa'? count_permiss ; If answered [1] "Yes" |
| audio_breath | Ask the respondent to take a deep breath through their mouth then exhale normally (not forced exhale nor slow exhale) through their mouth then repeat the cycle again for 5 cycles. | [Enumerator Note] | Referring to question <br> We will now like to record your voice. Do you give permission for us to record you making different sounds like 'aaa'? <br> count_permiss ; If answered [1] "Yes" |
| comment_text | Comments by Field Investigators |  | [Text] |

## PHYSICAL ACTIVITY QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS <br> (including any branching logic) | 3FU VAR NAME (if applicable) |
| :---: | :---: | :---: | :---: | :---: |
| note5 | Now I am going to ask about your physical activity |  | [Enumerator Note] |  |
| job_unpaid_trainin $g$ | Do you currently have a job or do any unpaid work or study/training? Do not include household work, we will ask about this later. | [1] Yes <br> [2] No <br> [99] No response |  | 11.1 |
| job_days_perweek | How many days did you work at the job or unpaid work in the last week? | [Integer] |  | 11.2 |
| job_hours_perday | In the last week, how many hours per day did you spend at this work? (To the nearest half hour) | [Decimal] |  | 11.3 |
| note_pawork | Of the hours you spent at work in a day last week, I am going to ask you how many hours you spent doing different activities. |  | [Enumerator Note] |  |
| note_strenuous | First, I'm going to ask about activities that are more strenuous than walking: |  | [Enumerator Note] | 11.4 |
| carrying_15-25kgs | Did you take part in: carrying/walking with loads ( $15-25 \mathrm{~kg}$ )? | [1] Yes <br> [2] No <br> [99] No response |  | $11.4 \text { (a) }$ <br> (i) |
| $\begin{aligned} & \text { carrying_15- } \\ & \text { 25kgs_days } \end{aligned}$ | Total number of days per week doing task | [Integer] | Referring to question <br> Did you take part in carrying/walking <br> with loads ( $15-25 \mathrm{~kg}$ )? <br> carrying_15-25kgs <br> If answered [1] "Yes" | 11.4 (a) (ii) |
| carrying_25kgs_dur | Total duration per day doing task (minutes) | [Decimal] | Referring to question <br> Did you take part in carrying/walking with loads ( $15-25 \mathrm{~kg}$ )? <br> carrying_15-25kgs <br> If answered [1] <br> "Yes" | $11.4 \text { (a) }$ <br> (iii) |
| lifting_loading_wei ghts | Did you take part in lifting/loading of weights? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.4 \text { (c) } \\ & \text { (i) } \end{aligned}$ |
| lifting_loading_wei ghts_days | Total number of days per week doing task | [Integer] | Referring to question <br> Did you take part in lifting/loading of weights? <br> lifting_loading_weights <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4 \text { (c) } \\ & \text { (ii) } \end{aligned}$ |
| lifting_loading_wei ghts_dur | Total duration per day doing task (minutes) | [Decimal] | Referring to question <br> Did you take part in lifting/loading of weights? <br> lifting_loading_weights <br> If answered [1] <br> "Yes" | 11.4 (c) <br> (iii) |
| ```pushing_loaded_ca rt``` | Did you take part in pushing a cart with a load? | [1] Yes <br> [2] No <br> [99] No response |  | $11.4 \text { (d) }$ <br> (i) |
| loadedcart_days | Total number of days per week doing task | [Integer] | Referring to question <br> Did you take part in pushing a cart with a load? <br> pushing_loaded_cart | $11.4 \text { (d) }$ <br> (ii) |


|  |  |  | $\begin{aligned} & \text { If answered [1] } \\ & \text { "Yes" } \end{aligned}$ |  |
| :---: | :---: | :---: | :---: | :---: |
| total_duration_cart | Total duration per day doing task (minutes) | [Decimal] | Referring to question <br> Did you take part in pushing a cart with a load? <br> pushing_loaded_cart <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4 \text { (d) } \\ & \text { (iii) } \end{aligned}$ |
| ploughing | Did you take part in ploughing? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.4 \text { (e) } \\ & \text { (i) } \end{aligned}$ |
| ploughing_days | Total number of days per week doing task | [Integer] | Referring to question <br> Did you take part in ploughing? <br> ploughing <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4 \text { (e) } \\ & \text { (ii) } \end{aligned}$ |
| total_duration_plo ughing | Total duration per day doing task (minutes) | [Decimal] | Referring to question <br> Did you take part in ploughing? <br> ploughing <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4 \text { (e) } \\ & \text { (iii) } \end{aligned}$ |
| digging | Did you take part in digging? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.4 \text { (f) } \\ & \text { (i) } \end{aligned}$ |
| digging_days | Total number of days per week doing task | [Integer] | Referring to question <br> Did you take part in digging? <br> digging <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4 \text { (f) } \\ & \text { (ii) } \end{aligned}$ |
| total_duration_dig ging | Total duration per day doing task (minutes) | [Decimal] | Referring to question <br> Did you take part in digging? <br> digging <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4 \text { (f) } \\ & \text { (iii) } \end{aligned}$ |
| watering_weeding fields | Did you take part in watering / weeding fields? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.4 \text { (g) } \\ & \text { (i) } \end{aligned}$ |
| watering_weeding _days | Total number of days per week doing task | [Integer] | Referring to question <br> Did you take part in watering / weeding fields? <br> watering_weeding_days <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4 \text { (g) } \\ & \text { (ii) } \end{aligned}$ |
| total_duration_wat eringweeding | Total duration per day doing task (minutes) | [Decimal] | Referring to question <br> Did you take part in watering / weeding fields? <br> watering_weeding_days <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4 \text { (g) } \\ & \text { (iii) } \end{aligned}$ |
| cut_wood_stones | Did you take part in cutting / chopping wood or stones? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.4 \text { (h) } \\ & \text { (i) } \end{aligned}$ |
| cutwood_stones_d ays | Total number of days per week doing task | [Integer] | Referring to question <br> Did you take part in cutting / chopping wood or stones? <br> cut_wood_stones <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4 \text { (h) } \\ & \text { (ii) } \end{aligned}$ |
| total_duration_cutt ingwood_stones | Total duration per day doing task (minutes) | [Decimal] | Referring to question | $\begin{aligned} & 11.4 \text { (h) } \\ & \text { (iii) } \\ & \hline \end{aligned}$ |


|  |  |  | Did you take part in cutting / chopping wood or stones? <br> cut_wood_stones <br> If answered [1] <br> "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| harvesting | Did you take part in harvesting? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.4 \text { (i) } \\ & \text { (i) } \end{aligned}$ |
| harvesting_days | Total number of days per week doing task | [Integer] | Referring to question <br> Did you take part in harvesting? <br> harvesting <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4 \text { (i) } \\ & \text { (ii) } \end{aligned}$ |
| total_duration_har vesting | Total duration per day doing task (minutes) | [Decimal] | Referring to question <br> Did you take part in harvesting? <br> harvesting <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4 \text { (i) } \\ & \text { (iii) } \end{aligned}$ |
| strenuous_other | Did you take part in any other activities at work that were more strenuous than walking? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.4 \text { (j) } \\ & \text { (i) } \end{aligned}$ |
| other_activity_1 | Please name other activities you took part in that are more strenuous than walking | [Text] | Referring to question <br> Did you take part in any other activities at work that were more strenuous than walking? <br> strenuous_other <br> If answered [1] <br> "Yes" | 11.4 (k) |
| total_number_days _activity1 | Total number of days per week doing task | [Integer] | Referring to question <br> Did you take part in any other activities at work that were more strenuous than walking? <br> strenuous_other <br> If answered [1] <br> "Yes" | 11.4 (k) <br> (ii) |
| total_duration_stre nous_otheractivity 1 | Total duration per day doing task (minutes) | [Decimal] | Referring to question <br> Did you take part in any other activities at work that were more strenuous than walking? <br> strenuous_other <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.4(k) \\ & \text { (iii) } \end{aligned}$ |
| other_activity_2 | Please name other activities you took part in that are more strenuous than walking | [Text] | Referring to question <br> Please name other activities you took part in that are more strenuous than walking other_activity_1 If not left blank | 11.4 (I) |
| total_number_days _activity2 | Total number of days per week | [Integer] | Referring to question <br> Please name other activities you took part in that are more strenuous than walking other_activity_1 If not left blank | 11.4 (I) (ii) |
| total_duration_stre nous_otheractivity 2 | Total duration per day (minutes) | [Decimal] | Referring to question <br> Please name other activities you took part in that are more strenuous than walking other_activity_1 If not left blank | $\begin{aligned} & 11.4 \text { (I) } \\ & \text { (iii) } \end{aligned}$ |
| other_activity_3 | Please name other activities you took part in | [Text] | Referring to question | 11.4 (m) |


|  | that are more strenuous than walking |  | Please name other activities you took part in that are more strenuous than walking other_activity_1 other_activity_2 <br> If not left blank |  |
| :---: | :---: | :---: | :---: | :---: |
| total_number_days _activity3 | Total number of days per week | [Integer] | Referring to question <br> Please name other activities you took part in that are more strenuous than walking other_activity_1 <br> other_activity_2 <br> If not left blank | $11.4 \text { (m) }$ <br> (ii) |
| total_duration_stre nous_otheractivity 3 | Total duration per day (minutes) | [Decimal] | Referring to question <br> Please name other activities you took part in that are more strenuous than walking other_activity_1 <br> other_activity_2 <br> If not left blank | $11.4 \text { (m) }$ <br> (iii) |
| other_activity_4 | Please name other activities you took part in that are more strenuous than walking | [Text] | Referring to question <br> Please name other activities you took <br> part in that are more strenuous than <br> walking other_activity_1 <br> other_activity_2 <br> other_activity_3 <br> If not left blank |  |
| total_number_days _activity4 | Total number of days per week | [Integer] | Referring to question <br> Please name other activities you took <br> part in that are more strenuous than <br> walking other_activity_1 <br> other_activity_2 <br> other_activity_3 <br> If not left blank |  |
| total_duration_stre nous_otheractivity 4 | Total duration per day (minutes) | [Decimal] | Referring to question <br> Please name other activities you took part in that are more strenuous than <br> walking other_activity_1 <br> other_activity_2 <br> other_activity_3 <br> If not left blank |  |
| note_other_work_ act | I'm now going to ask about activities that are less strenuous. Please give your answers to the nearest half hour. |  | [Enumerator Note] |  |
| job_hours_walking | How many hours did you spend walking: E.g. walking around, strolling, walking with light loads? | [Decimal] |  |  |
| $\begin{aligned} & \text { job_hours_standin } \\ & g \end{aligned}$ | How many hours did you spend standing: E.g. talking, lab work, supervising, mild cleaning, cattle grazing done standing? | [Decimal] |  |  |
| job_hours_sitting | How many hours did you spend sitting: E.g. typing, computer work, cleaning grains, eating lunch, driving for your work? | [Decimal] |  |  |
| work_travel | Now think about how you tr over the LAST WEEK. Please activities if you have already discussing your work/college | velled to and from work not include travel mentioned them when activities. | [Enumerator Note] |  |


| days_motor_vehicl e_work | During the last week, how many days did you travel on a motorised vehicle, like a car, bus, auto-rickshaw or motorcycle to and from work? | [Integer] |  | 11.5 (a) |
| :---: | :---: | :---: | :---: | :---: |
| duration_motor_ve hicle_work | Total duration per day travelling by motorised vehicle (minutes) | [Decimal] | Referring to question <br> During the last week, how many days did you travel on a motorised vehicle, like a car, bus, auto-rickshaw or motorcycle to and from work? days_motor_vehicle_work If answered >= 1 as integer | 11.5 (b) |
| days_cycle_work | During the last week, how many days did you cycle to and from work? | [Integer] |  | 11.6 (a) |
| duration_cycle_wor k | Total duration per day travelling by cycle (minutes) | [Decimal] | Referring to question <br> During the last week, how many days did you cycle to and from work? <br> days_cycle_work <br> If answered >= 1 as integer | 11.6 (b) |
| days_walk_work | During the last week, how many days did you walk to and from work? | [Integer] |  | 11.7 (a) |
| duration_walk_wor k | Total duration per day walking to and from work (minutes) | [Decimal] | Referring to question <br> During the last week, how many days did you walk to and from work? <br> days_walk_work <br> If answered >= 1 as integer | 11.7 (b) |
| travel | Now think about how you trave over the LAST WEEK, includin movies, visiting relatives etc. from work. Please do not inc that you have already mentio | elled from place to place places like stores, but excluding to and de travelling activities ned. | [Enumerator Note] |  |
| days_motor_vehicl e_other | During the last week, how many days did you travel on a motorised vehicle, like a car, bus, auto-rickshaw or motorcycle except to and from work? | [Integer] |  | 11.8 (a) |
| duration_motor_ve hicle_other | Total duration per day (minutes) | [Decimal] | Referring to question <br> During the last week, how many days did you travel on a motorised vehicle, like a car, bus, auto-rickshaw or motorcycle except to and from work? days_motor_vehicle_other If answered >= 1 as integer | 11.8 (b) |
| days_cycle_other | During the last week, how many days did you cycle except to and from work? | [Integer] |  | 11.9 (a) |
| duration_cycle_oth er | Total duration per day (minutes) | [Decimal] | Referring to question <br> During the last week, how many days did you cycle except to and from work? <br> days_cycle_other <br> If answered >= 1 as integer | 11.9 (b) |
| days_walk_other | During the last week, how many days did you travel to places by walking except to and from work? | [Integer] |  | 11.10 (a) |


