## TIGHT K E-BULLETIN

October 2022, Issue 10

## 680 PARTICIPANTS IN TOTAL RECRUITED IN SEPTEMBER

Last month we recruited 56 participants and welcomed our newest site, St Thomas' Hospital into the Tight K fold. This month, we need to maximise our recruitment as we have a funder milestone to report against at the end of October. We are aiming to achieve a recruitment of **70 participants or more this month** and we need your help to make sure we reach this target! We know you can do this!



WELCOME TO ST THOMAS'



## MESSAGE **THE MONTH**

The new trial materials (Holter stickers and eligibility and training cards) will be sent out this week – if you need any wristbands or Tight and Relaxed stickers, please notify the trial team and we can send these to you at the same time. PRIZES this month for sites that recruited one more participant in September than they recruited in August:

- 🔹 Basildon Hospital
- Blackpool Victoria
  Hospital
- Freeman Hospital
- King's College Hospital
- Leeds General Infirmary
  - St Bartholomew's Hospital
- St George's Hospital
- St Thomas' Hospital

@TightKstudy

## CONTACT US

If you have any questions relating to the Tight K trial, please email us at <u>tightkeLSHTM.ac.uk</u>