



June 2023 Issue 14

1240 PARTICIPANTS IN TOTAL

PARTICIPANTS RECRUITED IN MAY

Recruitment started to Tight K in October 2020 and a lot has certainly happened in the nearly three years since. What has constantly shone through has been the support, dedication, and commitment of our participating sites.

Through all of your incredible work we now have less than 500 participants to recruit and are almost at the 75% recruitment mark! THANK YOU.

We have some important updates on the trial, please scroll down to the next page for details.

★ MILESTONES ★

St George's Hospital recruits their **175th participant**

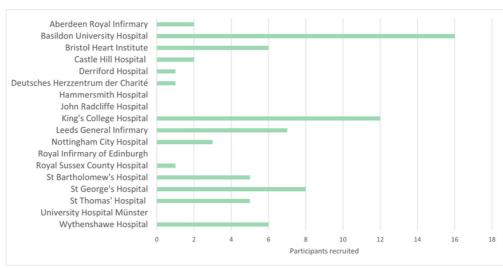
Basildon Hospital recruits their

150th participant

Bristol Heart institute recruits their **50th participant**

Derriford Hospital recruits their **50th participant**

Nottingham City Hospital recruits their **10th participant**



Distribution of participants recruited in May 2023



Top 3 recruiters in May

- 1. BASILDON HOSPITAL
- 2. KINGS'S COLLEGE HOSPITAL
- 3.ST GEORGE'S HOSPITAL









ETHICALLY APPROVED BEDSIDE POSTER

We have developed TIGHT, RELAXED and STANDARD OF CARE posters to be used at the patient's bedside to help make protocol compliance easier.

The posters can be found on the SharePoint site, Folder 4.2 Amendment 4.

ETHICALLY APPROVED PARTICIPANT THANK YOU CARD WITH TIGHT K ENAMEL PIN



We have developed these to give to participants before they are discharged from hospital as a way of saying thank you to them.



The research nurse will contact you in 6 months for your follow-up visit to check your health status and to ask you to complete a questionnaire.

If your contact details change, please inform

NCT04053816

Version 1, 01 February 2023

The pin and card have been posted to you and should be with you shortly. Please contact the Tight K team to request more



PATIENT INFORMATION SHEET TRANSLATED INTO:

BENGALI, POLISH AND URDU





When using the translated PIS, please make sure that the patient has the opportunity to ask questions about the trial and for those questions to be answered sufficiently. Critically, you must be confident that the patient is able to provide informed consent. If the patient speaks limited English, this can be achieved with the aid of a translator or with a member of staff who speaks the language.

The translated documents can be found on the SharePoint site, Folder 3.1, Translated Patient Information Sheet

UPDATED LIST OF MEDICATIONS





The list of medications has been updated to reflect the changes to the CRF.

The updated list can be found on the SharePoint site, Folder 10 Data Management