| duration_walk_oth er | Total duration per day (minutes) | [Decimal] | Referring to question <br> During the last week, how many days did you travel to places by walking except to and from work? days_walk_other If answered >= $\mathbf{1}$ as integer | 11.10 (b) |
| :---: | :---: | :---: | :---: | :---: |
| leisure | Now I am going to ask you some questions about how you spent your time, apart from work outside of the home over the LAST WEEK. <br> First, please think about all the physical activities that you did in the LAST WEEK solely for sport, exercise or leisure. Please do not include any activities you have already mentioned. |  | [Enumerator Note] |  |
| walking_normal | Did you take part in walking normal speed for leisure? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.11 \text { (a) } \\ & \text { (i) } \end{aligned}$ |
| walking_normal_to taldays | Total number of days per week | [Integer] | Referring to question <br> Did you take part in walking normal speed for leisure? <br> walking_normal <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (a) } \\ & \text { (ii) } \end{aligned}$ |
| walking_normal_p erday | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in walking normal speed for leisure? <br> walking_normal <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (a) } \\ & \text { (iii) } \end{aligned}$ |
| walking_brisk | Did you take part in walking brisk speed for leisure? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.11 \text { (b) } \\ & \text { (i) } \end{aligned}$ |
| last_7days_walking _brisk | Total number of days per week | [Integer] | Referring to question <br> Did you take part in walking brisk speed for leisure? <br> walking_brisk <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (b) } \\ & \text { (ii) } \end{aligned}$ |
| last_7days_total_d uration_walking_br isk | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in walking brisk speed for leisure? <br> walking_brisk <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (b) } \\ & \text { (iii) } \end{aligned}$ |
| jogging_running | Did you take part in jogging/running? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.11 \text { (c) } \\ & \text { (i) } \end{aligned}$ |
| last_7days_jogging _running | Total number of days per week | [Integer] | Referring to question <br> Did you take part in jogging/running? <br> jogging_running <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (c) } \\ & \text { (ii) } \end{aligned}$ |
| Last_7days_total_d uration_jogging_ru nning | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in jogging/running? <br> jogging_running <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (c) } \\ & \text { (iii) } \end{aligned}$ |
| badminton | Did you take part in badminton? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.11 \text { (d) } \\ & \text { (i) } \end{aligned}$ |


| last_7days_badmin ton | Total number of days per week | [Integer] | Referring to question <br> Did you take part in badminton? <br> badminton <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (d) } \\ & \text { (ii) } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: |
| last_7days_total_d uration_badminton | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in badminton? <br> badminton <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (d) } \\ & \text { (iii) } \end{aligned}$ |
| cricket | Did you take part in cricket? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.11 \text { (e) } \\ & \text { (i) } \end{aligned}$ |
| last_7days_cricket | Total number of days per week | [Integer] | Referring to question <br> Did you take part in cricket? <br> cricket <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (e) } \\ & \text { (ii) } \end{aligned}$ |
| last_7days_total_d uration_cricket | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in cricket? <br> cricket <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (e) } \\ & \text { (iii) } \end{aligned}$ |
| yoga | Did you take part in yoga? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.11 \text { (f) } \\ & \text { (i) } \end{aligned}$ |
| last_7days_yoga | Total number of days per week | [Integer] | Referring to question Did you take part in yoga? <br> yoga <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (f) } \\ & \text { (ii) } \end{aligned}$ |
| last_7days_total_d uration_yoga | Total duration per day (minutes) | [Decimal] | Referring to question Did you take part in yoga? <br> yoga <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (f) } \\ & \text { (iii) } \end{aligned}$ |
| swimming | Did you take part in swimming? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.11 \text { (g) } \\ & \text { (i) } \end{aligned}$ |
| last_7days_swimmi ng | Total number of days per week | [Integer] | Referring to question <br> Did you take part in swimming? <br> swimming <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (g) } \\ & \text { (ii) } \end{aligned}$ |
| last_7days_total_d uration_swimming | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in swimming? <br> swimming <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (g) } \\ & \text { (iii) } \end{aligned}$ |
| volleyball | Did you take part in volleyball? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.11 \text { (i) } \\ & \text { (i) } \end{aligned}$ |
| last_7days_volleyb all | Total number of days per week | [Integer] | Referring to question <br> Did you take part in volleyball? <br> volleyball <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (i) } \\ & \text { (ii) } \end{aligned}$ |
| last_7days_total_d uration_volleyball | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in volleyball? volleyball | $\begin{aligned} & 11.11 \text { (i) } \\ & \text { (iii) } \end{aligned}$ |


|  |  |  | $\begin{aligned} & \text { If answered [1] } \\ & \text { "Yes" } \end{aligned}$ |  |
| :---: | :---: | :---: | :---: | :---: |
| kabaddi | Did you take part in kabbadi? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.11(\mathrm{j}) \\ & \text { (i) } \end{aligned}$ |
| last_7days_kabadd i | Total number of days per week | [Integer] | Referring to question <br> Did you take part in kabbadi? <br> kabaddi <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (j) } \\ & \text { (ii) } \end{aligned}$ |
| last_7days_total_d uration_kabbadi | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in kabbadi? <br> kabaddi <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (j) } \\ & \text { (iii) } \end{aligned}$ |
| cycling | Did you take part in cycling? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.11 \text { (k) } \\ & \text { (i) } \end{aligned}$ |
| last_7days_cycling | Total number of days per week | [Integer] | Referring to question <br> Did you take part in cycling? <br> cycling <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (k) } \\ & \text { (ii) } \end{aligned}$ |
| last_7days_total_d uration_cycling | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in cycling? <br> cycling <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (k) } \\ & \text { (iii) } \end{aligned}$ |
| calisthenics | Did you take part in gym exercises like push-ups, situps, squats, pull-ups? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| last_7days_calisthe nics | Total number of days per week | [Integer] | Referring to question <br> Did you take part in gym exercises like push-ups, sit-ups, squats, pull-ups? <br> calisthenics <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_calisthenic $s$ | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in gym exercises like push-ups, sit-ups, squats, pull-ups? <br> calisthenics <br> If answered [1] <br> "Yes" |  |
| leisure_other | Did you take part in any other activities for sport, exercise or leisure, other than those mentioned? | [1] Yes <br> [2] No <br> [99] No response |  | $\begin{aligned} & 11.11 \text { (m) } \\ & \text { (i) } \end{aligned}$ |
| other_1 | Please name other activities you took part in for sport, exercise or leisure | [Text] | Referring to question <br> Did you take part in any other activities for sport, exercise or leisure, other than those mentioned? <br> leisure_other <br> If answered [1] <br> "Yes" | 11.11 ( n ) |
| last_7_days_other_ 1_physical_activity | Total number of days per week | [Integer] | Referring to question <br> Did you take part in any other activities for sport, exercise or leisure, other than those mentioned? <br> leisure_other <br> If answered [1] | $\begin{aligned} & 11.11 \text { (n) } \\ & \text { (ii) } \end{aligned}$ |


|  |  |  | "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| last_7_days_total_ duration_other_1_ physical_activity | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in any other activities for sport, exercise or leisure, other than those mentioned? <br> leisure_other <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.11 \text { (n) } \\ & \text { (ii) } \end{aligned}$ |
| other_2 | Please name other activities you took part in for sport, exercise or leisure | [Text] | Referring to question <br> Please name other activities you took part in for sport, exercise or leisure other_1 <br> If not left blank | 11.11 (0) |
| last_7_days_other_ 2_physical_activity | Total number of days per week | [Integer] | Referring to question <br> Please name other activities you took part in for sport, exercise or leisure other_1 <br> If not left blank | $\begin{aligned} & 11.11 \text { (o) } \\ & \text { (ii) } \end{aligned}$ |
| last_7_days_total_ duration_other_2_ physical_activity | Total duration per day (minutes) | [Decimal] | Referring to question <br> Please name other activities you took part in for sport, exercise or leisure other_1 <br> If not left blank | $\begin{aligned} & 11.11 \text { (o) } \\ & \text { (iii) } \end{aligned}$ |
| other_3 | Please name other activities you took part in for sport, exercise or leisure | [Text] | Referring to question <br> Please name other activities you took part in for sport, exercise or leisure other_1 <br> other_2 <br> If not left blank | 11.11 (p) |
| last_7_days_other_ 3_physical_activity | Total number of days per week | [Integer] | Referring to question <br> Please name other activities you took part in for sport, exercise or leisure <br> other_1 <br> other_2 <br> If not left blank | $\begin{aligned} & 11.11 \text { (p) } \\ & \text { (ii) } \end{aligned}$ |
| last_7_days_total_ duration_other_3_ physical_activity | Total duration per day (minutes) | [Decimal] | Referring to question <br> Please name other activities you took part in for sport, exercise or leisure other_1 <br> other_2 <br> If not left blank | $\begin{aligned} & 11.11 \text { (p) } \\ & \text { (iii) } \end{aligned}$ |
| other_4 | Please name other activities you took part in for sport, exercise or leisure | [Text] | Referring to question <br> Please name other activities you took part in for sport, exercise or leisure <br> other_1 <br> other_2 <br> other_3 <br> If not left blank |  |
| last_7_days_other_ 4_physical_activity | Total number of days per week | [Integer] | Referring to question <br> Please name other activities you took part in for sport, exercise or leisure <br> other_1 <br> other_2 <br> other_3 <br> If not left blank |  |
| last_7_days_total_ duration_other_4_ physical_activity | Total duration per day (minutes) | [Decimal] | Referring to question <br> Please name other activities you took part in for sport, exercise or leisure other_1 <br> other_2 |  |


|  |  |  | other_3 <br> If not left blank |  |
| :---: | :---: | :---: | :---: | :---: |
| household_activitie $s$ | Now think about activities you do at home such as housework, gardening and hobbies in the LAST WEEK. Please do not include any activities already mentioned |  | [Enumerator Note] |  |
| cooking | Did you take part in cooking? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (a) |
| last_7days_other_c ooking | Total number of days per week | [Integer] | Referring to question <br> Did you take part in cooking? <br> cooking <br> If answered [1] <br> "Yes" |  |
| last_7_days_total_ duration_cooking | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in cooking? <br> cooking <br> If answered [1] <br> "Yes" |  |
| washing_utensils | Did you take part in washing vessels? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (b) |
| last_7days_other_ washing_utensils | Total number of days per week | [Integer] | Referring to question <br> Did you take part in washing vessels? <br> washing_utensils <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_washing_u tensils | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in washing vessels? <br> washing_utensils <br> If answered [1] <br> "Yes" |  |
| mopping | Did you take part in mopping? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (c) |
| last_7days_other_ mopping | Total number of days per week | [Integer] | Referring to question <br> Did you take part in mopping? <br> mopping <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_mopping | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in mopping? <br> mopping <br> If answered [1] <br> "Yes" |  |
| sweeping | Did you take part in sweeping? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (d) |
| last_7days_other_s weeping | Total number of days per week | [Integer] | Referring to question <br> Did you take part in sweeping? <br> sweeping <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_sweeping | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in sweeping? <br> sweeping <br> If answered [1] <br> "Yes" |  |


