



welcoming international students



What is HOST?



- HOST is an independent charity – a not-for-profit
- We work with Universities all over the UK
- Promote International Friendship and Understanding

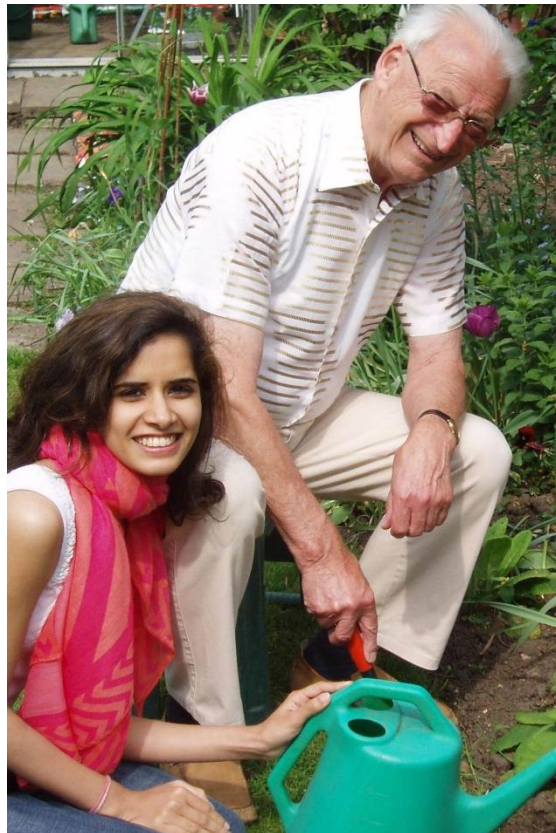
Is HOST for me?

YES – If you'd like to:

- Spend a weekend in a British home
- Meet local people
- Experience British lifestyles & community
- Try home-cooked British food
- Share your own culture



Who are the Hosts?



Unpaid Volunteers who...

- are single, couples or families
- live all over the UK
- enjoy meeting people from overseas
- offer you a visit as a guest in their home

Who are the Hosts?

- Your hosts may take you out or they may have something more local planned.
- Most hosts live in the countryside and not in the cities.



When can I visit a Host?



- Any weekend during your course: your course schedule will show your free weekends
- Visits usually run from Friday afternoon/evening to Sunday afternoon

Where can I visit?

- Anywhere in the UK
- Decided based on your travel budget
- Be open to visiting new parts of the UK, not just the tourist sites!
- HOST is about meeting people and seeing how they live



Where can I visit?



Can I go with a friend?

YES! Your friend must be:

- another international student studying in the UK
- Your partner who has been living with you for at least three months in the UK



How will I make sure my visit goes smoothly?



Tell us what you will and won't eat...

Are you Vegetarian? Do you only eat Halal meat?

How will I make sure my visit goes smoothly?

- Many British people have dogs or cats at home, but the majority are very friendly (like our hosts!)
- If you suffer from an allergy or are allergic to dog or cat fur please let us know!



Should I take anything?



- The host will tell you what clothing to bring or if you need anything else.
- It is polite to take a small gift when visiting in Britain e.g. flowers or chocolates.
- Please remember you'll be a guest in someone's home – **courtesy is very important!**

What happens during a visit?



- Depends on you and the host
- Chat and learn about one another
- Explore the local area
- Cook and eat together
- Try new things
- Join in and enjoy yourself

And what happens after the visit?

Build life long friendships!



So how do I apply?

Through our website...

www.hostuk.org

Here you can find more
information and our online
application form!



What do students think of HOST?

Any Questions?



Email

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www.hostuk.org