

Methotrexate and Prednisolone study in **Erythema Nodosum** Leprosum

MaPs in ENL

Training session 7 – Laboratory tests and chest X-ray

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Tests

- Laboratory tests for recruitment
- Chest X-ray
- Laboratory tests follow up
- Results REDCap
- Monitoring adverse events
- Monitoring treatment

Recruitment tests

- Full blood count
- Blood glucose
- Renal function including potassium and creatinine
- Liver function tests: bilirubin and transaminases
- Urine pregnancy test for women of child bearing potential
- Hepatitis B serology
- Hepatitis C serology
- HIV antibody test

Chest X-Ray

CHEST XRAY SHOULD BE OBTAINED TO RULE OUT TB AND FIBROSIS





Follow up laboratory tests

- Full blood count
- Blood glucose
- Renal function including potassium and creatinine
- Liver function tests: bilirubin and transaminases
- Urine pregnancy test for women of child bearing potential

Week	Assessment	Investigations
0	Recruitment	FBC/Renal + Liver functions/ glucose/ urine pregnancy/ HIV, Hepatitis B and C Chest x-ray
1	1 st visit	FBC/Renal/LFT
2	Follow up	FBC/Renal/LFT
4	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
8	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
10	Follow up	FBC/Renal/LFT
12	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
16	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
20	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
24	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
28	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
32	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
36	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
40	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
44	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
48	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
52	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
56	Follow up	FBC/Renal/LFT/ Glucose Urine pregnancy test
60	Lasty visit	FBC/Renal/LFT/ Glucose Urine pregnancy test

Results

- Check last laboratory results
- Enter on REDCap the latest results
- REDCap will flag results abnormalities

Abnormality	Action	Follow up
Total white blood cell (WBC) count < 3.0 x 10 ⁹ cells/l	HOLD study medication	Repeat tests if continue low WBC count < 3.0 x 10 ⁹ cells/l then withdraw participant
Neutrophils < 1.0 x 10 ⁹ cells/l*	HOLD study medication	
Platelets <100,000/mm ³	HOLD study medication	Repeat tests if continue platelets are < 100,000/mm ³ then withdraw participant
MCV > 105fl*	Consider holding dose of study medication -> check serum B12, folate and thyroid functions tests	
AST and ALT increased by less than two times the upper limit of normal (ULN)	Continue study medication Repeat tests in 2-4 weeks	If LFTs are less than twice ULN resume MTX and monitor again in 4 weeks
AST and ALT greater than 2 but less than or equal to 3 times the normal limit	HOLD the study medication Repeat LFTs in 4 weeks Consider other risk factors (including alcohol consumption)	If LFTs are less than twice ULN resume MTX and monitor again in 4 weeks
AST and ALT greater 3 times the normal	Withdrawal from study	Monitor until normal or cause identified
Creatinine > 2 x ULN	HOLD study medication and repeat in 4 weeks	If repeat creatinine > 2 x ULN withdraw participant
Positive urine pregnancy test	Withdrawal from study	Follow up pre-natal and delivery

Monitoring treatment

- Full blood count
- Blood glucose
- Renal function including potassium and creatinine
- Liver function tests: bilirubin and transaminases

Summary

- Recruitment tests and chest x ray
- Follow up tests
- Monitoring Adverse events and treatment
- Actions