| washing_clothes | Did you take part in washing clothes manually? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (e) |
| :---: | :---: | :---: | :---: | :---: |
| last_7days_other_ washing_clothes | Total number of days per week | [Integer] | Referring to question <br> Did you take part in washing clothes manually? <br> washing_clothes <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_washing_cl othes | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in washing clothes manually? <br> washing_clothes <br> If answered [1] <br> "Yes" |  |
| dusting_cleaning | Did you take part in dusting / cleaning? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (f) |
| last_7days_other_d usting_cleaning | Total number of days per week | [Integer] | Referring to question <br> Did you take part in dusting / <br> cleaning? <br> dusting_cleaning <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_dusting_cl eaning | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in dusting / <br> cleaning? <br> dusting_cleaning <br> If answered [1] <br> "Yes" |  |
| ironing_folding_clo thes | Did you take part in ironing and folding clothes? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (g) |
| last_7days_other_i roning_folding_clot hes | Total number of days per week | [Integer] | Referring to question <br> Did you take part in ironing and folding clothes? <br> ironing_folding_clothes <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_ironing_fol ding_clothes | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in ironing and folding clothes? <br> ironing_folding_clothes <br> If answered [1] <br> "Yes" |  |
| child_care | Did you take part in child care? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (h) |
| last_7days_other_c hild_care | Total number of days per week | [Integer] | Referring to question <br> Did you take part in child care? <br> child_care <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_child_care | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in child care? <br> child_care <br> If answered [1] <br> "Yes" |  |


| collecting_fuel_wat er | Did you take part in collecting fuel/fodder/water? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (i) |
| :---: | :---: | :---: | :---: | :---: |
| last_7days_other_c ollecting_fuel_wat er | Total number of days per week | [Integer] | Referring to question Did you take part in collecting fuel/fodder/water? collecting_fuel_water If answered [1] "Yes" |  |
| last_7days_total_d uration_collecting_ fuel_water | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in collecting <br> fuel/fodder/water? <br> collecting_fuel_water <br> If answered [1] <br> "Yes" |  |
| animal_care | Did you take part in animal care? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (j) |
| last_7days_other_a nimal_care | Total number of days per week | [Integer] | Referring to question <br> Did you take part in animal care? <br> animal_care <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_animal_car <br> e | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in animal care? <br> animal_care <br> If answered [1] <br> "Yes" |  |
| gardening | Did you take part in gardening? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (k) |
| last_7days_other_g ardening | Total number of days per week | [Integer] | Referring to question <br> Did you take part in gardening? <br> gardening <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_gardening | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in gardening? <br> gardening <br> If answered [1] <br> "Yes" |  |
| washing_clothes_m achine | Did you take part in washing clothes by machine? | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (m) |
| last_7days_other_ washing_clothes_m achine | Total number of days per week | [Integer] | Referring to question <br> Did you take part in washing clothes by machine? <br> washing_clothes_machine <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_washing_cl othes_machine | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in washing clothes by machine? <br> washing_clothes_machine <br> If answered [1] <br> "Yes" |  |
| housework_other | Did you take part in any other activity at home such as housework, gardening | [1] Yes <br> [2] No <br> [99] No response |  | 11.12 (l) |


|  | and hobbies, other than those mentioned? |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| other_housework_ <br> 1 | Please name other activities you took part in at home | [Text] | Referring to question <br> Did you take part in any other activity at home such as housework, gardening and hobbies, other than those mentioned? <br> housework_other <br> If answered [1] "Yes" |  |
| last_7days_other_a ctivity_1 | Total number of days per week | [Integer] | Referring to question <br> Did you take part in any other activity at home such as housework, gardening and hobbies, other than those mentioned? <br> housework_other <br> If answered [1] "Yes" |  |
| last_7days_total_d uration_other_acti vity_1 | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in any other activity at home such as housework, gardening and hobbies, other than those mentioned? <br> housework_other <br> If answered [1] <br> "Yes" |  |
| other_housework_ <br> 2 | Please name other activities you took part in at home | [Text] | Referring to question <br> Please name other activities you took <br> part in at home <br> other_housework_1 <br> If not left blank | 11.12 ( n ) |
| last_7days_other_a ctivity_2 | Total number of days per week | [Integer] | Referring to question <br> Please name other activities you took part in at home <br> other_housework_1 <br> If not left blank |  |
| last_7days_total_d uration_other_acti vity_2 | Total duration per day (minutes) | [Decimal] | Referring to question <br> Please name other activities you took part in at home <br> other_housework_1 <br> If not left blank |  |
| other_housework_ $3$ | Please name other activities you took part in at home | [Text] | Referring to question <br> Please name other activities you took part in at home <br> other_housework_1 <br> other_housework_2 <br> If not left blank | 11.12 (o) |
| last_7days_other_a ctivity_3 | Total number of days per week | [Integer] | Referring to question <br> Please name other activities you took part in at home <br> other_housework_1 <br> other_housework_2 <br> If not left blank |  |
| last_7days_total_d uration_other_acti vity_3 | Total duration per day (minutes) | [Decimal] | Referring to question <br> Please name other activities you took part in at home <br> other_housework_1 <br> other_housework_2 <br> If not left blank |  |


| sedentary | This last question is about time spent sitting in the LAST WEEK. Do not include time spent sitting at work. Please do not include any activities already mentioned. |  | [Enumerator Note] | 11.13 |
| :---: | :---: | :---: | :---: | :---: |
| reading_leisure | Did you take part in reading for leisure? | [1] Yes <br> [2] No <br> [99] No response |  | 11.13 (a) |
| last_7days_other_r eading_leisure | Total number of days per week | [Integer] | Referring to question <br> Did you take part in reading for leisure? <br> reading_leisure <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_reading_lei sure | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in reading for leisure? <br> reading_leisure <br> If answered [1] <br> "Yes" |  |
| computer_games_i nternet | Did you take part in playing computer/computer games / internet for leisure? | [1] Yes <br> [2] No <br> [99] No response |  | 11.13 (b) |
| last_7days_other_c omputer_games_in ternet | Total number of days per week | [Integer] | Referring to question <br> Did you take part in playing computer <br> /computer games / internet for leisure? <br> computer_games_internet <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_computer_ games_internent | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in playing computer /computer games / internet for leisure? <br> computer_games_internet <br> If answered [1] "Yes" |  |
| watching_tv_movie $s$ | Did you take part in watching TV/ movies? | [1] Yes <br> [2] No <br> [99] No response |  | 11.13 (c) |
| last_7days_other_ watching_tv_movie $s$ | Total number of days per week | [Integer] | Referring to question <br> Did you take part in watching TV/ <br> movies? <br> watching_tv_movies <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_watching_ tv_movies | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in watching TV/ <br> movies? <br> watching_tv_movies <br> If answered [1] <br> "Yes" |  |
| indoor_games | Did you take part in playing indoor games (e.g. chess, carom, playing cards)? | [1] Yes <br> [2] No <br> [99] No response |  | 11.13 (d) |
| last_7days_other_i ndoor-games | Total number of days per week | [Integer] | Referring to question <br> Did you take part in playing indoor games (e.g. chess, carom, playing cards)? <br> indoor_games <br> If answered [1] <br> "Yes" |  |


| last_7days_total_d uration_indoor_ga mes | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in playing indoor games (e.g. chess, carom, playing cards)? <br> indoor_games <br> If answered [1] <br> "Yes" |  |
| :---: | :---: | :---: | :---: | :---: |
| prayer_meditation | Did you take part in prayer/meditation? | [1] Yes <br> [2] No <br> [99] No response |  | 11.13 (e) |
| last_7days_prayer_ meditation | Total number of days per week | [Integer] | Referring to question Did you take part in prayer/meditation? <br> prayer_meditation If answered [1] "Yes" |  |
| last_7days_total_d uration_prayer_me ditation | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in prayer/meditation? <br> prayer_meditation <br> If answered [1] <br> "Yes" |  |
| listening_music_ra dio | Did you take part in listening to music/radio? | [1] Yes <br> [2] No <br> [99] No response |  | 11.13 (f) |
| last_7days_other_li stening_music_radi o | Total number of days per week | [Integer] | Referring to question <br> Did you take part in listening to music/radio? <br> listening_music_radio <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_listening_ music_radio | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in listening to music/radio? <br> listening_music_radio <br> If answered [1] <br> "Yes" |  |
| sewing_embroidery _knitting | Did you take part in sewing /embroidery/ knitting? | [1] Yes <br> [2] No <br> [99] No response |  | 11.13 (g) |
| last_7days_other_s ewing_embroidery _knitting | Total number of days per week | [Integer] | Referring to question <br> Did you take part in sewing /embroidery/ knitting? <br> sewing_embroidery_knitting <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_sewing_e mbroidery_knitting | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in sewing /embroidery/ knitting? <br> sewing_embroidery_knitting If answered [1] "Yes" |  |
| socialising | Did you take part in socialising (talking outside working hours or on phone)? | [1] Yes <br> [2] No <br> [99] No response |  | 11.13 (h) |
| last_7days_other_s ocialising | Total number of days per week | [Integer] | Referring to question Did you take part in socialising (talking outside working hours or on phone)? socialising |  |


|  |  |  | $\begin{aligned} & \text { If answered [1] } \\ & \text { "Yes" } \end{aligned}$ |  |
| :---: | :---: | :---: | :---: | :---: |
| last_7days_total_d uration_socialising | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in socialising (talking outside working hours or on phone)? <br> socialising <br> If answered [1] <br> "Yes" |  |
| sitting_idle | Did you take part in sitting idle? | [1] Yes <br> [2] No <br> [99] No response |  | 11.13 (j) |
| last_7days_other_s itting_idle | Total number of days per week | [Integer] | Referring to question <br> Did you take part in sitting idle? <br> sitting_idle <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_sitting_idle | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in sitting idle? <br> sitting_idle <br> If answered [1] <br> "Yes" |  |
| sedentary_other | Did you take part in any other activity that involved sitting, other than those already mentioned? | [1] Yes <br> [2] No <br> [99] No response |  | 11.13 (i) |
| other_sedentary_1 | Please name other activities you took part in that involved sitting. | [Text] | Referring to question <br> Did you take part in any other activity that involved sitting, other than those already mentioned? <br> sedentary_other <br> If answered [1] <br> "Yes" |  |
| last_7days_other_1 | Total number of days per week | [Integer] | Referring to question <br> Did you take part in any other activity that involved sitting, other than those already mentioned? <br> sedentary_other <br> If answered [1] <br> "Yes" |  |
| last_7days_total_d uration_other_1 | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in any other activity that involved sitting, other than those <br> already mentioned? <br> sedentary_other <br> If answered [1] <br> "Yes" |  |
| other_sedentary_2 | Please name other activities you took part in that involved sitting. | [Text] | Referring to question <br> Please name other activities you took part in that involved sitting. <br> other_sedentary_1 <br> If not left blank | 11.13 (k) |
| last_7days_other_2 | Total number of days per week | [Integer] | Referring to question <br> Please name other activities you took part in that involved sitting. <br> other_sedentary_1 <br> If not left blank |  |
| last_7days_total_d uration_other_2 | Total duration per day (minutes) | [Decimal] | Referring to question <br> Please name other activities you took part in that involved sitting. <br> other_sedentary_1 |  |


|  |  |  | If not left blank |  |
| :---: | :---: | :---: | :---: | :---: |
| routine | Finally, we're going to ask you about some routine activities in the LAST WEEK. |  | [Enumerator Note] | 11.14 |
| eating | Did you take part in eating (breakfast, lunch, dinner)? | [1] Yes <br> [2] No <br> [99] No response |  | 11.14 (a) (i) |
| eating_days_perwe ek | Total number of days per week | [Integer] | Referring to question <br> Did you take part in eating (breakfast, lunch, dinner)? <br> eating <br> If answered [1] <br> "Yes" | 11.14 (a) (ii) |
| eating_duration_p erday | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in eating (breakfast, lunch, dinner)? <br> eating <br> If answered [1] <br> "Yes" | $\begin{aligned} & 11.14 \text { (a) } \\ & \text { (iii) } \end{aligned}$ |
| brushing_shaving_ bathing | Did you take part in brushing, shaving, bathing? | [1] Yes <br> [2] No <br> [99] No response |  | 11.14 (b) (i) |
| brushing_days_per week | Total number of days per week | [Integer] | Referring to question <br> Did you take part in brushing, shaving, bathing? <br> brushing_shaving_bathing <br> If answered [1] <br> "Yes" | 11.14 (b) (ii) |
| brushing_duration_ perday | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in brushing, shaving, bathing? <br> brushing_shaving_bathing <br> If answered [1] <br> "Yes" | $11.14 \text { (b) }$ <br> (iii) |
| dressing | Did you take part in dressing? | [1] Yes <br> [2] No <br> [99] No response |  | 11.14 (c) (i) |
| dressing_days_per week | Total number of days per week | [Integer] | Referring to question <br> Did you take part in dressing? <br> dressing <br> If answered [1] <br> "Yes" | 11.14 (c) (ii) |
| dressing_duration_ perday | Total duration per day (minutes) | [Decimal] | Referring to question <br> Did you take part in dressing? <br> dressing <br> If answered [1] <br> "Yes" | $11.14 \text { (c) }$ <br> (iii) |
| survey_complete | Thank you very much for pa questions for us? | cipating, do you have any | [Enumerator Note] |  |
| comment_text | Comments by Field Investigators | [Text] |  |  |

## FOOD FREQUENCY QUESTIONNAIRE

How the Food Frequency Questionnaire works:

- For each food item, it is first asked whether the food was eaten in the past year (yes/no).
- If yes, it is asked how many servings were eaten at a time on average (i.e. average portion size) and how often it was eaten (daily/weekly/monthly/yearly/seasonally, plus number of times in each day/week/month/year).
- For fruits and vegetables, as these are highly seasonal, additional questions are asked about how often it was eaten when in season, if reported as eaten seasonally (shaded blue columns denotes that questions were only asked if participants responded that they only ate that item in season).
- $\quad$ The main 100-item FFQ (from Chapati up to Colocasia) is identical to the one used in the 3FU. Additional questions on meat intake have been added afterwards so as not to interfere with the order of the original validated FFQ.
- In the additional meat section, participants were first asked if they consumed any of each type of meat (chicken, mutton, etc), and if they responded yes, then further questions on meat subtypes were asked (shaded blue rows denotes that questions were only asked if that item was consumed in the past year).
- Throughout the FFQ, the following interviewer hints were provided:
- (1) To interviewer, double check if portion $\geq 5$, as portion seems large.
- (2) Double check with participant if portion $\geq 5$ and frequency per day or month as it seems high
- (3) Double check with participant if portion $\geq 7$ frequency of week as it seems high.
- (4) Double check with participant if portion $\geq 12$ and frequency of year as it seems high
- *The following additional question was asked for beer consumption
- What was the size of the [var] that you usually drank on days when you drank beer? [1] Large bottle (650ml); [2] Pint ( 550 ml ); [3] Small bottle ( 330 ml ); [4] Glass (125ml); [99] No response.
- Variable name in 4FU: beer_size

| Food item | Did you ever eat [var] last year? <br> [1] Yes <br> [2] No <br> [99] No response | How many servings of [var] did you eat each time on average? (1) | How often did you eat [var]? Every... <br> [1] Day <br> [2] Week <br> [3] Month <br> [4] Year | How many times do you eat [var] per [day/week/ month/year]? (3) |
| :---: | :---: | :---: | :---: | :---: |
| Servings of chapatis/rotis | chapati | chapati_portion (1) | chapati_freq | chapati freqper $(2)(3)(4)$ |
| Servings parathas/naan | naan | naan_portion (1) | naan_freq | naan freqper (2) (3) (4) |
| Servings jowar roti | jowar_roti | jowar_roti_portion <br> (1) | jowar_roti_freq | jowar_roti_freqper $(2)(3)(4)$ |
| Servings poori, bhatura | poori | poori_portion (1) | poori_freq | poori_freqper (2) (3) (4) |
| Bowls of rice | rice | rice_portion (1) | rice_freq | rice_freqper <br> (2) (3) (4) |
| Bowls of mutton/chicken biryani | muttonchicken | muttonchicken_portion (1) | muttonchicken_freq | muttonchicken_freqper (2) (3) (4) |
| Bowls of lime rice, puligore, veg biryani | limepuligoreveg | limepuligoreveg_portion (1) | limepuligoreveg_freq | limepuligoreveg_freqper $(2)(3)(4)$ |
| Bowls of bhagar | bhagar | bhagar_portion (1) | bhagar_freq | bhagar_freqper $(2)(3)(4)$ |
| Bowls of upma | upma | upma_portion | upma_freq | upma freqper |
| Idlis | idlis | idlis_portion | idlis_freq | idlis_freqper |
| Dosa/uthappam | dosauthappam | dosauthappam_portion | dosauthappam_freq | dosauthappam freqper |
| Pesarattu | pesarattu | pesarattu_portion | pesarattu_freq | pesarattu_freqper |
| Bowls of attakalu | attakalu | attakalu_portion | attakalu freq | attakalu freqper |
| bowls of rice, ragi porridge | riceragiporridge | riceragiporridge_portion | riceragiporridge_freq | riceragiporridge_freqper |
| bowls of cornflakes | cornflakes | cornflakes_portion | cornflakes_freq | cornflakes freqper |
| Bread, Toast, Rolls,Buns | bretoabun | bretoabun_portion | bretoabun_freq | bretoabun_freqper |
| Bowls of noodles, pasta | nodpas | nodpas_portion | nodpas_freq | nodpas_freqper |
| plain dhal sambar | pladalsambar | pladalsambar_portion | pladalsambar_freq | pladalsambar_freqper |


| ladles dhal sambar with vegetables | dalsambar | dalsambar_portion | dalsambar_freq | dalsambar_freqper |
| :---: | :---: | :---: | :---: | :---: |
| Ladles Channa, rajma, dry peas etc. curry | charajpea | charajpea_portion | charajpea_freq | charajpea_freqper |
| many ladles of Green leafy vegetable curry | greleafveg | greleafveg_portion | greleafveg_freq | greleafveg_freqper |
| ladles of Rasam (all types) | rasam | rasam_portion | rasam_freq | rasam_freqper |
| tablespoons of Raw vegetable salad | rawvegsalad | rawvegsalad_portion | rawvegsalad_freq | rawvegsalad_freqper |
| tablespoons of Vegetable Raitha | vegraitha | vegraitha_portion | vegraitha_freq | vegraitha_freqper |
| many teaspoons of Pickle | pickle | pickle_portion | pickle_freq | pickle_freqper |
| Papad | papad | papad_portion | papad_freq | papad_freqper |
| tablespoons of Coconut chutney | coconutchut | coconutchut_portion | coconutchut_freq | coconutchut_freqper |
| tablespoons of groundnut chutney | groundnutchut | groundnutchut_portion | groundnutchut_freq | groundnutchut_freqper |
| tablespoons of Tomato chutney | tomatochut | tomatochut_portion | tomatochut_freq | tomatochut_freqper |
| bowls of Chicken curry | chickencurry | chickencurry_portion | chickencurry_freq | chickencurry_freqper |
| Chicken fry/grilled | chickenfrygrilled | chickenfrygrilled_portion | chickenfrygrilled_freq | chickenfrygrilled_freqpe $r$ |
| bowls of Mutton/ pork/beef curry or fry | muttonporkbeef | muttonporkbeef_portion | muttonporkbeef_freq | muttonporkbeef freqper |
| bowls of Fish curry | fishcurry | fishcurry_portion | fishcurry_freq | fishcurry_freqper |
| fish fry | fishfry | fishfry_portion | fishfry_freq | fishfry_freqper |
| tablespoons of Organ meats (Liver, brain, kidney etc.) | organmeat | organmeat_portion | organmeat_freq | organmeat_freqper |
| bowls of Prawn, crab, shell fish etc. | prawcrabshellfish | prawcrabshellfish_portio <br> n | prawcrabshellfish_freq | prawcrabshellfish_freqp er |
| Eggs (boiled, poached, omelettes) | eggboipoaome | eggboipoaome_portion | eggboipoaome_freq | eggboipoaome_freqper |
| glasses of Tea with milk | teawithmilk | teawithmilk_portion | teawithmilk_freq | teawithmilk_freqper |
| glasses of Tea without milk | teawithoutmilk | teawithoutmilk_portion | teawithoutmilk_freq | teawithoutmilk_freqper |
| glasses of Coffee with milk | coffeewithmilk | coffeewithmilk_portion | coffeewithmilk_freq | coffeewithmilk_freqper |
| glasses of Coffee without milk | coffeewithoutmilk | coffeewithoutmilk_portio n | coffeewithoutmilk_freq | coffeewithoutmilk_freqp er |
| glasses of Plain milk ( Not <br> Flavoured) | plainmilk | plainmilk_portion | plainmilk_freq | plainmilk_freqper |
| glasses of Flavored milk (horlicks, bournvita etc) | flavmilk | flavmilk_portion | flavmilk_freq | flavmilk_freqper |
| bowls of Curd | curds | curds_portion | curds freq | curds_freqper |
| glasses of Buttermilk/Lassi | butterlassi | butterlassi_portion | butterlassi_freq | butterlassi_freqper |
| many glasses of Lime/ orange/ other fresh fruit juice | limeorangothjuice | limeorangothjuice_portio n | thjuice_freq | limeorangothjuice_freqp er |
| bottles ( 250 ml ) of Fanta, pepsi, coca cola etc. | fantapepsicoke | fantapepsicoke_portion | fantapepsicoke_freq | fantapepsicoke_freqper |
| Beer* | beer | beer_portion | beer_freq | beer_freqper |
| pegs of Spirits (whiskey, gin, rum, arrack) | spirits | spirits_portion | spirits_freq | spirits_freqper |
| glasses ( 125 ml ) of toddy | toddy | toddy_portion | toddy_freq | toddy freqper |
| glasses of wine | wine | wine_portion | wine freq | wine_freqper |
| pegs of other local alcoholic drinks | arrack | arrack_portion | arrack_freq | arrack_freqper |
| teaspoons of Ghee/ butter | gheebutter | gheebutter_portion | gheebutter_freq | gheebutter_freqper |
| many teaspoons of Jam | jam | jam_portion | jam_freq | jam_freqper |




| occasions), and biryani, curry, fry, patty/ samosas |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| mutton curry | mutton_curry | mutton_curry_po rtion | mutton_curry_freq | mutton_curry_freq per |  |
| mutton fry | mutton fry | mutton_fry_porti on | mutton_fry freq | mutton_fry_freqpe $r$ |  |
| mutton grill/kebab | mutton_grill | mutton_grill_port ion | mutton_grill_freq | mutton_grill_freqp er |  |
| mutton puff/patty/ cutlet/samosa | mutton_puffpattyc utlet | mutton_puffpatt ycutlet_portion | mutton_puffpattyc utlet freq | mutton_puffpattyc utlet freqper | mutton_puffpatty cutlet_portionsize |
| mutton organ meat | mutton_organmeat | mutton_organme at_portion | mutton_organmeat freq | mutton_organmeat freqper | mutton_organme at_portionsize |
| Beef <br> Including inside and outside home (e.g., special occasions), and biryani, curry, fry, patty/ samosas | beef* |  |  |  |  |
| beef curry | beef_curry | beef_curry_portio <br> $n$ | beef_curry_freq | beef_curry_freqper |  |
| eat beef fry | beefffry | beef_fry_portion | beef_fry freq | beeffry freqper |  |
| beef grill/kebab | beef_grill | beef_grill_portio n | beef_grillffreq | beef_grill_freqper |  |
| beef biryani | beef_biryani | beef_biryani_por tion | beef_biryani_freq | beef_biryani_freqp er |  |
| eat beef puff/patty/ <br> cutlet/samosa | beef_puffpattycutl et | beef_puffpattycu tlet_portion | beef_puffpattycutl et freq | beef_puffpattycutl et_freqper | beef_puffpattycut let_portionsize |
| beef organmeat | beef_organmeat | beef_organmeat_ portion | beef_organmeat_fr eq | beef_organmeat_fr eqper | beef_organmeat_ portionsize |
| beef organmeat fry | beef_organmeatfry | beef_organmeatf ry_portion | beef_organmeatfry freq | beef_organmeatfry freqper | beef_organmeatf ry_portionsize |
| wild bird <br> Including inside and outside home (e.g., special occasions). | wildbird |  |  |  |  |
| wildbird curry | wildbird_curry | wildbird_curry_p ortion | wildbird_curry_freq | wildbird_curry_freq per |  |
| wildbird fry | wildbird_fry | wildbird_fry_port ion | wildbird fry_freq | wildbird_fry_freqp er |  |
| Processed meat <br> (Any form, e.g. <br> sausages/salami, ham/bacon, salted/dried meat, burgers/ nuggets) | processedmeat | processedmeat_p ortion | processedmeat_fre $q$ | processedmeat_fre qper |  |
| eat any other types of meat | consumed_anyothe <br> r_meat <br> Please specify | consumed_anyot her_meat_portio n | consumed_anyothe r_meat_freq | consumed_anyothe $r_{-}$meat_freqper |  |
| fish or shellfish of any type (Including prawns, fish, dried fish, crab) Including eating inside and outside the home (e.g., special occasions) | anyfish* |  |  |  |  |
| driedfish | driedfish | driedfish_portion | driedfish_freq | driedfish_freqper |  |
| prawn curry | prawn_curry | prawn_curry_por tion | prawn_curry_freq | prawn_curry_freqp er |  |
| prawn fry | prawn_fry | prawn_fry_portio <br> n | prawn fry freq | prawn fry freqper |  |
| any other fish/shellfish | consumed_anyothe <br> $r$ fish <br> Please specify | consumed_anyot her_fish_portion | consumed_anyothe $r$ fish_freq | consumed_anyothe $r$ fish_freqper |  |



| lowfatdiet1 | If yes, Since how many years are you on this special diet? | [Integer] | If on a low fat diet |  |
| :---: | :---: | :---: | :---: | :---: |
| fiberdiet | Are you on a high fiber diet? | $\begin{aligned} & \hline \text { [1] Yes } \\ & \text { [2] No } \\ & \text { [99] No response } \\ & \hline \end{aligned}$ | If on any special diet, i.e. ques_start = [1] | 21.6(c) |
| fiberdiet1 | If yes, Since how many years are you on this special diet? | [Integer] | If on a high fibre diet |  |
| lowsaltdiet | Are you on a low salt diet? | [1] Yes <br> [2] No <br> [99] No response | If on any special diet, i.e. ques_start = [1] | 21.6(d) |
| lowsaltdiet1 | If yes, Since how many years are you on this special diet? | [Integer] | If on a low salt diet |  |
| weightreducingdiet | Are you on a weight reducing diet? | [1] Yes <br> [2] No <br> [99] No response | If on any special diet, i.e. ques_start = [1] | 21.6(e) |
| weightreducingdiet1 | If yes, Since how many years are you on this special diet? | [Integer] | If on a weight reducing diet |  |
| otherdiet | Are you on any Other diet? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \text { [99] No response } \\ & \hline \end{aligned}$ | If on any special diet, i.e. ques_start $=$ [1] | 21.6(f) |
| specify_otherdiet | Please specify if you have any | [Text] | If on any Other diet | 21.6(g) |
| otherdiet1 | If yes, Since how many years are you on this special diet? | [Integer] | If on any Other diet |  |
| veg_diet | Are you vegetarian? | [1] Yes <br> [2] No <br> [99] No response |  | 21.5 |

## HOUSEHOLD QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS <br> (including any branching logic) | 3FU VARIABLE NAME (if applicable) |
| :---: | :---: | :---: | :---: | :---: |
| note1 | Welcome to APCAPS 4th follow-up survey: Household questionnaire |  | [Enumerator Note] |  |
| username | Initials of interviewer | [Text] |  |  |
| participantid | Participant ID | [Barcode/QR Code] |  |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |  |
| participantid_text | Please enter Participant ID | [Text] |  |  |
| hhid | Household ID | [Integer] |  |  |
| fid | Family ID | [Text] |  |  |
| note_97 | We would like to ask some questions about your household. By household, I mean the group of people you live and take your meals with from a shared kitchen, even if sometimes this is prevented by work or other commitments. By shared kitchen I mean joint cooking, not only sharing a room used as a kitchen. |  | [Enumerator Note] |  |
| hhstructure | What kind of household do you currently live in? | [1] Single <br> [2] Hostel/shared accommodation <br> [3] Nuclear family (married couple \& offspring) <br> [4] Extended family (2 related married couples of different generations i.e. married couple with one of the parents) <br> [5] Joint family (two related married couples from same generation (i.e. two married siblings) <br> [6] Joint-extended |  | 6.1 |


|  |  | [7] Any other [99] No response |  |  |
| :---: | :---: | :---: | :---: | :---: |
| construction_material | What is the material used in the construction of the house? | [1] Kutcha <br> [2] Semi-pucca <br> [3] Pucca <br> [99] No response |  | 6.2 |
| lighting_source | What is the main source of lighting for your household? | [1] Electricity <br> [2] Kerosene <br> [3] Gas <br> [4] Oil <br> [5] Other <br> [99] No response |  | 6.3a |
| cooking_fuel_source | What is the main source cooking fuel? | [1] Electricity <br> [2] Kerosene <br> [3] Gas <br> [4] Oil <br> [5] Other <br> [99] No response |  | 6.3b |
| drinking_water_source | What is the main source of drinking water for members of your household? | [1] Pipe, hand pump, well (in residence/ plot) <br> [2] Pipe, hand pump or well (public) <br> [3] Processed and canned water <br> [4] Other <br> [99] No response |  | 6.4 |
| toilet_facility | What kind of toilet facility does the household have? (select all) | [1] Own flush toilet <br> [2] Own pit toilet/latrine <br> [3] No facility/field/bush <br> [4] Other <br> [99] No response |  | 6.5 |
| collect_ration | Do you collect rations from a ration card? | [1] Yes <br> [2] No <br> [99] No response |  | 6.6 |
| total_rooms | How many rooms are there in your household? (Count all rooms including kitchen, bathroom, etc) | [Integer] |  | 6.8a |
| sleep_rooms | How many rooms are used for sleeping? | [Integer] |  |  |
| homeasset | Do you have any of the following in your home? | [1] A built in sink <br> [2] A geyser <br> [3] A separate kitchen <br> [4] None <br> [99] No response |  | 6.8b |
| hh_assets | Does the household (or someone in the household) own any of the following: <br> Tick all that apply. | [1] Any agricultural land currently under cultivation (either by selves or leased) <br> [2] Any agricultural land (regardless of whether under cultivation) <br> [3] A television <br> [4] A motorcycle/ scooter/ moped <br> [5] A car/ van/ lorry <br> [6] A refrigerator <br> [7] A smart phone |  | $\begin{aligned} & 6.9 \\ & 6.10 \end{aligned}$ |


|  |  | [8] A water pump (TBC) <br> [9] A air conditioner/cooler <br> [10] A washing machine <br> [11] A mattress <br> [12] A sofa set <br> [13] A computer/laptop <br> [14] This house or any other own house <br> [15] Gold jewellery <br> [16] None <br> [99] No response |  |  |
| :---: | :---: | :---: | :---: | :---: |
| domestic_help | Does your household employ anyone in the house, e.g., domestic servant/cook? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| total_people | Including yourself, how many people normally live in your household? | [Integer] |  | 6.7 |
| food_intro | I am now going to ask you household's access to food weeks... | me questions about your the past month. In the past 4 | [Enumerator Note] |  |
| enough_food | Did you worry that your household would not have enough food? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| enough_food_freq | How often did this happen? | [1] Rarely (once or twice in the month) <br> [2] Sometimes (three to ten times in the month) <br> [3] Often (more than ten times in the month) <br> [99] No response | If enough_food = [1] |  |
| prefer_food | Were you or any household member not able to eat the kinds of foods you preferred because of a lack of financial resources? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| prefer_food_freq | How often did this happen? | [1] Rarely (once or twice in the month) <br> [2] Sometimes (three to ten times in the month) <br> [3] Often (more than ten times in the month) <br> [99] No response | If prefer_food = [1] |  |
| limit_food | Did you or any household member have to eat a limited variety of foods due to a lack of financial resources? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| limit_food_freq | How often did this happen? | [1] Rarely (once or twice in the month) <br> [2] Sometimes (three to ten times in the month) <br> [3] Often (more than ten times in the month) <br> [99] No response | If limit_food = [1] |  |


| dislike_food | Did you or any household member have to eat some foods that you really did not want to eat because of a lack of financial resources to obtain other types of food? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| :---: | :---: | :---: | :---: | :---: |
| dislike_food_freq | How often did this happen? | [1] Rarely (once or twice in the month) <br> [2] Sometimes (three to ten times in the month) <br> [3] Often (more than ten times in the month) <br> [99] No response | If dislike_food = [1] |  |
| small_meal | Did you or a household member have to a eat a smaller meal than you felt you needed because there was not enough food? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| small_meal_freq | How often did this happen? | [1] Rarely (once or twice in the month) <br> [2] Sometimes (three to ten times in the month) <br> [3] Often (more than ten times in the month) <br> [99] No response | If small_meal = [1] |  |
| few_meals | Did you or any other household member have to eat fewer meals in a day than you felt you needed because there was not enough food? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| few_meals_freq | How often did this happen? | [1] Rarely (once or twice in the month) <br> [2] Sometimes (three to ten times in the month) <br> [3] Often (more than ten times in the month) <br> [99] No response | If few_meals = [1] |  |
| no food | Was there ever no food to eat of any kind in your household because you could not afford to get food? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| no_food_freq | How often did this happen? | [1] Rarely (once or twice in the month) <br> [2] Sometimes (three to ten times in the month) <br> [3] Often (more than ten times in the month) <br> [99] No response | If no_food = [1] |  |
| sleep_hungry | Did you or any household member go to sleep at night hungry because there was not enough food? | [1] Yes <br> [2] No <br> [99] No response |  |  |


| sleep_hungry_freq | How often did this happen? | [1] Rarely (once or twice in the month) <br> [2] Sometimes (three to ten times in the month) <br> [3] Often (more than ten times in the month) <br> [99] No response | If sleep_hungry = [1] |  |
| :---: | :---: | :---: | :---: | :---: |
| no_food_daynight | Did you or any household member go a whole day and night without eating anything because there was not enough food? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| no_food_daynight_freq | How often did this happen? | [1] Rarely (once or twice in the month) <br> [2] Sometimes (three to ten times in the month) <br> [3] Often (more than ten times in the month) <br> [99] No response | If no_food_daynight $=$ [1] |  |
| hh_photo_consent | We would like to take two photos of the inside of your house, one of the main room and another of the kitchen. We are doing this to see if these photos can be used as an alternative to long questionnaires about your house in the future. Do you give permission for us to take photos? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  |  |
| survey_complete | Thank you very much for questions for us? | ipating, do you have any | [Enumerator Note] |  |

BLOOD PRESSURE QUESTIONNAIRE - edit with combined variables

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS (including any branching logic) | 3FU VARIABLE NAME (if applicable) |
| :---: | :---: | :---: | :---: | :---: |
| note1 | Welcome to APCAPS 4th follow-up: Blood pressure questionnaire | [Enumerator Note] |  |  |
| username | Initials of interviewer | [Text] |  |  |
| participantid | Participant ID | [Barcode/QR code] |  |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |  |
| qr | Did ID scan correctly? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  |  |
| participantid_text | Please enter Participant ID | [Text] | If $\mathrm{qr}=$ [2] |  |
| hhid | Household ID | [Text] | If qr = [2] |  |
| fid | Family ID | [Text] | If $\mathrm{qr}=$ [2] |  |
| dob | Date of birth | [Date] |  |  |
| age | Age today according to date of birth | [Calculation] |  |  |
| show_age | Participant age | [Note] |  |  |


| uscom_bp_comp |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| uscom_bp_specify |  |  |  |  |
| uscom_room_temp |  |  |  |  |
| uscom_uscom1 |  |  |  |  |
| uscom_systolic_bp |  |  |  |  |
| uscom_sysnote1 |  |  |  |  |
| uscom_diastolic_bp |  |  |  |  |
|  |  |  |  |  |

## BLOOD AND URINE SAMPLING QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS (including any branching logic) | 3FU VARIABLE NAME (if applicable) |
| :---: | :---: | :---: | :---: | :---: |
| note1 | Welcome to APCAPS 4th follow-up: Blood and urine sample questionnaire | [Enumerator <br> Note] |  |  |
| username | Initials of interviewer | [Text] |  |  |
| participantid | Participant ID | [Barcode/QR code] |  |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |  |
| qr | Did ID scan correctly? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |  |
| participantid_text | Please enter Participant ID | [Text] | If q r $=$ [2] |  |
| hhid | Household ID | [Text] | If q r $=$ [2] |  |
| fid | Family ID | [Text] | If q r $=$ [2] |  |
| sex | Please select your sex | [1] Male <br> [2] Female |  |  |
| illness | Any illness within the last week? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  |  |
| multiple | If yes, specify what illness | [1] Cold <br> [2] Cough <br> [3] Head ache <br> [4] Fever <br> [5] Body <br> aches <br> [6] Pain <br> abdomen <br> [7] <br> Diarrhoea <br> [8] Vomiting <br> [9] Others | If illness = [1] |  |
| other | Please specify | [Text] | If multiple $=$ [9] |  |
| food_reduction | Was this illness or some other reason responsible for reduction in food intake over the last week? | [1] No reduction <br> [2] Minor reduction [3] Major reduction |  |  |
| diabetes | Do you have diabetes? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |  |


| pregnancy | Are you pregnant? | [1] Yes <br> [2] No | If sex $=$ [2] |  |
| :---: | :---: | :---: | :---: | :---: |
| meal | Day of last meal | [1] Yesterday [2] Today |  |  |
| meal_time | Time of last meal | [Time] | If meal = [2] |  |
| snacks | Day of last snack/tea | [1] Yesterday [2] Today |  |  |
| snacks_time | Time of last snack/tea | [Time] | If snacks = [2] |  |
| blood | Blood sample taken? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |  |
| blood_no | Reason for not collecting blood sample | [Text] | If blood = [2] |  |
| time_blood | Time blood sample taken | [Time] | If blood = [1] |  |
| urine | Urine sample collected from the participant? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |  |
| urine_day | Was the urine sample already taken by the participant when the field team arrived or did they take it when the field team was present? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ | If urine $=$ [1] |  |
| urine_time | Time of last urine | [Time] | If urine = [1] |  |
| urine_void | Was this urine sample collected during the first urination of the day? | $\begin{aligned} & \hline \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ | If urine $=$ [1] |  |
| urine_no | Reason for not collecting urine sample | [Text] | If urine $=$ [2] |  |
| other_comment | Any other comments on blood/ urine sample | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  |  |
| other_commenttext | If yes, specify |  | If <br> other_comment $=[1]$ |  |
| comment | Any illness within the last week? | $\begin{aligned} & \hline \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ | [Text] |  |

HEARING THRESHOLD TEST QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS (including any branching logic) |
| :---: | :---: | :---: | :---: |
| note1 | Welcome to APCAPS 4th follow-up: Blood and urine sample questionnaire | [Enumerator Note] |  |
| username | Initials of interviewer | [Text] |  |
| participantid | Participant ID | [Barcode/QR code] |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator <br> Note] |  |
| qr | Did ID scan correctly? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |
| participantid_text | Please enter Participant ID | [Text] | If $\mathrm{qr}=$ [2] |
| hhid | Household ID | [Text] | If $\mathrm{qr}=$ [2] |
| fid | Family ID | [Text] | If $\mathrm{qr}=$ [2] |
| dob | Date of birth | [Date] |  |
| age | Age today according to date of birth | [Calculation] |  |
| show_age | Participant age | [Note] |  |
| age_check | Please note the hearing test is for participants aged 45+. The date of birth entered indicates the participant is $<45$. | If show_age <45 |  |


|  | Please check the date of birth and do not conduct the <br> hearing test if participant is <45. |  |  |
| :--- | :--- | :--- | :--- |
| hearing_done | Hearing impairment test complete? | $[1]$ Yes <br> [2] No | $[\mathrm{Text}]$ If hearing_done <br> = [2] <br> hearing_refuse Reason hearing impairment test not completed |
| hearing_left | Enter estimate for left ear | If hearing_done <br> $=[1]$ |  |
| hearing_right | Enter estimate for right ear | [Integer] | If hearing_done <br> $=[1]$ |
| hearing_best | Calculate the minimum between hearing_left and <br> hearing_right | $[$ [Yes] <br> [No] | If hearing_done <br> $=[1]$ |
| hearing_ambient | Did the app report excessive ambient noise? | If hearing_done <br> $=[1]$ |  |
| hearing_id | Please enter the participant ID onto the audiogram. <br> Confirm once this is complete. | Your results indicate you might have hearing <br> impairments. We recommend that you visit <br> Vanasthalipuram Area Hospital to have your hearing <br> tested. | [Text] |

Not collected in APCAPS 3FU.

## VISUAL ACUITY QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS (including any branching logic) | $3 F U$ <br> VARIABLE NAME (if applicable) |
| :---: | :---: | :---: | :---: | :---: |
| note1 | Welcome to APCAPS 4th follow-up: <br> Blood and urine sample questionnaire | [Enumerator Note] |  |  |
| username | Initials of interviewer | [Text] |  |  |
| participantid | Participant ID | [Barcode/QR code] |  |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |  |
| qr | Did ID scan correctly? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |  |
| participantid_text | Please enter Participant ID | [Text] | If $\mathrm{qr}=$ [2] |  |
| hhid | Household ID | [Text] | If $\mathrm{qr}=$ [2] |  |
| fid | Family ID | [Text] | If $\mathrm{qr}=$ [2] |  |
| dob | Date of birth | [Date] |  |  |
| age | Age today according to date of birth | [Calculation] |  |  |
| show_age | Participant age | [Note] |  |  |
| age_check | Please note the hearing test is for participants aged 45+. The date of birth entered indicates the participant is $<45$. Please check the date of birth and do not conduct the hearing test if participant is <45. |  | If <br> show_age <45 |  |
| distance_complete | Did the participant complete the distance vision test? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] } \mathrm{No} \end{aligned}$ |  |  |
| distance_left | Enter the result for the left eye (right eye covered) | $\begin{aligned} & {[0.00] 0.00} \\ & {[0.10] 0.10} \end{aligned}$ | If distance_complete $=[1]$ |  |
| distance_right | Enter the result for the right eye (left eye covered) | $\begin{aligned} & {[0.12] 0.12} \\ & {[0.16] 0.16} \\ & {[0.20] 0.20} \\ & \hline \end{aligned}$ | If distance_complete $=[1]$ |  |


|  |  | $\begin{aligned} & {[0.25] 0.25} \\ & {[0.32] 0.32} \\ & {[0.40] 0.40} \\ & {[0.50] 0.50} \\ & {[0.63] 0.63} \\ & {[0.80] 0.80} \\ & {[1.00] 1.00} \\ & {[1.25] 1.25} \\ & {[1.60] 1.60} \\ & {[2.00] 2.00} \\ & {[99.0] \text { No result }} \\ & \hline \end{aligned}$ |  |  |
| :---: | :---: | :---: | :---: | :---: |
| distance_not_complete_text | Please specify the reason for not completing the test |  | If distance_complete = [2] |  |
| distance_glass | Did the participant wear their glasses/contact lenses when completing the test? | [1] Yes <br> [2] No <br> [3] Not applicable (does not have glasses/contact lenses) | If distance_complete = [1] |  |
| near_complete | Did the participant complete the near vision test? | [2] No |  |  |
| near_left | Enter the result for the left eye (right eye covered) | $\begin{aligned} & {[0.000] 0.000} \\ & {[0.050] 0.050} \end{aligned}$ | If near_complete = [1] |  |
| near_right | Enter the result for the right eye (left eye covered) | $[0.063] 0.063$ $[0.080] 0.080$ $[0.10] 0.10$ $[0.12] 0.12$ $[0.16] 0.16$ $[0.20] 0.20$ $[0.25] 0.25$ $[0.32] 0.32$ $[0.40] 0.40$ $[0.50] 0.50$ $[0.63] 0.63$ $[0.80] 0.80$ $[1.00] 1.00$ $[1.25] 1.25$ $[1.60] 1.60$ $[2.00] 2.00$ $[99.0]$ No result | near_complete = [1] |  |
| vision_distance_best | Maximum result of left and right eye distance assessment. | [Calculation] |  |  |
| vision_near_best | Maximum result of left and right eye near assessment. | [Calculation] |  |  |
| vision_near_refer | Your results indicate you might have near vision impairment. We recommend that you visit Vanasthalipuram Area Hospital to have your eyesight tested further. | [Note] | $\begin{aligned} & \text { If vision_near_best } \\ & <0.5 \end{aligned}$ |  |
| vision_distance_refer | Your results indicate you might have distance vision impairment. We recommend that you visit Vanasthalipuram Area Hospital to have your eyesight tested further. | [Note] | If vision_distance_best <0.3 |  |
| near_not_complete_text | Please specify the reason for not completing the test |  | If near_complete = [2] |  |
| near_glasses | Did the participant wear their glasses/contact lenses when completing the test? | [1] Yes <br> [2] No <br> [3] Not applicable (does not have glasses/contact lenses) | If near_complete = [1] |  |


| survey_complete | Thank you very much for participating, <br> do you have any questions for us? |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| comment_text | Comment by Field Investigators |  |  |  |

## ACCELEROMETER PROVISION AND RETRIEVAL QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS <br> (including any branching logic) | 3FU <br> VARIABLE <br> NAME (if <br> applicable) |
| :---: | :---: | :---: | :---: | :---: |
| note1 | Welcome to APCAPS 4th follow-up: Blood and urine sample questionnaire | [Enumerator Note] |  |  |
| username | Initials of interviewer | [Text] |  |  |
| participantid | Participant ID | [Barcode/QR code] |  |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |  |
| $q r$ | Did ID scan correctly? | [1] Yes <br> [2] No |  |  |
| participantid_text | Please enter Participant ID | [Text] | If $\mathrm{qr}=$ [2] |  |
| hhid | Household ID | [Text] | If qr = [2] |  |
| fid | Family ID | [Text] | If $\mathrm{qr}=$ [2] |  |
| age | What is your age (in completed years)? | [Integer] |  |  |
| sex | Please select your sex | [1] Male <br> [2] Female |  |  |
| Accelerometer provision |  |  |  |  |
| number | Please select the accelerometer number |  |  |  |
| date_initiation | Date of initiation | [Date] |  |  |
| time_initiation | Time of initiation | [Time] |  |  |
| date_termination | Date of Termination | [Date] |  |  |
| time_termination | Time of Termination | [Time] |  |  |
| number1 | Please select the Band number | [Integer] |  |  |
| text | Comments by Field Investigators | [Text] |  |  |
| Accelerometer retrieval |  |  |  |  |
| number | Please select the accelerometer number | [Integer] |  |  |
| date_retrival | Date of Retrieval | [Date] |  |  |
| time_retrival | Time of Retrieval | [Time] |  |  |
| accelerometer_removal | Did you at any time remove the accelerometer during the 48 hours duration? | [1] Yes [2] No |  |  |
| date | Date of removal | [Date] | If accelerometer_removal = [1] |  |
| time | Time of removal | [Time] | If accelerometer_removal = [1] |  |
| comments1 | Comments | [Text] | If accelerometer_removal = [1] |  |
| date2 | Date of removal | [Date] | If accelerometer_removal = [1] |  |
| time2 | Time of removal | [Time] | If accelerometer_removal = [1] |  |
| comments2 | Comments | [Text] | If accelerometer_removal = [1] |  |
| date3 | Date of removal | [Date] | If accelerometer_removal = [1] |  |
| time3 | Time of removal | [Time] | If accelerometer_removal = [1] |  |


| comments3 | Comments | [Text] | If accelerometer_removal = [1] |  |
| :---: | :---: | :---: | :---: | :---: |
| date 4 | Date of removal | [Date] | If accelerometer_removal = [1] |  |
| time4 | Time of removal | [Time] | If accelerometer_removal = [1] |  |
| number1 | Please select the MiBand number | [Integer] | If accelerometer_removal = [1] |  |
| comments4 | Comments | [Text] | If accelerometer_removal = [1] |  |
| survey_complete | Thank you very much for participating, do you have any questions for us? | [Note] | If accelerometer_removal = [1] |  |
| comment_text | Comments by Field Investigators | [Text] | If accelerometer_removal = [1] |  |

ECHOCARDIOGRAM, CIMT AND LIVER SCANS QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS (including any branching logic) | 3FU <br> VARIABLE <br> NAME (if <br> applicable) |
| :---: | :---: | :---: | :---: | :---: |
| note1 | Welcome to APCAPS 4th follow-up: Blood and urine sample questionnaire | [Enumerator Note] |  |  |
| username | Initials of interviewer | [Text] |  |  |
| participantid | Participant ID | [Barcode/QR code] |  |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |  |
| qr | Did ID scan correctly? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  |  |
| participantid_text | Please enter Participant ID | [Text] | If q r $=$ [2] |  |
| hhid | Household ID | [Text] | If qr = [2] |  |
| fid | Family ID | [Text] | If $\mathrm{qr}=$ [2] |  |
| dob | Date of birth | [Date] |  |  |
| age | Age today according to date of birth | [Calculation] |  |  |
| show_age | Participant age | [Note] |  |  |
| echo | ECHO taken? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ | If age > 39 |  |
| echo1 | Please specify if not done | [Text] | If echo = [2] |  |
| imt | IMT taken? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  |  |
| imt_rm | Right measure | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ | If imt $=$ [1] |  |
| imt_Im | Left measure | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ | If imt $=$ [1] |  |
| im1 | Please specify if not done | [Text] | If imt $=$ [2] |  |
| liver | Liver scan taken | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  |  |
| liver1 | Please specify if not done | [Text] | If liver = [2] |  |
| comment | Comments by Field Investigators | [Text] |  |  |

ECG AND VICORDER QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION | COMMENTS <br> (including any <br> branching logic) | 3FU <br> VARIABLE <br> NAME (if <br> applicable) |
| :---: | :---: | :---: | :---: |


| note1 | Welcome to APCAPS 4th follow-up: Blood and urine sample questionnaire | [Enumerator Note] |  |  |
| :---: | :---: | :---: | :---: | :---: |
| username | Initials of interviewer | [Text] |  |  |
| participantid | Participant ID | [Barcode/QR code] |  |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |  |
| qr | Did ID scan correctly? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |  |
| participantid_text | Please enter Participant ID | [Text] | If q r $=$ [2] |  |
| hhid | Household ID | [Text] | If $\mathrm{qr}=$ [2] |  |
| fid | Family ID | [Text] | If $\mathrm{qr}=$ [2] |  |
| dob | Date of birth | [Date] |  |  |
| age | Age today according to date of birth | [Calculation] |  |  |
| show_age | Participant age | [Note] |  |  |
| temperatue | Room Temperature (Degree Celsius) | [Decimal] |  |  |
| meal | Have you had a meal in last 2 hours? | [1] Yes <br> [2] No <br> [99] No response |  |  |
| ecg | ECG complete? | $\begin{aligned} & \hline \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |  |
| ecg1 | Please specify reason if not done | [Text] |  |  |
| tbi | Enter toe brachial index | [Decimal] |  |  |
| tbi2 | Enter toe brachial index | [Decimal] |  |  |
| tbi3 | Enter toe brachial index | [Decimal] |  |  |
| sore | Do you have sores/wounds that are not healing on your legs, feet or toes? |  | If $\boldsymbol{t b i} \leq 0.7$ or $\boldsymbol{t b i 2} \leq$ 0.7 (Coding error should have been 'If $\boldsymbol{t b i} \leq 0.7$ or tbi2 $\leq 0.7$ or tbi3 $\leq 0.7^{\prime}$ ) |  |
| stent | Have you ever had an angioplasty or stent placed in the leg? |  | If $\boldsymbol{t b i} \leq 0.7$ or $\boldsymbol{t b i 2} \leq$ <br> 0.7 (coding error) |  |
| ampute | Have you ever had an amputation (part of your toe/foot/ leg removed)? |  | If $t b i \leq 0.7$ or $t b i 2 \leq$ 0.7 (coding error) |  |
| discomfort_pain | Have you ever had any pain or discomfort in your legs? |  | If $\boldsymbol{t b i} \leq 0.7$ or $\boldsymbol{t b i 2} \leq$ <br> 0.7 (coding error) |  |
| uphill | Do you get it when you walk uphill or hurry? |  | If discomfort_pain $=[1]$ |  |
| stand | Does it ever begin when you are standing still or sitting? |  | If discomfort_pain $=[1]$ |  |
| ordinary | Do you get it when you walk at an ordinary pace on the level? |  | If discomfort_pain $=[1]$ |  |
| remedy_walking | What do you do if you get it while you are walking? |  | If discomfort_pain $=[1]$ |  |
| standing_still | If you are standing still, what happens to it? |  | If discomfort_pain $=[1]$ |  |
| standing_still_time | How soon? |  | $\begin{aligned} & \text { If standing_still = } \\ & \text { [1] } \end{aligned}$ |  |
| site | Is the pain in the calf, thigh or buttock? |  | If discomfort_pain $=[1]$ |  |
| survey_complete | Thank you very much for participating, do you have any questions for us? |  |  |  |
| comment_text | Comment by Field Investigators |  |  |  |

PHOTOS QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS <br> (including any branching |
| :---: | :---: | :---: | :---: |
| note1 | Welcome to APCAPS 4th follow-up: Blood and urine sample questionnaire | [Enumerator Note] |  |
| username | Initials of interviewer | [Text] |  |
| participantid | Participant ID | [Barcode/QR code] |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |
| qr | Did ID scan correctly? | [1] Yes <br> [2] No |  |
| participantid_text | Please enter Participant ID | [Text] | If qr = [2] |
| hhid | Household ID | [Text] | If $\mathrm{qr}=$ [2] |
| fid | Family ID | [Text] | If $\mathrm{qr}=$ [2] |
| dental_retract | Did the participant agree to wear the cheek retractor? | [1] Yes <br> [2] No <br> [3] Not required |  |
| dental_image1 | Take a photo of the whole mouth with both upper and lower gums visible | [Image] | If dental_retract = [1] |
| dental_image 2 | Take a photo of the mouth so the upper teeth and gums are visible | [Image] | If dental_retract = [2] or [3] |
| dental_image 3 | Take a photo of the mouth so the lower teeth and gums are visible | [Image] | If dental_retract = [2] or [3] |
| participantid_images | Take a photo of the participant's face | [Image] |  |
| body_image_note | Ask the participant to remove any bulky outer clothing before taking the full-body photos. | [Note] |  |
| body_image_front | Take a photo of the participant's body from a front angle | [Image] |  |
| body_image_side | Take a photo of the participant's body from a side angle | [Image] |  |
| body_image_back | Take a photo of the participant's body from a back angle | [Image] |  |
| comment_text | Comment by Field Investigators | [Text] |  |

TIMED WALK QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS (including any branching logic) |
| :---: | :---: | :---: | :---: |
| note1 | Welcome to APCAPS 4th follow-up: <br> Blood and urine sample questionnaire | [Enumerator Note] |  |
| username | Initials of interviewer | [Text] |  |
| participantid | Participant ID | [Barcode/QR code] |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |
| qr | Did ID scan correctly? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  |
| participantid_text | Please enter Participant ID | [Text] | If qr = [2] |
| hhid | Household ID | [Text] | If $\mathbf{q r}=$ [2] |
| fid | Family ID | [Text] | If q r $=$ [2] |
| dob | Date of birth | [Date] |  |


| age | Age today according to date of birth | [Calculation] |  |
| :---: | :---: | :---: | :---: |
| show_age | Participant age | [Note] |  |
| age_check | Please note the timed walk is for participants aged 45+. The date of birth entered indicates the participant is <45. Please check the date of birth and do not conduct the timed walk if participant is <45. | [Enumerator Note] | If age < 45 |
| frontvideo_starttime | Please enter the time at which the participant starts to wait at the first 10 m line | [Text] |  |
| frontvideo | Please shoot the side view video of the participant while performing the test | [Video] |  |
| walk_complete | 6-meter walk at regular speed attempted? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |
| walk_no | Reason if 6-meter walk not completed | [1] Tried but unable <br> [2] Participant could not hold position unassisted <br> [3] Not attempted, you felt unsafe <br> [4] Not attempted, participant felt unsafe <br> [5] Participant unable to understand instructions <br> [6] Other <br> [7] Participant refused | If walk_complete = [2] |
| walk_no_other | Please specify if participant refused or did not participate in walk for 'other' reason | [Text] | If walk_no = [6] or [7] |
| walk_time1 | Enter time (seconds) completed for first walk | [Decimal] | If walk_complete = [1] |
| walk_time2 | Enter time (seconds) completed for second walk | [Decimal] | If walk_complete = [1] |
| frontvideo_endtime | Please enter the time once the participant has finished both $6 m$ walks | [Text] | If walk_complete = [1] |
| walk_comments | Comments by field investigator | [Text] |  |

## NEUROPATHY QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS (including any branching logic) |
| :---: | :---: | :---: | :---: |
| note1 | Welcome to APCAPS 4th follow-up: Blood and urine sample questionnaire | [Enumerator Note] |  |
| username | Initials of interviewer | [Text] |  |
| participantid | Participant ID | [Barcode/QR code] |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |
| qr | Did ID scan correctly? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \end{aligned}$ |  |
| participantid_text | Please enter Participant ID | [Text] | If $\mathrm{qr}=$ [2] |
| hhid | Household ID | [Text] | If $\mathrm{qr}=$ [2] |
| fid | Family ID | [Text] | If $\mathrm{qr}=$ [2] |
| neuro_intro | In the past two weeks, have you experienced: | [Note] |  |
| neuro_burn | Burning, stabbing, or shock-like pain in the feet or legs | [1] Yes <br> [2] No <br> [99] No response |  |
| neuro_burn_well | Does this generally affect your sense of wellbeing (i.e., does it bother you)? | [1] Yes <br> [2] No <br> [99] No response | If neuro_burn = [1] |


| neuro_burn_act | Does this generally affect you doing your usual daily activities? | [1] Yes <br> [2] No | If neuro_burn = [1] |
| :---: | :---: | :---: | :---: |
| neuro_numb | Numbness of feet or legs | [99] No response |  |
| neuro_numb_well | Does this generally affect your sense of wellbeing (i.e., does it bother you)? | [1] Yes <br> [2] No | If neuro_numb $=[1]$ |
| neuro_numb_act | Does this generally affect you doing your usual daily activities? | [99] No response | If neuro_numb $=[1]$ |
| neuro_tingle | Tingling in the feet or legs | [1] Yes <br> [2] No |  |
| neuro_tingle_well | Does this generally affect your sense of wellbeing (i.e., does it bother you)? | [99] No response | If neuro_tingle $=[1]$ |
| neuro_tingle_act | Does this generally affect you doing your usual daily activities? | [1] Yes <br> [2] No | If neuro_tingle = [1] |
| neuro_weak | Weakness in the feet or legs (e.g., difficulties standing on your toes or heels, or moving around) | [99] No response |  |
| neuro_weak_well | Does this generally affect your sense of wellbeing (i.e., does it bother you)? | [1] Yes <br> [2] No | If neuro_weak $=[1]$ |
| neuro_weak_act | Does this generally affect you doing your usual daily activities? | [99] No response | If neuro_weak = [1] |
| neuro_hands | Any similar symptoms <br> (pain/numbness/tingling/weakness) in the hands | [1] Yes <br> [2] No |  |
| neuro_hands_well | Does this generally affect your sense of wellbeing (i.e., does it bother you)? | [99] No response | If neuro_hands $=[1]$ |
| neuro_hands_act | Does this generally affect you doing your usual daily activities? | [1] Yes <br> [2] No | If neuro_hands $=[1]$ |
| neuro_walk | Any feeling of unsteadiness when walking or a sense of imbalance | [99] No response |  |
| neuro_walk_well | Does this generally affect your sense of wellbeing (i.e., does it bother you)? | [1] Yes <br> [2] No | If neuro_walk = [1] |
| neuro_walk_act | Does this generally affect you doing your usual daily activities? | [99] No response | If neuro_walk = [1] |
| neuro_pin | Sensory examination: Score pin prick test | [0] Normal (toe sensation same as test) <br> [1] Reduced at the toes only <br> [2] Reduced to a level above the toes, but only up to the ankles <br> [3] Reduced to a level above the ankles and/or absent at the toes |  |
| neuro_temp | Sensory examination: Score temperature test | [0] Normal (toe sensation same as test) <br> [1] Reduced at the toes only <br> [2] Reduced to a level above the toes, but only up to the ankles <br> [3] Reduced to a level above the ankles and/or absent at the toes |  |
| neuro_touch | Sensory examination: Score light touch test | [0] Normal (toe sensation same as test) <br> [1] Reduced at the toes only <br> [2] Reduced to a level above the toes, but only up to the ankles <br> [3] Reduced to a level above the ankles and/or absent at the toes |  |
| neuro_vibe | Sensory examination: Score vibration sense test | [0] Normal (toe sensation same as test) <br> [1] Reduced at the toes, but normal at the ankles <br> [2] Reduced at the ankles, normal at the knee <br> [3] Reduced or absent at the knee and/or absent at the toes |  |
| neuro_pos | Sensory examination: Score position sense test | [0] Normal (correct at least 2/3 times) <br> [1] Reduced at toe, normal at ankle (correct at least 2/3 times) <br> [2] Reduced at ankle, normal at knee (correct at least 2/3 times) <br> [3] Reduced or absent at the knee |  |
| neuro_burn_calc | Sum score for symptom question | [Calculation] |  |


| neuro_numb_calc | Sum score for symptom question | [Calculation] |  |
| :--- | :--- | :--- | :--- |
| neuro_tingle_calc | Sum score for symptom question | [Calculation] |  |
| neuro_weak_calc | Sum score for symptom question | [Calculation] | [Calculation] |
| neuro_hands_calc | Sum score for symptom question | [Calculation] |  |
| neuro_walk_calc | Sum score for symptom question | [Calculation] |  |
| sympt_calc | Sum total score for symptom questions | [Calculation] |  |
| signs_calc | Sum total score for signs questions | [Calculation] | [Note] |
| neuro_score | Sum total score for neuropathy assessment | 4 |  |
|  | Your results indicate that you could be <br> experiencing nerve damage related to your <br> diabetes. We strongly recommend that you visit <br> Vanasthalipuram Area Hospital for further testing <br> and visit your PHC for support with controlling <br> your diabetes. |  |  |
| neuro_note | Thank you very much for participating, do you <br> have any questions for us? | [Note] |  |
| survey_complete | [Text] |  |  |
| comment_text | Comments by Field Investigators |  |  |

## FUNDUS IMAGING QUESTIONNAIRE

| 4FU VARIABLE NAME | QUESTION |  | COMMENTS (including any branching logic) |
| :---: | :---: | :---: | :---: |
| note1 | Welcome to APCAPS 4th follow-up: Blood and urine sample questionnaire | [Enumerator Note] |  |
| username | Initials of interviewer | [Text] |  |
| participantid | Participant ID | [Barcode/QR code] |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |
| $q r$ | Did ID scan correctly? | [1] Yes <br> [2] No |  |
| participantid_text | Please enter Participant ID | [Text] | If q r $=$ [2] |
| hhid | Household ID | [Text] | If $\mathrm{q}=$ = [2] |
| fid | Family ID | [Text] | If $\mathrm{qr}=$ [2] |
| dob | Date of birth | [Date] |  |
| age | Age today according to date of birth | [Calculation] |  |
| show_age | Participant age | [Note] |  |
| fundus_comp | Did the participant have images taken of their retina? | [1] Yes [2] No |  |
| fundus_specifiy | Please specify the reason for not completing it | [Text] | If fundus_comp = [2] |
| fundus_number | Folder number for retinal images | [Integer] | If fundus_comp = [1] |
| text | Comments by Field Investigators | [Text] |  |

## DEMENTIA INFORMANT QUESTIONNAIRE

| 4FU VARIABLE NAME | COMMENTS <br> (including any <br> branching logic) |  |  |
| :--- | :--- | :--- | :--- |
| Qote1 | Welcome to APCAPS 4th follow-up: Blood and urine <br> sample questionnaire | [Enumerator Note] |  |


| username | Initials of interviewer | [Text] |  |
| :---: | :---: | :---: | :---: |
| participantid | Participant ID | [Barcode/QR code] |  |
| participantid_note | PLEASE DO NOT FORGET TO SCAN BARCODE | [Enumerator Note] |  |
| qr | Did ID scan correctly? | $\begin{aligned} & \text { [1] Yes } \\ & \text { [2] No } \\ & \hline \end{aligned}$ |  |
| participantid_text | Please enter Participant ID | [Text] | If $\mathrm{qr}=$ [2] |
| hhid | Household ID | [Text] | If $\mathrm{qr}=$ [2] |
| fid | Family ID | [Text] | If $\mathrm{qr}=$ [2] |
| informant_name | What is your first name? | [Text] |  |
| informant_surname | What is your family name? | [Text] |  |
| informant_age | What is your age (in completed years)? | [Integer] |  |
| informant_relate | What is your relationship to the individual? | [1] Spouse <br> [2] Brother <br> [3] Sister <br> [4] Brother-in-law <br> [5] Sister-in-law <br> [6] Son <br> [7] Daughter <br> [8] Father <br> [9] Mother <br> [10] Niece <br> [11] Nephew <br> [12] Son-in-law <br> [13] Daughter-in-law <br> [14] Other <br> [99] No response |  |
| informant_relate_other | Please specify | [Text] |  |
| csid_intro | I would like to ask a few short questions about your relative's activities these days. | [Note\} |  |
| csid_decline | Has there been a general decline in his/her mental functioning? | [1] Yes <br> [2] No <br> [99] No response |  |
| csid_reason | Have you noticed a change in his/her ability to think and reason? | [1] Yes <br> [2] No <br> [99] No response |  |
| csid_putthings | Does he/she often forget where he/she has put things? | [1] Yes [2] No [99] No response |  |
| csid_daybefore | Does he/she sometimes forget what happened the day before? | [1] Yes <br> [2] No <br> [99] No response |  |
| csid_where | Does he/she sometimes forget where she is? | [1] Yes <br> [2] No <br> [99] No response |  |
| csid_dressing | Does he/she have difficulty dressing (misplacing buttons, putting clothes on in the wrong order or in the wrong way)? | $\begin{array}{\|l\|} \hline \text { [1] Yes } \\ \text { [2] No } \\ \text { [99] No response } \\ \hline \end{array}$ |  |
| csid_inf_end | Thank you for your time, please let me know if you have any questions for us? | [Note] |  |
| comment_text | Comments by Field Investigators | [Text] |  |

## REFERENCES

1. APCAPS. Andhra Pradesh Children And Parents Study (APCAPS): A Transgenerational extension of Hyderabad Nutrition Trial - Clinical Questionnaire.
2. Coates J, Swindale A, Bilinsky P. Household Food Insecurity Access Scale (HFIAS) for measurement of food access: indicator guide: version 3. 2007;
3. Bowen L, Bharathi AV, Kinra S, Destavola B, Ness A, Ebrahim S. Development and evaluation of a semi-quantitative food frequency questionnaire for use in urban and rural India. Asia Pac J Clin Nutr. 2012;21(3):355-60.
4. Matsuzaki M, Sullivan R, Ekelund U, Krishna KR, Kulkarni B, Collier T, et al. Development and evaluation of the Andhra Pradesh Children and Parent Study Physical Activity Questionnaire (APCAPS-PAQ): a cross-sectional study. BMC Public Health. 2016 Jan 19;16(1):48.
5. Rose GA. The diagnosis of ischaemic heart pain and intermittent claudication in field surveys. Bull World Health Organ. 1962;27(6):64558.
6. Gourie-Devi M, Gururaj G, Satishchandra P, Subbakrishna DK. Neuro-Epidemiological Pilot Survey of an Urban Population in a Developing Country: A Study in Bangalore, South India. Neuroepidemiology. 1996 Oct 28;15(6):313-20.
7. World Health Organisation. Study on global AGEing and adult health (SAGE): SAGE waves [Internet]. Available from: https://www.who.int/data/data-collection-tools/study-on-global-ageing-and-adult-health/sage-waves
8. Hanania NA, Mannino DM, Yawn BP, Mapel DW, Martinez FJ, Donohue JF, et al. Predicting risk of airflow obstruction in primary care: Validation of the lung function questionnaire (LFQ). Respir Med. 2010 Aug 1;104(8):1160-70.
9. ECRHS. European Community Respiratory Health Survey: Questionnaires and protocols [Internet]. 2018 [cited 2024 Jan 29]. Available from: https://www.ecrhs.org/questionnaires-and-protocols
10. Kroenke K, Spitzer RL, Williams JBW. The PHQ-9. J Gen Intern Med. 2001;16(9):606-13.
11. Spitzer RL, Kroenke K, Williams JBW, Löwe B. A Brief Measure for Assessing Generalized Anxiety Disorder: The GAD-7. Arch Intern Med. 2006 May 22;166(10):1092-7.
12. World Health Organisation. The alcohol use disorders identification test: Guidelines for use in primary health care. 2001. (World Health Organisation, AUDIT).
13. Prince $M$, Acosta D, Ferri $C P$, Guerra $M$, Huang $Y$, Jacob KS, et al. A brief dementia screener suitable for use by non-specialists in resource poor settings-the cross-cultural derivation and validation of the brief Community Screening Instrument for Dementia. Int J Geriatr Psychiatry. 2011;26(9):899-907.
14. Ministry of Health and Family Welfare (Government of India). Chapter 3-Case finding \& diagnosis strategy. Technical and operational guidelines for TB control in India. In 2011. Available from: https://tbcindia.gov.in/showfile.php?lid=3216
15. World Health Organisation. Tuberculosis prevalence surveys: A handbook. [Internet]. 2011. Available from: https://apps.who.int/iris/handle/10665/44481
16. World Health Organisation. WHO COVID-19: case definitions. [Internet]. Available from: WHO/2019nCoV/Surveillance_Case_Definition/2020.2
17. World Health Organisation. A clinical case definition of post COVID-19 condition by a Delphi consensus. [Internet]. 2021. Available from: WHO/2019-nCoV/Post_COVID-19_condition/Clinical_case_definition/2021.1
18. Zulewski H, Müller B, Exer P, Miserez AR, Staub JJ. Estimation of Tissue Hypothyroidism by a New Clinical Score: Evaluation of Patients with Various Grades of Hypothyroidism and Controls1. J Clin Endocrinol Metab. 1997 Mar 1;82(3):771-6.
19. Bhatia SJ, Reddy DN, Ghoshal UC, Jayanthi V, Abraham P, Choudhuri G, et al. Epidemiology and symptom profile of gastroesophageal reflux in the Indian population: Report of the Indian Society of Gastroenterology Task Force. Indian J Gastroenterol. 2011 May 1;30(3):118-27.
20. Longitudinal Aging Study in India (LASI) [Internet]. Available from: https://lasi-india.org/
21. UK Biobank. https://biobank.ctsu.ox.ac.uk/crystal/ukb/docs/pain_questionnaire.pdf. UK Biobank Pain web questionnaire v2.1.
22. Cohen S. Perceived stress in a probability sample of the United States. In: The social psychology of health. Thousand Oaks, CA, US: Sage Publications, Inc; 1988. p. 31-67. (The Claremont Symposium on Applied Social Psychology).
23. Washington Group Short Set on Functioning (WG-SS) [Internet]. 2022. Available from: https://www.washingtongroup-disability.com/question-sets/wg-short-set-on-functioning-wg-ss/
24. Jyani G, Sharma A, Prinja S, Kar SS, Trivedi M, Patro BK, et al. Development of an EQ-5D Value Set for India Using an Extended Design (DEVINE) Study: The Indian 5-Level Version EQ-5D Value Set. Value Health. 2022 Jul 1;25(7):1218-26.
25. Lamb SE, Jørstad-Stein EC, Hauer K, Becker C, on behalf of the Prevention of Falls Network Europe and Outcomes Consensus Group. Development of a Common Outcome Data Set for Fall Injury Prevention Trials: The Prevention of Falls Network Europe Consensus. J Am Geriatr Soc. 2005;53(9):1618-22.
26. World Health Organisation. Verbal autopsy standards: ascertaining and attributing causes of death tool. 2022.
27. Bril V, Tomioka S, Buchanan RA, Perkins BA, mTCNS Study Group. Reliability and validity of the modified Toronto Clinical Neuropathy Score in diabetic sensorimotor polyneuropathy. Diabet Med J Br Diabet Assoc. 2009 Mar;26(3):240-6.
28. Lieber J, Banjara SK, Mallinson PAC, Mahajan H, Bhogadi S, Addanki S, et al. Burden, determinants, consequences and care of multimorbidity in rural and urbanising Telangana, India: protocol for a mixed-methods study within the APCAPS cohort. BMJ Open. 2023 Nov 27;13(11): e073897.
